

AUT Physiotherapy Year 3 - Clinical Placement Guide

PHTY705 Managing Complexity in the Acute Care Environment

Year 3 Clinical Placement – who is involved?

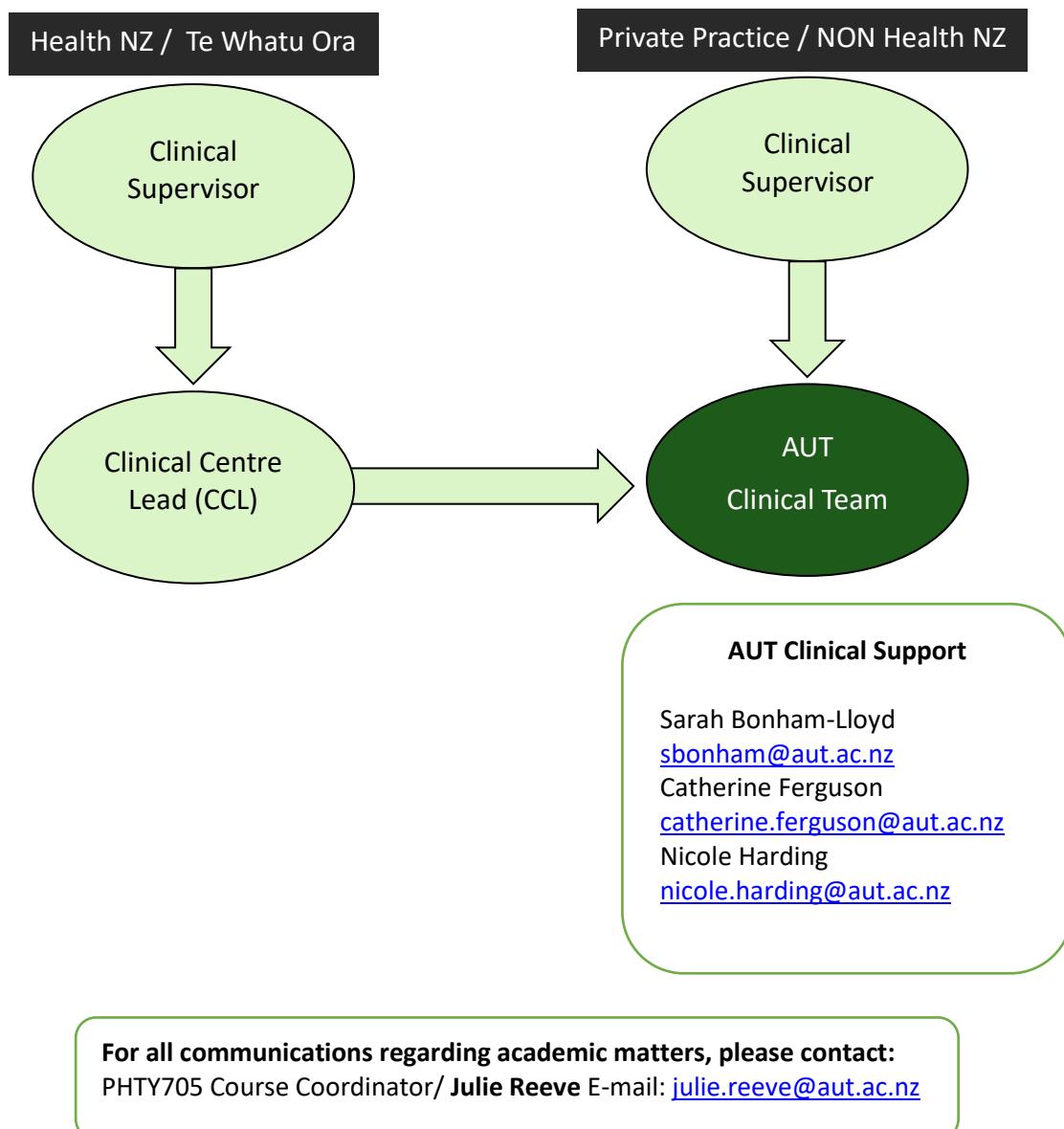
| AUT Glossary | Physiotherapy specific | Explanation |
|--------------------------------------|--|--|
| Clinical Placement | Year 3 = Clinical Placement | A practice site/sector in which a student undertakes clinical education experience and where competence is gained. |
| AUT Clinical Programme Leader | Sarah Bonham-Lloyd sbonham@aut.ac.nz (09) 921 9999 ext: 7427 Mobile: 021916242 | The member of staff based at AUT University who oversees the delivery of a discipline-specific clinical educational programme. |
| AUT Clinical Coordinator | Catherine Ferguson catherine.ferguson@aut.ac.nz Mobile: 021 2303 865 | The member of staff based at AUT University who arranges the clinical education experience elements of a discipline-specific paper. |
| AUT Clinical Coordinator | Nicole Harding nicole.harding@aut.ac.nz Mobile: 027 897 6206 | |
| Placement Leader | Clinical Centre Leader (located at a Te Whatu Ora- Health New Zealand (previously known as DHB) or Primary Health Setting) | The person based at the clinical placement who coordinates placements across a specific site/sector, and who liaises with the University and acts in an advisory capacity to placement supervisors and students undertaking clinical education experience. |
| Placement/Clinical Supervisor | Physiotherapists | The person based at the clinical placement who supervises and assesses students whilst they are undertaking clinical education experience. |
| AUT Clinical Administrator | Shirley Taylan physioadmin@aut.ac.nz (09) 921 9999 ext: 7719 | The member of staff based at AUT University who liaises with AUT Clinical Programme Leader, Clinical Coordinator, and students to enable the operation of clinical education experiences. |

Communications when on placement:

While on clinical placement your primary point of contact is the **Clinical Supervisor**. If you are at a Health NZ/Te Whatu Ora location, you will also have a **Clinical Centre Leader (CCL)** for contact as well as the **AUT Clinical Team**.

- The **Clinical Supervisor** will provide support to manage day to day student learning.
- **Health NZ / Te Whatu Ora placements:** The **Clinical Centre Leader (CCL)** will provide additional support while on placement, including co-ordination of placement selection, supporting the development of additional learning plans (where needed) and pastoral support. CCL'S communicate regularly with the Clinical Team at AUT.
- **Non-Health NZ placements (private/NGO/Education):** AUT will provide additional support while on placement.
- ALL students can contact the **AUT Clinical Team** for any matters linked to their clinical placements at any time.

Physiotherapy Clinical Placement Student Support and Communications flowchart:



Clinical experiences in the AUT Physiotherapy programme?

- Year 1: Observation in a community-based setting
- Year 2: Kiritaki/patient/client labs in various AUT courses
- Year 3: Kiritaki/patient/client labs in various AUT courses + SIMulated (patient actor) session
- **Year 3: 2-week clinical placement (any healthcare setting)**

The student will be scheduled to complete 80 hours over the 2-week placement.

- Year 4: 3 x 8-week clinical courses; placements occur in a range of environments and settings of physiotherapy practice across acute, rehabilitation and community practice and encompass cardiorespiratory, musculoskeletal, neurological, and other body systems.

Student Information:

- Students will be allocated to a Clinical Centre (by the AUT Clinical Team) for either the first or the second cohort.
- Students will be notified of their FINAL clinical centre allocation during semester two.
- Students must arrange their own travel (and accommodation where required) for the duration of their placements.
- During the placements students will wear the AUT Physiotherapy student uniform (black polo top, black trousers), their AUT name badge, carry their AUT Student ID card and carry any other issued ID cards from the Clinical Centre.
- Wearing jewellery is discouraged, long hair must be tied back, and nails cut short.
- 1 – 2 weeks prior to the placement start date, students will contact their supervisor with an introductory email.
- For Health NZ / Te Whatu Ora: Students will be advised by the Clinical Centre Leader (CCL) where and who to meet on the first day of their placement.
- The student will (where possible) spend time with other interprofessional healthcare members.
- Students will complete formative and summative assessments

What does AUT ask the Clinical Centres / Clinical Supervisors to provide?

Opportunity for students to:

- Be allocated (where possible in pairs) to a physiotherapy service setting
- Be allocated a clinical supervisor or team of supervisors

- Observe how their supervisor obtains informed consent and address other ethical and professional obligations
- Assist clinical supervisors (and/or rehab assistants / Year 4 students) with assessment and treatment tasks.
- Participate in team and in-service meetings or presentations that comprise any health-related business
- Spend time with and communicate effectively with other members of a patient's interprofessional health care team (where relevant), i.e., medical doctor, nurse, OT,SLT, SW, students from other disciplines etc. (e.g., one hour, half a day to a whole day)
- Read patient notes, begin to analyse medical information and relevant data
- Plan and conducts subjective assessments (taking an effective history from a patient)
- Students may work in pairs for the subjective assessment, where one student undertakes the assessment and the other provides support and feedback to the student pair on their interview skills (peer review)
- Form clear and relevant patient-centred goals
- Interpret information to identify iritaki/patient/client main problems
- 'Shadow' write SOATAP (SOAP) notes / structure notes clearly and logically including all relevant information without excessive detail
- Identifies core physiotherapy services (relevant to this placement)
- Suggests how physiotherapy can assist/support each patient (with reasoning to support these suggestions)
- Be supported over the duration of the 2-week placement, receive weekly feedback, and be assessed on summative assessment at the end of the placement.

Year 3 Clinical Placement – what is NOT expected?

It is NOT expected that

- Student(s) develop or implement treatment plans without clinical supervisor guidance/direct supervision.
- Clinical supervisor(s) may provide opportunities for progression of learning by students assisting with development of patient treatment/management plans and implementation of that treatment plan.
- Student(s) manage own patient caseload

Assessments:

- The following table outlines the assessments and tasks that are used to assess students' performance on selected skills, behaviours, and attributes in the context of clinical practice.

| Assessment title | Type | Completed by | Due date |
|--|----------------------|---|----------------------------------|
| Year 3 Placement Agreement | Formative task | Supervisors & students | End of Day 2 |
| Week 1 Reflective Review and Learning Plan | Formative task | Students | End of week 1 |
| Patient Condition Log | Formative task | Students | End of week 2 |
| Evaluation of Foundational Placement Competences (EFPC) assessment form (see separate guidance for how to grade using the EFPC) | Summative Assessment | Both students and clinical supervisors (only the supervisor's version of the Final marking sheet will contribute to the final grades) | End of week 2 (end of placement) |

Student's concerns or personal issues:

The student should initially try to discuss and resolve any concern/issue directly with their Clinical Supervisor. If this is not possible or the issue remains unresolved, it is recommended the student contact the Clinical Centre Leader, or the AUT Clinical Team. All concerns should be managed in complete confidence* and each support person should discuss strategies that may mitigate or help the concern/issue.

** In most instances, discussions will be kept in confidence, however, where a student's own safety or safety of clients and/or colleagues is threatened, the AUT Clinical Team must be notified and reserves the right to discuss relevant issues with AUT counselling services and, if necessary, withdraw a student from a placement.*

Students' can also access AUT support services via the Student Hub.

Clinical supervisor concerns about student(s):

If there are any concerns about a student's skills, behaviours or attitudes, the Clinical Supervisor **MUST** notify either the **Clinical Centre Leader** or AUT as soon as any concerns or issues arise.

Absence: Illness/bereavement (special considerations) during Clinical - what do you do?

- **Students MUST** call/contact the Clinical Supervisor(s) AND Clinical Centre Leader **before the working day begins**. Who and how to contact will be provided at the orientation, and in the Placement Agreement.
- **Students must also notify Sarah Bonham-Lloyd** if they have been unable to attend any day of the Year 3 clinical placement.
- If students are not able to meet the clinical hours requirement, the AUT Clinical Team will determine ability to pass the placement (this is a case-by-case basis).
- If you are unable to attend the clinical placement for **3 or more days due to illness/injury, you MUST supply evidence** to support your absence.
 - Absence due to COVID-19: If you are required to stand down and take the COVID-19 test, you must present a copy (or screenshot) of the positive test result as evidence of your absence. You are not required to obtain a medical certificate in this instance.

AUT Year 3 Clinical Placement – QUICK GUIDE:

| Task and timing | Student | Clinical Supervisor |
|------------------------------|--|---|
| Two weeks prior: Preparation | <ul style="list-style-type: none"> Receive notification of placement location and clinical supervisor(s) from CCL. Complete introductory email and send to Clinical Supervisor. Complete any recommended reading. Review AUT lecture/lab tutorial notes / textbooks / evidence relevant to the area of practice you will be going to. Attend the preparatory lecture/tutorials. <p>PRACTICE objective assessment techniques and treatment techniques with your student peers.</p> | <p>Preparation for placement:</p> <ul style="list-style-type: none"> Watch the introductory and assessment videos. Read the assessment marking criteria/indicators (EFPC). Prepare: space, timetable, organise student(s) time with other team health professionals, set aside protected time to discuss initial expectations (start of week 1) and feedback to the student (end of week 1, and end of week 2). Start to complete the 'Year 3 Placement Agreement' |
| Week One: | <ul style="list-style-type: none"> Be orientated to the healthcare setting and gain security clearance and access (where required) Complete the Year 3 Placement Agreement with your supervisor and submit to Canvas by the end of Day 2. Assist your supervisor, PT/Rehab assistant, or Yr4 student, with kiritaki/patient/client assessment and/or management. Where possible observe and/or participate in interprofessional practice Shadow write kiritaki/patient/client notes, where possible, complete health record in medical notes. Undertake kiritaki/patient/client subjective assessments (this may be performed in pairs to provide peer-monitor and feedback) Update Patient Condition Log (available on Canvas). Read the assessment form and marking criteria. Complete the reflective review and learning plan prior to meeting with your supervisor. <p>End of week one:</p> <ol style="list-style-type: none"> Meet with your supervisor for reflection on your development. Submit your completed reflective review and learning plan to Canvas. | <ul style="list-style-type: none"> Orientation to physical setting, emergency procedures, policy and procedures, confidentiality, security, and where applicable: staff ID and security cards. Complete the Year 3 Placement Agreement and email the completed copy to student(s) by the end of Day 2. Orientation to Physio team and other interprofessional team members Student(s) to assist you, PT/Rehab assistant or Yr4 student with kiritaki/patient/client assessment and/or management. Where possible timetable student(s) to work-alongside or observe other interprofessional members. Provide opportunities for the student(s) to draft/shadow write kiritaki/patient/client notes. Gain consent from kiritaki/patient/client for student(s) to carry out subjective assessments. Liaise with other clinical supervisors as required if needing to negotiate students working together. Gain consent for student(s) to carry out objective assessment tasks and participate with treatment <p>Reminder: Discuss any concerns re: student performance with the Clinical Centre Leader or AUT as soon as they arise</p> <p>End of week one:</p> <ol style="list-style-type: none"> Meet with student(s) to discuss their reflection. Provide feedback and develop plans for week 2. If a student is failing (or potentially failing) any indicator at this time, you MUST notify your CCL or AUT. |

| Task and timing | Student | Clinical Supervisor |
|-----------------|--|---|
| Week Two: | <p>Continue to:</p> <ul style="list-style-type: none"> assist, undertake assessments, shadow write notes and observe and/or participate in interprofessional practice. Update Patient Condition Log <p>End of week two: Prior to meeting with your supervisor:</p> <ol style="list-style-type: none"> Complete your self-assessment of the assessment form and share it with your supervisor (bring a paper copy or email it to your supervisor before meeting) Meet with your supervisor for end of placement feedback and assessment results. You MUST obtain a copy of your supervisors completed assessment form (and submit this to Canvas). Fill-out Supervisor Feedback (as advised by the CCL or AUT). <p>It is the student's RESPONSIBILITY TO ENSURE THE ASSESSMENT IS COMPLETED before the end of the placement.</p> | <p>Continue to provide opportunities for the student(s) to:</p> <ul style="list-style-type: none"> assist you, PT/Rehab assistant or Yr4 student carry out subjective assessments carry out objective assessments participate in or facilitate treatment sessions shadow write notes/ OR write directly into kiritaki/patient/client medical notes work-alongside other interprofessional members Where possible and if appropriate, provide progression for student(s) learning and provide opportunities for student(s) to clinically reason and create patient treatment/management plans. <p>Discuss any concerns re: student performance with your Clinical Centre Leader as soon as they arise</p> <p>End of week two:</p> <ol style="list-style-type: none"> Meet with student(s) for end of placement feedback. Review the student's self-evaluation and provide your feedback. A reminder to include comments/examples for each Domain. <p>Contact your CCL or AUT to be at the final meeting with you and the student if you have significant concerns about their performance.</p> <p>Email a completed copy of the assessment form to your CCL and to the student</p> |

