**Year 3 Physiotherapy student weekly reflection:**

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| **Student Name:** | **PHTY705** |
| **Supervisor:** | **Week:** |

**Specific event or overview of the week:**

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| **WHAT**:  **Descriptive** **level of reflection** – what is the reason for exploring this issue? |
| *Enter your responses here:* |
| SO WHAT:  **Theory and knowledge building** – so what does this tell me about; myself; the organisation; the community; policy; the consumer; Te Tiriti; what I learnt; what I needed to learn? |
| *Enter your responses here:* |
| NOW WHAT:  **Action oriented reflection** – having reflected on what, and so what, what do I need to do about this experience? |
| *Enter your responses here:* |

**The week ahead (or development for Year 4):**

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| WHAT are my learning needs/goals for the week ahead:  Maximum of three goals per week. Consider how your goals relate to the specific event or overview outlined above (i.e. how you will USE this learning in your practice) / why these are important / anything you need to improve… | HOW will meet/achieve this learning/goals:  Identify resources or learning e.g. Information on Canvas (past courses) / supervisor / IDT members / other opportunity… |
| *1.*  *2.*  *3.* | *1.*  *2.*  *3.* |