

Lived Experience Courses at AUT

Lived Experience Practice Pathway

The Lived Experience Practice academic pathway is designed to support the development of the mental health and addiction lived experience workforce in Aotearoa New Zealand. Courses in the pathway can be completed as a single paper (called an Individual Course Enrolment) or as part of a Graduate Certificate in Health Science and Graduate Diploma in Health Science.

Am I eligible to enroll in this pathway?

This academic pathway is for people with lived experience of recovery from mental health or addiction challenges, who are using (or aiming to use) their lived experience in peer support or other lived experience roles. In addition to lived experience of mental health or addiction recovery, applicants must have one of the following:

- A level 4 qualification in peer support or support work plus 2 years' experience working in a related role
- A bachelor's degree
- A professional qualification or experience recognised by the university as being equivalent to a bachelor's degree

Graduate Certificate in Health Science (60 points)

The Graduate Certificate is designed to be completed via part time study and can be done over one or two years.

To complete the Graduate Certificate, you will need to complete the 4 courses below starting with LEXP500 Foundations for Lived Experience Practice. For more information about each course, put the course code and/or name in AUT's course search: <https://www.aut.ac.nz/study/course-search>

Semester 1:

- LEXP500 Foundations for Lived Experience Practice (level 5)
- MENH706 Recovery in Mental Health and Addiction Practice (level 7)

Semester 2:

- LEXP700 Enhanced Lived Experience Practice (level 7)
- HEAL706/A201 (Special Topic) Realising the Recovery Potential of Groups & Communities (level 7)

How are the courses taught?

The courses involve a mix of on campus scheduled classes, online lectures and discussion and self-directed learning. On campus learning will be in blocks of 3 to 4 days at North Campus, AUT (90 Akoranga Drive, Northcote, Auckland).

Who will be teaching me?

The courses are led by Andrew Sutherland and other leaders in the lived experience sector. The teaching team has extensive work experience in peer support, consumer leadership, advocacy and service systems change.

Fees

Tuition fees for these papers are approx. NZD\$1,482 per 15-point course.

Enrolment and enquiries

Please contact Andrew Sutherland andrew.sutherland@aut.ac.nz for further course or enrolment information.

Graduate Diploma in Health Science (120 points)

Complete the 4 courses listed in the Graduate Certificate and then choose a further 4 x 15pt courses from the electives below or other relevant courses within the BHSc standard pathway. For more information about each course, put the course code and/or name in AUT's course search: <https://www.aut.ac.nz/study/course-search>.

- HEAL708 Professional Practice and Ethics (Online option)
- HLA701 Health Law and Policy
- MAOH701 Māori Health Promotion
- CONF683 Human Rights and Human Wrongs
- HRMG602 Learning and Development
- HRMG701 Diversity and Inclusion for Social Impact
- PUBL603 Power and Persuasion
- COMM607 Communication for Social Change
- COMM609 Performance for Professional Communication
- ENTR601 Māori Indigenous Entrepreneurship and Social Innovation
- HRMG650 Te Ara Pou Leadership
- MAOR708 Te Ao Hurihuri: Contemporary Māori Issues
- HEAL610 Methods of Research and Enquiry

How are the courses taught?

Blended learning approaches will be used, including on campus scheduled classes, online activities and interaction and self-directed learning. Please note that **most of the courses above have on-campus components and may require weekly attendance**. This could be at AUT's North, City or South Campus. Use the course search to find the course descriptor: <https://www.aut.ac.nz/study/course-search>.

Who will be teaching me?

These courses are run by staff from a variety of departments and will not be led by lived-experience lecturers.

Fees

Tuition fees for these papers are approx. NZD\$1,482 per 15-point course.

Enrolment and enquiries

Please contact AUT's student hub for guidance related to applying for these courses [0800 288 864](tel:0800288864) or email studenthub@aut.ac.nz