

INAUGURAL PROFESSORIAL ADDRESS

PUBLIC LECTURE SERIES 2018

AUT



PROFESSOR
DUNCAN
REID

Sports Injury Incidence and Prevention- are we making a difference?

New Zealand is a nation passionate about sport. Physical activity and sports in general are key parts of having a healthier society. However, there is a price to pay for being active and the down side is sporting and recreational injury. The cost of sporting related accident rehabilitation is in the hundreds of millions of dollars every year. The long-term consequences of these injuries are increasing rates of osteoarthritis and the disability. Injury Prevention is key to maintaining a healthy population yet there is still a large amount of research to be done to better understand the high sports injury rates and the mechanisms behind them. The research that Professor Reid has undertaken over the last 19 years focuses on collecting sound injury incidence data, understanding the mechanisms of sports injuries and strategies to prevent these and the long term sequelae.

Professor Reid has had 37 years of clinical experience in Musculoskeletal Physiotherapy. His main areas of interest are in manual therapy to the cervical spine. He also has a significant interest in sports injury prevention and movement screening. He is the former Vice President of the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT). He is a life member of New Zealand Manipulative Physiotherapist Association and Physiotherapy NZ (PNZ). His experience in High Performance Sport is extensive having been a member of the Olympic and Commonwealth Games Medical team from the Seoul Olympics in 1988 until the Sydney Olympics in 2000 and was Chief Physiotherapist for the 1992, 1994 and 1996 Games. He was physiotherapy coordinator to Rowing New Zealand. Duncan is currently the Physiotherapy Advisor to High Performance Sport NZ providing research support and professional development to the performance health team.

TUESDAY
10 APRIL
4.30-5.30pm

WA Conference Centre
AUT City Campus
Level 2, WA Building
55 Wellesley Street East
Auckland 1010

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