

**School of Sport and Recreation**

**Department of Coaching, Health and Physical Education**

**Observation Sheet**

Observation - what can we take from what we saw?

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| What? | Describe what you saw when you observed the group playing shoulder tag |
| So what? | What changes did you see in the movement of the players playing the game? |
| Now what | Why do you think these changes occurred?    How can we apply this understanding to our learning? Think about perception drives action |

 