INAUGURAL PROFESSORIAL ADDRESS

PUBLIC LECTURE SERIES 2020





Nutraceuticals for better health

TUESDAY 6 OCTOBER

4.30-5.30pm

AUT City Campus WA Conference Centre 55 Wellesley Street East Auckland 1010

To register for this event, please **CLICK HERE**

Refreshments will be served after the address.

We are what we eat.
Humans probably have
the widest range of
sources of food in the
animal kingdom and
we now know that
consuming the right
food and supplements can

prevent certain diseases. At the same time governments have realised the importance of disease prevention in reducing the health burden on society. Hence, nutraceuticals (any product derived from food sources with extra health benefits beyond basic nutritional value) have become an attractive field of health and biomedical research. Professor Jun Lu is an expert in biomedical science, researching the use of biomedical and pharmacological tools to study nutraceuticals for human health. His focus is extracting bioactive components from food, particularly seafood, and investigating their various health benefits to treat noncommunicable diseases such as diabetes. His research also extends to finding biomarkers for predicting diabetes risk. In his inaugural professorial address, Professor Lu will discuss the development of nutraceutical research in New Zealand seafood products, including seaweed, clams and mussels, with a special focus on natural compounds extracted from seaweed, including fucoxanthin and fucoidan.

Jun grew up in Shanghai, China and went to East China Normal University to study Environmental Science. He moved to New Zealand and pursued a master's degree in marine biology at the University of Auckland. A twist in the fate saw him go on to complete a PhD degree in cancer pharmacology instead of marine biology and then spend six years on diabetes research as a research fellow at the University of Auckland. He moved to AUT in 2009 and established a biomedical science major and a biomedical research laboratory in the AUT School of Science. Internationally, he is the Editor-in-Chief of the section "Drug Discovery and Development" of the journal Biomedicines (impact factor 4.717), an editorial board member of Biomolecules (impact factor 4.082), an Associate Editor of journals Frontiers in Pharmacology (impact factor 4.225), Frontiers in Nutrition (impact factor 3.365) and Heliyon.

