**Year 3 Physiotherapy student weekly reflection (Gibbs):**

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| **Student Name:** | **PHTY705** |
| **Supervisor:** | **Week:** |

**Specific event or overview of the week:**

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| **D**ESCRIPTION:  **Descriptive** **level of reflection** – briefly describe what happened: |
| *Enter your responses here:* |
| FEELING:  What was I thinking and feeling at the time: |
| *Enter your responses here:* |
| ANALYSIS:  What sense/understanding can I make of the situation: |
| *Enter your responses here:* |
| CONCLUSION:  What else could I have done? (be creative here – rather than listing ‘nothing’: |
| *Enter your responses here:* |
| ACTION PLAN:  If the situation arose again what would I do: |
| *Enter your responses here:* |

**The week ahead (or development for Year 4):**

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| WHAT are my learning needs/goals for the week ahead:  Maximum of three goals per week. Consider how your goals relate to the specific event or overview outlined above (i.e. how you will USE this learning in your practice) / why these are important / anything you need to improve… | HOW will meet/achieve this learning/goals:  Identify resources or learning e.g. Information on Canvas (past courses) / supervisor / IDT members / other opportunity… |
| *1.*  *2.*  *3.* | *1.*  *2.*  *3.* |