

SPORT & RECREATION

UNDERGRADUATE PROGRAMME GUIDE
2018

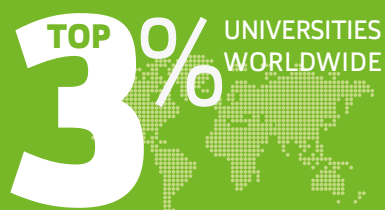
AUT



AUT graduates have work
experience where they apply
their learnings



EMPLOYABILITY
QS STARS 2017



Sports TOP 100

Welcome to Sport and Recreation



**Nau mai, haere mai.
Welcome to the School
of Sport and Recreation.**

Now is an exciting time to be part of the growing sport and recreation industries. Around the globe things are changing rapidly, and enhancing the way we approach health, fitness and human wellbeing. We're continuing to see major advancements in what humans can achieve and how technology can support them. We're also increasingly recognising the need to help people have a balanced lifestyle. Sport and recreation have an important role to play in this area.

Study with us and you will be well prepared to make the most of these opportunities and to make an important contribution to an improved future. Our programmes are supported by the latest research from here and around the world.

Throughout your time at AUT you will build a network of connections, not just through your classmates and lecturers but also through your workplace experience. We have New Zealand's leading sport and recreation cooperative education programme, giving you the opportunity to complete valuable workplace experience as part of your study.

During your study, you will be supported by staff who are committed to helping you achieve your highest potential. You learn from world-class professors and lecturers, many of whom have been elite athletes, coaches and adventurers, and all of whom love what they do.

We have a fantastic team and we look forward to you being a part of it.

Professor Mark Orams
BRP(Hons) *Massey*, MSc *Florida International*,
PhD *Qld*
Head of School, Sport and Recreation

Welcome to AUT

**E ngā mana, e ngā reo
E te iti, e te rahi
E ngā mātāwaka o ngā tōpito o te ao
Ngā mahuetanga iho e kawe nei i ngā
moemoeā o rātou mā
Tēnā koutou katoa**

**Piki mai rā, kake mai rā,
Nau mai, haere mai ki tēnei o ngā wānanga
Whakatau mai i raro i te korowai āhuru
o Te Wānanga
Aronui o Tāmaki Makau Rau**

To the prestigious, the many voices
The few, the great
To those of all races and creeds
We who remain to fulfil the dreams and
aspirations of the ancestors
Greetings one and all

Climb, ascend
Embark on the journey of knowledge
Let us at AUT embrace and empower you
To strive for and achieve excellence

Te whakatupu i te kōunga, i te mana taurite me ngā
tikanga matatika, i ngā pūkenga ako,
i ngā pūkenga whakaako me te āta rangahau hei hāpai
i ngā hāpori whānui o te motu, otirā, o te ao.

To foster excellence, equity and ethics in learning,
teaching, research and scholarship, and in so doing
serve our regional, national and international
communities.

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Key: F/T = full-time, P/T = part-time

Image on pages 34–35 by Simon Devitt Photographer.

Cover: 89% work experience (AUT Annual Report 2016), 5 out of 5 (QS Stars University Rating 2017), Top 3% (Universities New Zealand website www.universitiesnz.ac.nz)

The information contained in this programme guide is primarily intended for domestic students. International students should visit www.aut.ac.nz/international

Disclaimer: Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only for students and is subject to change. All students enrolling at AUT should consult its official document, the AUT Calendar, which is available online at www.aut.ac.nz/calendar, to ensure that they are aware of, and comply with, all regulations, requirements and policies.

The information contained in this programme guide was correct at the time of print, May 2017.

AUT's faculties and schools

AUT has five faculties and 17 schools. The light green box in the diagram below shows where the programmes in this programme guide sit within AUT.

FACULTY OF BUSINESS, ECONOMICS AND LAW TE ARA PAKIHI, TE ŌHANGA ME TE TURE

Business School
Te Kura Kaipakihi

Law School
Te Kura Ture

School of Economics
Matauranga Ōhanga

FACULTY OF CULTURE AND SOCIETY TE ARA KETE ARONU

School of Education
Te Kura Mātauranga

School of Hospitality and Tourism
Te Kura Taurimatanga me te Mahi Tāpoi

School of Language and Culture
Te Kura Reo me te Ahurea

School of Social Sciences and Public Policy
Te Kura Pūtaiao ā-iwi me ngā Kaupapa Tūmatanui

FACULTY OF DESIGN AND CREATIVE TECHNOLOGIES TE ARA AUAHA

School of Art and Design
Te Kura Toi a Hoahoa

School of Communication Studies
Te Kura Whakapāho

**School of Engineering, Computer and
Mathematical Sciences**
Te Kura Mātai Pūhanga, Rorohiko, Pāngarau

Colab: Creative Technologies
Marautanga Matatini

FACULTY OF HEALTH AND ENVIRONMENTAL SCIENCES TE ARA HAUORA A PŪTAIAO

School of Clinical Sciences
Te Kura Mātai Haumanu

School of Interprofessional Health Studies
Te Kura Pākeho Ngaiotanga o Ngā Marau Akoranga Hauora

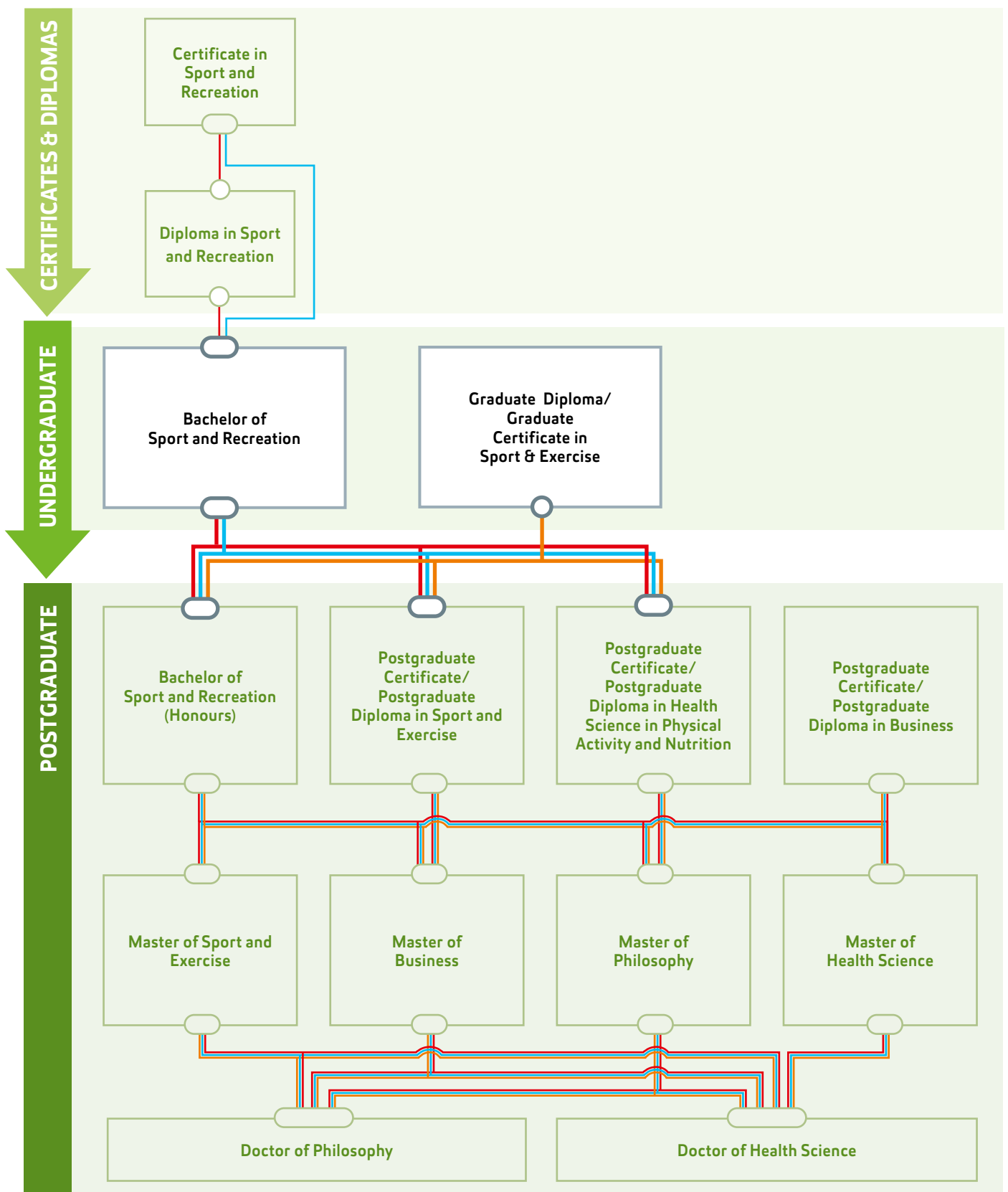
**School of Public Health and
Psychosocial Studies**
Te Kura Hauora Tūmatanui

School of Science
Te Kura Whakamahi Pūtaiao

School of Sport and Recreation
Te Kura Hākinakina

TE ARA POUTAMA FACULTY OF MĀORI AND INDIGENOUS DEVELOPMENT

Qualifications and study pathways



Note:

- 1) Completion of one qualification doesn't guarantee entry to a higher level qualification.
- 2) Apply for the qualification you are best suited for – you don't necessarily have to enrol in the qualification that appears at the top of the above diagram.
- 3) Some qualifications in the above diagram may be prerequisites to – and not credit towards – higher level qualifications..

For more information, contact the AUT Student Hub on 0800 AUT UNI (0800 288 864) or visit www.aut.ac.nz/sportrecreation

Why study sport & recreation?



Massive industry-wide connections



NZ's top ranked university for sport & exercise science research

 **AUT MILLENNIUM**

Home of NZ's leading sport and fitness facility, AUT Millennium





- 1 The AUT North Campus is only 10 minutes' drive from the Auckland CBD 2 AUT Millennium is NZ's leading sport and fitness facility
3 Try out the modern, fully-equipped training facility at the AUT Sport & Fitness Centre

New Zealand's most advanced sports degree

We're passionate about sport and recreation, and we use that passion to provide you with the skills to develop a successful and rewarding career. Our team of experienced coaches, sport scientists, managers, outdoor education and physical education specialists, and nutritionists combine their expertise to offer you New Zealand's most advanced sports degree. The influential Shanghai JiaoTong's Academic Ranking of World Universities ranks AUT's School of Sport and Recreation as number 1 in New Zealand and 29th in the world, and the QS World University Rankings place us in the top 100 universities in the world for sport science.

Creating the future leaders in sport and recreation

AUT is known for creating career-ready graduates, and our students shape successful careers in many fields, both in and out of the sport and recreation industry. They work with elite athletes, manage events, help people make healthier lifestyle choices, and conduct research that leads to new discoveries in sport or health. Many of them also set up their own business.

Innovative and open-minded learning

At AUT you study in an interactive environment where you collaborate with your classmates, debate and apply your knowledge to find innovative solutions. This interactive approach creates a close-knit, supportive environment, and for many of our students it's the highlight of their studies. It's one of many reasons why 9 out of 10 AUT graduates recommend us as a great place to study.

Workplace experience as part of your study

Study with us and you not only learn academic knowledge related to your discipline but also gain valuable experience of the wider world.

Workplace experience is at the heart of the Bachelor of Sport and Recreation, and thanks to our ever deepening industry connections you can choose from a vast number of host organisations for your placement. All second-year students complete two work placements of 30 to 40 hours, designed to introduce you to the workplace and form initial networks. These placements also help you identify where you want to complete your third-year workplace experience (350 to 400 hours). For many students the workplace experience also opens the door to their very first job in the sport and recreation industry.

Research that matters

To keep up with the fast moving nature of the sport and recreation industry, our researchers work with New Zealand's leading organisations and athletes to challenge current practices. This collaboration often leads to the discovery of new and innovative techniques – discoveries our staff then bring into the classroom to share with you. Our researchers work at New Zealand's high performance sport and health facility, AUT Millennium, helping athletes perform at the very top of their ability and exploring new ways to improve sport and health. If you go on to postgraduate study in sport and recreation you could find yourself at AUT Millennium working on key national projects.

University life

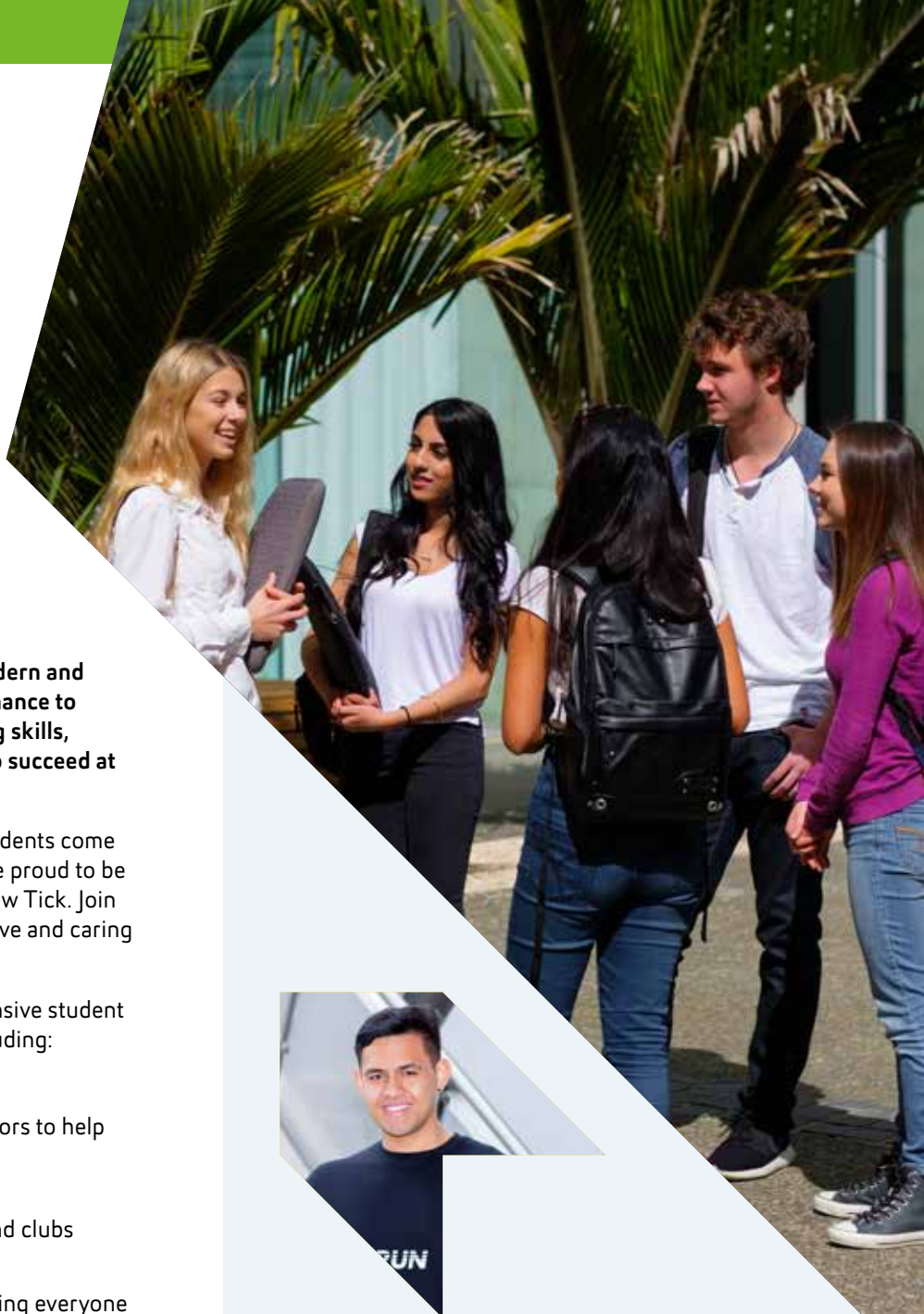
As an AUT student you study at a modern and innovative university, and have the chance to meet new people and develop lifelong skills, while getting the support you need to succeed at university and beyond.

At AUT, we celebrate diversity. Our students come from 140 different countries, and we're proud to be the only university that has the Rainbow Tick. Join us, and you'll quickly learn how inclusive and caring our community is.

We offer some of the most comprehensive student support services in New Zealand, including:

- Orientation for all new students
- Student Hub – with dedicated advisors to help with any issue
- Accommodation on campus
- AuSM – AUT student association and clubs
- International student support
- Sport and fitness centres – supporting everyone from elite athletes to social sports teams
- Childcare centres
- Māori student support
- Pacific student support
- Chinese-speaking student support
- Disability student support and resources
- Employability and Careers Hub
- Health, Counselling and Wellbeing centres
- IT support and computer labs
- Library and student learning services
- Rainbow community network and resources
- Student financial services and scholarships office

To find out more about what it's like to study at AUT visit www.aut.ac.nz



Denzel Laumatia-Paki

Strength and Conditioning Coach,
Pakuranga College
Bachelor of Sport and Recreation in Sport and
Exercise Science

"I've always been passionate about sport. At AUT, I made amazing friends, had access to awesome career opportunities and developed myself as an individual. There's a reason why AUT has a reputation for offering the best sports programme of all New Zealand universities. Make the most of your time studying, try your best and don't be afraid to get out there. And ask for help if you need it – AUT has many support networks for students. They helped me to step out of my comfort zone and make the most of my bachelor's degree."

Helping you succeed

Our library and learning support team offers a wide range of services and resources, including access to an extensive collection of print and online databases, as well as workshops to help you get a head start on your studies. Drop in any time, we're happy to help any way we can.

Study overseas as part of your degree

An international student exchange offers an amazing opportunity to study overseas as part of your degree. Study for a semester or a year at one of our partner universities around the world, and immerse yourself in another culture, make lifelong friends and get international experience before you graduate.

Creating career-ready graduates

The AUT Employability and Careers team helps you plan in advance for your future career by developing job search and interview skills, while building your personal brand and networking skills. We'll also introduce you to employers looking to recruit AUT graduates. Be recognised for your 'C skills' – collaboration, co-operation, community, curiosity, communication and creativity – by completing the AUT Edge Award.

Easy to get help

The AUT Student Hub is the place to go for help. Located on each campus, the Student Hub provides a range of services, from academic or personal advice to questions about fees and support for our diverse student communities.

Support for first-year students

Studying at university can be quite an adjustment. That's why AUT is proactive in helping you transition to university life. From Orientation to our peer mentoring programme where senior students share their experience with you, our student support services make a huge difference to life as a first-year student.

Top internships around the world

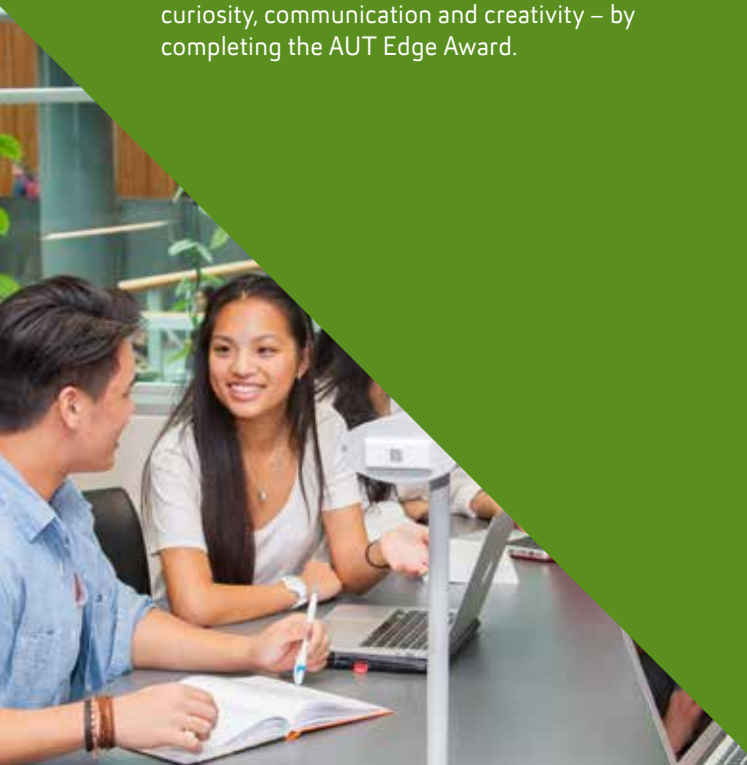
A good internship can be the foundation of a great career. That's why AUT Internz places students and graduates with top companies in NZ, Canada and the USA – including Facebook, Paramount Recording Studios, the Sundance Institute, Oxfam, the Metropolitan Museum and Westpac Institutional Bank in New York.

A launchpad for entrepreneurs

Every entrepreneur starts somewhere. At AUT, the best place for aspiring entrepreneurs is CO.STARTERS@AUT. This nine-week programme helps you turn your entrepreneurial ideas into a viable business.

An outstanding learning environment

At AUT you study in an innovative and interactive environment that embraces creativity, collaboration and the sharing of ideas and culture. A number of our buildings have won prestigious architecture awards, and we're constantly improving our built environment to offer students the best possible learning experience.



Bachelor of Sport and Recreation [BSR | AK3521]

Overview

QUICK FACTS

| | |
|-----------|------------------------------------|
| Level: | 7 |
| Points: | 360 |
| Duration: | 3 years F/T, P/T available |
| Campus: | North & South ¹ |
| Starts: | 26 Feb & 16 July 2018 ² |



Tara Coe

Tainui, Te Arawa, Ngāti Tahinga, Ngāti Pikiao
Learning Support Advisor,
Skills Active Aotearoa
Bachelor of Sport and Recreation
in Sport Management

"I grew up in a whānau that loved sports and played all the time. Once I was old enough to decide what I wanted to do after school, I knew that I wanted to learn more and give back to the sport and recreation industry. I appreciated that AUT upholds the same values I do and aligns with my cultural beliefs. AUT is committed to being a place where students strive to better their education and come out on top, not only to add value to our every-growing industries but also to make their mark in the changing world. In my role now, I enjoy being able to work with trainees who want to further themselves in the recreation, sport and exercise industries. Watching them start a qualification and work their way through it until they complete it is a great journey."

Take your interest in sport, recreation and fitness and create a rewarding career for yourself. There is demand for skilled sport, recreation and fitness professionals in New Zealand and overseas. Join us and we help you develop the skills to play a key role in this exciting industry. AUT is New Zealand's leading sport and recreation university. You'll have access to world-class facilities, high-achieving academics and researchers, and our outstanding workplace experience programme. Industry experience is an important part of your study, and you can choose from a vast number of host organisations.

Entry requirements

Minimum entry requirements

- University Entrance or equivalent

Selection criteria

Preference will be given to applicants with one subject from Classical Studies, Drama, English, Geography, Health Education, History, History of Art, Media Studies, Social Studies and either Physical Education or a subject from Biology, Chemistry, Earth and Space Science, Physics, Science or Calculus, Mathematics, Statistics.

Outdoor Education: Interview may be required

Other entry requirements

Must be capable of meeting the Vulnerable Children's Act (VCA Act) requirements, including police clearance.

Preferred school subjects

All subjects listed above are useful

Don't meet the entry requirements?

Consider starting with our Certificate in Sport and Recreation or Diploma in Sport and Recreation.

Majors

- Coaching
- Exercise Science and Nutrition
- Health and Physical Education
- Management
- Outdoor Education
- Sport and Exercise Science

All students do the same papers in Year 1, so you don't need to choose a major when you apply for the Bachelor of Sport and Recreation. You choose your major at the end of Year 1. You can also study a double major³ or complete the degree without a major, which gives you the flexibility to select a range of papers of interest from across all of our majors.

What this qualification covers

Year 1

Papers you study this year include:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation
- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

Plus one of:

- Health and Environment
- Human Anatomy and Physiology I
- Lifespan Development and Communication

Year 2

In Year 2 you take Law and Ethics in Sport and Recreation, Group and Individual Behaviour and Evidence Based Practice. This year also includes two work placements of 30 to 40 hours in different organisations. You also complete major and optional papers in your area(s) of interest.

Year 3

In Year 3, you complete the final major and optional papers in your area(s) of interest. You also spend between 350 and 400 hours working with an organisation, including a specific project related to your studies. It's a great way to get industry experience while still being able to get feedback from AUT lecturers, and for many of our students this workplace experience also leads to a job offer.

Second majors and minors

Adding a second major or a minor allows you to study another area that interests you from a wide range of subjects, so long as your timetable permits. Taking a second major or minor may increase the number of papers required and extend your degree beyond three years.

AUT encourages early application. Places are limited⁴.

1. All core papers, all first-year papers and the full Bachelor of Sport and Recreation standard pathway are available at the South Campus.
2. Students starting in July may require an additional semester to complete some majors.
3. Combine any two of our sport and recreation majors into a double major, and tailor your degree to your interests. Double majors may require more than three years of full-time study.
4. We encourage you to apply as soon as applications are open (late May 2017). Your application can only be assessed when you have provided all of the information requested.



AUT ranks #1 in
New Zealand for
sport science



Simon Fathers

Director of Performance, SFPT – Simon Fathers Performance Training, San Francisco
Bachelor of Sport and Recreation in Sport and Exercise Science

"I've always been passionate about helping others when it comes to sport and rehabilitation, and change their lives for the better. I now have my own company, SFPT – Simon Fathers Performance Training, and I often find myself integrating the skills I learned at AUT when it comes to planning and evaluating our business framework. I love working with such a range of different people. I get to work with some of the world's best big wave surfers and elite athletes from a variety of other sports, including rugby, rugby league, mixed martial arts, track and field, and football. But I also enjoy helping weekend warriors and ordinary people improve their lifestyle and quality of movement."



For more details visit www.aut.ac.nz/sportrecreation

Course planner

You need to complete a total of 360 points to gain a Bachelor of Sport and Recreation. You usually complete 120 points per year.

| MAJORS | LEVEL 5 (Year 1) | | LEVEL 6 (Year 2 & 3) | LEVEL 7 (Year 2 & 3) |
|---------------------------------------|---|-----------|--|---|
| | Semester 1 | | | |
| Compulsory core papers for all majors | Knowledge, Enquiry and Communication | | Law and Ethics in Sport and Recreation | Sport and Recreation Cooperative I |
| | Leadership in Sport and the Outdoors | | Group and Individual Behaviour | Sport and Recreation Cooperative II |
| | Sport and Exercise Science Fundamentals | | Evidence Based Practice | |
| | Skill Learning in Sport and Recreation | | | |
| | Semester 2 | | | |
| | Innovative Planning in Sport and Recreation | | | |
| | Sport and Recreation in Aotearoa/New Zealand | | | |
| | Contemporary Issues in Sport and Recreation | | | |
| | PLUS 1 OF: Health and Environment Human Anatomy and Physiology I Lifespan Development and Communication | | | |
| | Standard pathway | See above | | Plus optional/elective papers ¹ |
| Coaching | See above | | Analysing Performance | Pedagogy and Performance |
| | | | Teaching, Leading and Coaching | Integrated Practice |
| | | | Skill Acquisition and Sport Psychology | PLUS 2 optional/elective papers |
| | | | PLUS 2 OF: Health and Physical Education Principles and Practices Sport Development Applied Sports Biomechanics I Exercise Physiology | |
| | | | | |
| Exercise Science & Nutrition | See above | | Exercise Prescription and Assessment | Food Nutrition and Community Health |
| | | | Exercise Physiology | Physical Activity and Health |
| | | | Applied Anatomy | PLUS 2 optional/elective papers |
| | | | Sport and Exercise Nutrition | |
| | | | Clinical Exercise Physiology | |
| Health & Physical Education | See above | | Teaching, Leading and Coaching | Pedagogy and Performance |
| | | | Health and Physical Education Principles and Practice | Health and Physical Education Philosophy and Pedagogy |
| | | | Hauora – Health Education | PLUS 2 optional/elective papers |
| | | | Skill Acquisition and Sport Psychology | |
| | | | Applied Sports Biomechanics I | |

| | | | |
|-------------------------------------|-----------|---|--|
| Management | See above | Sport Management | Sport and Recreation Leadership Advanced |
| | | Sport Finance | Entrepreneurship in Sport and Recreation |
| | | Sport Marketing | PLUS 2 optional/elective papers |
| | | Sport Development | |
| | | PLUS 1 optional/elective paper | |
| Outdoor Education | See above | Land Based Pursuits (Te Karo Whenua) | Pedagogy and Performance |
| | | Water Based Pursuits (Nga Waka) | Outdoor Education |
| | | Ngahere/Bushcraft | PLUS 2 optional/elective papers |
| | | Advanced Pursuit Practice | |
| | | Teaching and Leadership in the Outdoors | |
| Sport & Exercise Science | See above | Exercise Prescription & Assessment | Applied Sports Biomechanics II |
| | | Exercise Physiology | Athletic Conditioning |
| | | Applied Anatomy | PLUS 2 optional/elective papers |
| | | Sport and Exercise Nutrition | |
| | | Applied Sports Biomechanics I | |

1. Standard pathway: In addition to the core papers, you need 135 points from papers in the Bachelor of Sport and Recreation, including at least 105 points at level 6 or above and at least 30 points at level 7. You may substitute up to 60 points with papers from any other bachelor's degree with the approval of the programme leader.



1 The AUT gyms have top of the line facilities and training equipment 2 AUT Millennium, NZ's leading sport and fitness facility 3 Learn in our modern lecture theatre facilities 4 Study in an interactive and collaborative environment 5 Our South Campus offers state-of-the-art facilities in the heart of Manukau 6 The Sir Owen Glenn National Aquatic Centre at AUT Millennium

**KEY FEATURES:**

- Flexible – tailor your degree to your interests and career goals
- Prepare yourself for a career in a fast-paced environment
- Offered at the AUT North or South Campus

**SEE YOURSELF AS:**

- Energetic and passionate about sports
- Being part of a motivated and inspirational environment
- A key player in the exciting sport and recreation industry

**CAREER OPPORTUNITIES:**

This pathway prepares you for a wide range of career opportunities, depending on your interests and the papers you select.

Bachelor of Sport and Recreation

Standard pathway

Love sport and recreation, and want to study papers from across our majors? Tailor your study to your interests with the flexible Bachelor of Sport and Recreation standard pathway, and select papers from different disciplines within sport and recreation.

Year 1

Papers you study this year:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation
- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

Plus one of:

- Health and Environment
- Human Anatomy and Physiology I
- Lifespan Development and Communication

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behaviour
- Evidence Based Practice
- Plus 5 optional/elective papers from the Bachelor of Sport and Recreation or other AUT degrees

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Plus 4 optional/elective papers

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week.

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



For more details visit www.aut.ac.nz/sportrecreation



KEY FEATURES:

- Modern athlete-centred coaching practice
- Workplace experience with national and regional sporting bodies or schools
- Wide-ranging coaching skills, from beginners to high-performance athletes



SEE YOURSELF AS:

- A strong leader and a people person
- Good at planning, management and organisation
- Able to inspire athletes and teams



CAREER OPPORTUNITIES:

- Coach development manager
- Coach for regional or national sports organisations, or youth and development teams
- Kiwisport co-ordinator
- Health and physical education teacher¹
- Recreation programme co-ordinator
- School sports co-ordinator

Bachelor of Sport and Recreation Coaching

Coaching is an exciting and rewarding area of sport in New Zealand. Coaches work with athletes of all skill levels, from beginners to high-performance athletes, and there's a large number of coaching positions available in the areas of performance analysis and performance sports. The Coaching major prepares you for a coaching career in sport, recreation, health and physical education, and the growing area of coach development.

Develop the skills to become a top coach. You gain a sound understanding of the coaching process, and work with athletes of different skill levels through your workplace experience. There's strong input from our industry partners, including Aktive Auckland Sport and Recreation, national and regional sport organisations and clubs; primary, intermediate and secondary schools, and regional sports trusts.

What this major covers

Year 1

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

You also need to complete one of these papers:

- Human Anatomy and Physiology I
- Health and Environment
- Lifespan Development and Communication

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Analysing Performance
- Teaching, Leading and Coaching
- Skill Acquisition and Sport Psychology

Plus two optional/elective papers.

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Pedagogy and Performance
- Integrated Practice

Plus two optional/elective papers.

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week. We also encourage you to continue playing or coaching in your own sport alongside your studies to apply your skills and make your CV stand out to future employers.

Recent placements included:

- Vodafone Warriors
- Kelly Sports
- Northern Football Federation
- Aktive Auckland
- SoccerPlusNZ
- Rangitoto College

AUT encourages early application. Places are limited².

1. After completing the one-year Graduate Diploma in Secondary Teaching.
2. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Larissa Eruera

Ngāpuhi
NZPGA Trainee Professional,
Tauranga Golf Club
Bachelor of Sport and Recreation in Coaching
and Management

“AUT’s Bachelor of Sport and Recreation offered multiple choices of majors, and great lecturers who are well respected in their fields.

“Being able to gain workplace experience as part of my study was also a key aspect of my decision to choose AUT. These experiences helped me realise that I wanted a hands-on job and that coaching was my passion. I was able to learn through doing, which is an invaluable experience. I also met influential people who provided me with references that helped me secure my current job.

“My role now is very dynamic, and I enjoy the challenge of finding new ways to bring people to our facility and getting younger people interested in golf. I also get to meet so many people, from club members who I see multiple times a week, to cruise ship passengers who are just in Tauranga for the day. My job also involves retail sales, club repair, assisting club members and many other activities.”



For more details visit www.aut.ac.nz/sportrecreation

**KEY FEATURES:**

- Make a difference in the global health crisis
- Workplace experience in district health boards, schools and health organisations
- Closely linked to the AUT Human Potential Centre
- Major research and postgraduate opportunities

Bachelor of Sport and Recreation Exercise Science and Nutrition

Exercise science and nutrition are becoming more and more important as the developed world struggles with the effects of our modern lifestyle. There's an increasing focus on lifestyle choices, physical activity, exercise, nutrition and other factors that affect health in the community. The Exercise Science and Nutrition major covers the skills to make a difference and help people make healthier choices.

You study approaches to lifestyle management and healthy living to prevent lifestyle-related diseases. The Exercise Science and Nutrition major is supported by the AUT Human Potential Centre, a research centre for physical activity and nutrition based at AUT Millennium. There are great postgraduate and research opportunities in exercise science and nutrition after completing this major.

What this major covers**Year 1**

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Human Anatomy and Physiology 1
- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Exercise Prescription and Assessment
- Applied Anatomy
- Exercise Physiology
- Sport and Exercise Nutrition
- Clinical Exercise Physiology

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

**SEE YOURSELF AS:**

- Promoting healthy eating and regular physical activity
- Able to inspire confidence in others
- Interested in the physiology of the body and helping individuals and communities

**CAREER OPPORTUNITIES:**

- Active Communities, Active Families, Active Schools or Green Prescription co-ordinator
- Community health development co-ordinator
- Corporate health and wellness advisor
- Health promotion officer
- Physical activity co-ordinator

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Food, Nutrition and Community Health
- Physical Activity and Health

Plus two optional/elective papers.

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week.

Recent placements included:

- Heart Foundation
- New Zealand Nutrition Foundation
- District Health Boards
- Health trusts
- Regional sports trusts (Active Families and Green Prescription Programmes)
- Schools

AUT encourages early application. Places are limited¹.

¹ We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Andrew Scott

Recreation Services Intern,
The Broadmoor, Colorado Springs, USA
Bachelor of Sport and Recreation in
Exercise Science and Management

"My life has always revolved around sport, training and games. At the end of secondary school, I realised that my passion would go to waste if my career wasn't focused on the sporting industry.

"I had heard past students talk about their university experience, and I knew AUT would help me reach my potential. AUT is world-leading because they adapt to the changing world, and having valuable workplace experience as part of the degree creates students who are career-ready from the get go.

"Completing 400 hours as part of my final-year workplace experience was such a valuable experience. I had the pleasure of working with North Harbour Rugby Union, and got to work at stadium games, primary school tournaments, strength and conditioning and much more. The people at Harbour Rugby made my experience there fantastic, and made sure I was always looked after.

"After graduating in December, I'm now working as a recreation services intern at US luxury resort The Broadmoor through the AUT Internz International Scholarship Programme. This is an opportunity like no other. Through these internships AUT gives you the tools to pursue any career you want and excel further."



For more details visit www.aut.ac.nz/sportrecreation

**KEY FEATURES:**

- Progressive approach to health and wellbeing
- Foundation for a career in health and physical education
- Hands-on experience through workplace experience

Bachelor of Sport and Recreation Health and Physical Education

Health, sport and physical activity remain at the heart of New Zealand's wellbeing. Health and physical education is vital in helping young people develop the confidence and skills they need to be connected and active members of society. This major prepares you for a career in teaching health and physical education.

The Health and Physical Education major is unique, integrating hauora, health promotion and the socio-ecological aspects that support health and physical education in New Zealand schools. You explore how people learn and how to support learning in health-related and movement-based subjects. Our graduates can go on to complete a graduate diploma in teaching and join the teaching profession well-equipped to contribute to 21st century learning environments.

What this major covers**Year 1**

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Human Anatomy and Physiology 1
- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Teaching, Leading and Coaching
- Health and Physical Education Principles and Practice
- Hauora - Health Education
- Skill Acquisition and Sport Psychology
- Applied Sports Biomechanics I

**SEE YOURSELF AS:**

- A strong leader and good communicator
- A role model for an active lifestyle
- Organised, and a good planner and time manager
- Able to motivate, lead and inspire young people

**CAREER OPPORTUNITIES:**

- Health and physical education teacher ¹
- Coach with local, regional or national sports organisations
- Health promotion educator
- Kiwi Sport/Active Schools co-ordinator
- Physical activity co-ordinator
- School sports co-ordinator

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Pedagogy and Performance
- Health and Physical Education Philosophy and Pedagogy

Plus two optional/elective papers

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week. We recommend that you complete your workplace experience in a school setting.

Recent placements covered a wide range of schools, including:

- Whangaparaoa College
- Gladstone Primary School
- Alfriston College
- Wentworth College

AUT encourages early application. Places are limited².

1. After completing the one-year Graduate Diploma in Secondary Teaching.
2. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Rachelle Bright

Year 2 Teacher, St Thomas's School
Bachelor of Sport and Recreation in
Health and Physical Education

"At the beginning of my second year at AUT I had worked with Nippers and Cadets in Surf Lifesaving and loved the teaching aspects of it. This obviously fits nicely with health and physical education, so I chose this major. After completing my sport degree, I then enrolled in a graduate diploma in primary teaching to prepare myself for my teaching career.

"I firmly believe the knowledge I've developed throughout my studies at AUT is the reason I've become a teacher in the first place. I love that teaching pushes me to be creative and encourages me to think about the individual needs of each child and their family.

"Every lecturer I had assisted me with my learning and I felt a real duty of care towards achieving my goals. My study group would share resources and we would help each other when times were tough. We were a fabulous group that brought different life experiences and knowledge to the table.

"At school I'm better equipped to incorporate health into our everyday learning in class and make it a key subject area within the health and physical education programme. I'm privileged to be able to help shape a child into being a positive, social, community-minded member of society."



For more details visit www.aut.ac.nz/sportrecreation



KEY FEATURES:

- Sport management skills are in demand in New Zealand and overseas
- Workplace experience in major New Zealand sporting bodies
- Covers a broad range of expertise

Bachelor of Sport and Recreation Management

Management skills are needed across the sport and recreation industries. The sports field isn't like a traditional business and neither are the management skills needed to succeed in this area. With the large number of professional athletes, sports organisations, facilities and events in New Zealand, people with specialist business and management skills are in high demand.

Through the Management major you develop expertise in sport management, marketing, facilities and events management, sponsorship, sport development, high performance sport leadership, law and finance. These management skills will open doors both locally and internationally. You learn from staff with international and national experience, and have the opportunity to work with local sporting bodies and events.

What this major covers

Year 1

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

You also need to complete one of these papers:

- Human Anatomy and Physiology I
- Health and Environment
- Lifespan Development and Communication

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Sport Management
- Sport Finance
- Sport Marketing
- Sport Development

Plus one optional/elective paper



SEE YOURSELF AS:

- A team player
- Having leadership ability
- Self-motivated and focused
- Having good planning, management and organisation skills



CAREER OPPORTUNITIES:

- Community and sports events co-ordinator
- Sales and marketing executive
- School sports co-ordinator
- Sponsorship manager
- Sport and leisure facility manager or co-ordinator
- Sport development manager

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Sport and Recreation Leadership Advanced
- Entrepreneurship in Sport and Recreation

Plus two optional/elective papers

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week.

Recent placements included:

- Athletics New Zealand
- Counties Manukau Sport
- Halberg Disability Sport Foundation
- Harbour Sport
- Hockey New Zealand
- New Zealand Breakers
- New Zealand Cricket
- New Zealand Rugby League
- New Zealand Rugby Union
- Nike NZ
- Northern Arena
- School sports departments
- Touch North Harbour
- Total Sport (event management)
- Triathlon New Zealand
- The GEMBA Group

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Tara Ikinofu

Tainui, Ngai Te Rangi
Graduate, Sport New Zealand
Bachelor of Sport and Recreation
in Management

"I've always been interested in sport, and living a healthy and active lifestyle. My parents, especially my mum, have always encouraged me to pursue education. Throughout high school I excelled at physical education, so studying sport and recreation was a natural fit.

"I chose AUT because it offers a variety of different majors within the Bachelor of Sport and Recreation. From what I read about other universities, there didn't seem to be as much choice to specialise within the field of sport and recreation. Having so many options made AUT very appealing to me.

"The workplace experience was one of the highlights of my time at AUT. I completed my work placements with Auckland Rugby League, Sport Waikato and He Oranga Poutama. The skills I've developed through the industry experience component of my degree are invaluable for my current job. Having industry experience and relationships made it easy to fit into my role.

"I'm now part of Sport New Zealand's sought-after graduate programme. My job here is very diverse, and I enjoy being surrounded by such experienced industry experts, including former CEOs of regional sport trusts and other sport organisations here in NZ and across the world. Being exposed to their expertise is invaluable."



For more details visit www.aut.ac.nz/sportrecreation

**KEY FEATURES:**

- Workplace experience in outdoor education camps, adventure tourism centres or schools
- Passionate staff with first-hand experience in outdoor education and adventure

**SEE YOURSELF AS:**

- An outdoors person
- Having a high level of fitness
- Having a sense of adventure
- Organised and a good planner

**CAREER OPPORTUNITIES:**

- Adventure consultant or educator
- Corporate development trainer
- Commercial guide
- Instructing outdoor pursuits – white water kayaking, rock climbing, abseiling and bush survival
- Outdoor education instructor or teacher¹
- Youth worker

Bachelor of Sport and Recreation Outdoor Education

The outdoor environment is a key part of the Kiwi lifestyle. New Zealand's clean, green environment is the perfect location to experience the outdoors and home to a bustling tourism and adventure industry. A qualification in outdoor education gives you the skillset to work in this environment, teaching and leading others. AUT outdoor education graduates work in many fields. They teach in schools, work in outdoor pursuit centres, operate adventure tourism ventures and often progress into management.

Encounter New Zealand's unique environment and learn from some of the country's most experienced staff in outdoor education. AUT staff have worked and adventured in some of the world's most exciting places including Antarctica, Nepal, North and South America, the United Kingdom, New Zealand and the Alps of France, Austria and Switzerland.

What this major covers**Year 1**

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation

You also need to complete one of these papers:

- Human Anatomy and Physiology I
- Health and Environment
- Lifespan Development and Communication

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Land Based Pursuits (Te Karo Whenua)
- Water Based Pursuits (Nga Waka)
- Ngahere/Bushcraft
- Advanced Pursuit Practice
- Teaching and Leadership in the Outdoors

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Pedagogy and Performance
- Outdoor Education

Plus two optional/elective papers

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week.

Recent placements included:

- Bigfoot Adventures
- Camp Adair
- Dilworth School Rural Campus
- Howick College
- Kahunui Campus, St Cuthbert's College
- Mt Albert Grammar School
- Sir Peter Blake Marine Education Recreation Centre (MERC)
- St Cuthbert's College

AUT encourages early application. Places are limited².

1. After completing the one-year Graduate Diploma in Secondary Teaching.
2. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Andrea Wech

Head of Outdoor Education,
Alfriston College
Bachelor of Sport and Recreation in
Outdoor Education

"A career in outdoor education is exciting and full of variety. The work is really diverse and exciting. We take the kids tramping in the Kaimai Ranges, kayaking in the Hauraki Gulf, snorkelling at Goat Island, and sailing on the Sir Peter Blake programme. We do a lot of risk management, logistics and planning, liaising with instructors, as well as classroom teaching. Studying outdoor education was the perfect starting point for my career. I fell in love with the programme when I first heard about it at an AUT info evening. The programme was exactly what I was looking for. I especially loved spending time on the road, driving to new destinations in the outdoors. I have tons of amazing memories from our time in the outdoors."

Employer comment

"Andrea is confident in the outdoors, and is able to build positive relationships with her learners. She can critically assess programmes of learning and think of ways to make them more engaging for learners. She is able to effectively manage potentially dangerous situations while remaining calm and following relevant procedures, as well as having a range of knowledge, which she utilises to create and carry out an engaging programme of learning."

Aimee Snelgrove, HOD, Outdoor Education, Health and Physical Education, Alfriston College



For more details visit www.aut.ac.nz/sportrecreation



KEY FEATURES:

- Workplace experience with high-performance and recreational athletes, fitness centres, schools, and sporting bodies
- Access to the latest ideas from the Sports Performance Research Institute New Zealand
- You can register with REPS (Register of Exercise Professionals)



SEE YOURSELF AS:

- Interested in the science behind sport and performance
- Passionate about fitness and performance
- A people person and great motivator



CAREER OPPORTUNITIES:

- Sport or exercise scientist
- Fitness trainer
- Health and wellness advisor
- Personal trainer
- Physical conditioning or training instructor
- School sports academy co-ordinator

Bachelor of Sport and Recreation Sport and Exercise Science

Sport and exercise science focuses on improving sports performance, based on anatomy, biomechanics, nutrition and physiology, fitness assessment and exercise prescription. AUT is New Zealand's top ranked university for sport and exercise science research, and our graduates go on to a range of exciting careers. The Sport and Exercise Science major is supported by the Sport Performance Research Institute New Zealand (SPRINZ), based at AUT Millennium.

You investigate issues related to human movement, physical conditioning, sports and exercise nutrition, exercise prescription and assessment, movement, exercise physiology and strength and conditioning. Our strong industry links with the high performance sport and fitness industry open up great opportunities for your workplace experience, and there are frequent visits from experts in the field.

What this major covers

Year 1

Semester 1 papers:

- Knowledge, Enquiry and Communication
- Leadership in Sport and the Outdoors
- Sport and Exercise Science Fundamentals
- Skill Learning in Sport and Recreation

Semester 2 papers:

- Innovative Planning in Sport and Recreation
- Sport and Recreation in Aotearoa/New Zealand
- Contemporary Issues in Sport and Recreation
- Human Anatomy and Physiology I

Year 2

Papers you study this year:

- Law and Ethics in Sport and Recreation
- Group and Individual Behavior
- Evidence Based Practice
- Exercise Prescription and Assessment
- Exercise Physiology
- Applied Anatomy
- Sport and Exercise Nutrition
- Applied Sports Biomechanics I

This year also includes two work placements, designed to introduce you to the workplace and help you identify where you want to complete your third-year workplace experience.

Year 3

Papers you study this year:

- Sport and Recreation Cooperative I
- Sport and Recreation Cooperative II
- Applied Sports Biomechanics II
- Athletic Conditioning

Plus two optional/elective papers

Workplace experience

In your third year you complete 350 to 400 hours in an organisation, which includes working on a project related to your major through the Cooperative Education papers. This takes approximately two days per week.

Recent placements included:

- High Performance Sport New Zealand
- AUT Millennium
- Auckland Cricket
- Auckland Rugby
- Counties Rugby
- Emirates Team New Zealand
- Jetts
- Les Mills
- New Zealand Breakers
- New Zealand Police
- New Zealand Rugby League
- North Harbour Rugby
- Northern Mystics Netball
- Secondary school sports academies
- YMCA

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Anna Skipper

Performance Physiologist, High Performance Sport New Zealand
Bachelor of Sport and Recreation in Management, and Sport and Exercise Science
Master of Sport and Exercise student

“Working in performance physiology with elite athletes is my dream job. It’s a fast-paced environment and I’ve had many different opportunities, including overseas travel and getting out in the field to different competitions and races. My colleagues are all really passionate about sport, and it creates an energetic and fun environment. The athletes are very approachable and it’s incredible to work with such motivated and inspirational people. In my role I provide performance physiology support to targeted high performance programmes. I assist with many different sports but provide particular support to Yachting New Zealand and Paralympic Swimming. I liaise with coaches on the needs of individual athletes and then test them, create programmes and monitor the results.”

Employer comment

“Anna is hard working, a fast learner and demonstrates a high skill level in lab testing settings. She pays attention to detail and uses initiative to get tasks done. She is also enrolled in postgraduate study, which is important for us. Work experience is critical too – those employed already have experience working in elite sport and they understand the high performance environment.”

Julia Casadio, Performance Physiologist, High Performance Sport New Zealand



For more details visit www.aut.ac.nz/sportrecreation

QUICK FACTS

Level: 7

Campus: North & South¹ (BSR),
City & South¹ (BBus)

Starts: 26 Feb & 16 July 2018

**Luke McQueen**

Manager – Business & Commercial
Banking, Strategy and Segments, BNZ
Bachelor of Business in Finance and Bachelor
of Sport and Recreation conjoint programmes

“I’m passionate about health and fitness and have always been involved in sport, particularly rugby. Studying both sport and business was a great way to follow my passion while developing skills for a career in business. One of the highlights for me was the workplace experience during my study. You can’t underestimate how useful this is when you get into the workplace. Industry placements were a key part of both the business and sport degrees. In total I spent about nine months in the workplace – a great chance to apply what I learned and figure out what I wanted to do after uni. I now work for BNZ, which offers an amazing graduate programme where I can continue to learn about business and banking whilst building relationships with other like-minded people.”

Double degrees: Bachelor of Business and Bachelor of Sport and Recreation²

BBus/BSR

As business and sport environments become more complex, professionals with skills in both areas are increasingly in demand. Professionals involved in the business and management aspects of sport are juggling the needs of athletes with the demands of commercial sponsors, media organisations and government.

Skills in management, marketing, advertising and the media are extremely important in sport and recreation. By studying both business and sport, you’ll learn from highly respected academics and prepare yourself for the challenges and rewards of a career in business or sport.

Applying for these programmes

You apply for both programmes separately. You need to meet the entry requirements for both programmes, including having University Entrance and being capable of meeting the Vulnerable Children’s Act (VCA Act) requirements, including police clearance.

What these programmes cover³**Year 1**

You can start either with the Bachelor of Sport and Recreation or the Bachelor of Business for the first year of study.

Year 2 & 3

For the next two years you do a mix of core, major and optional papers from both the Bachelor of Sport and Recreation and Bachelor of Business.

Year 4

In your final year, you complete a full-year sport and business work placement of 400 hours and the last of your major or optional papers for both sport and recreation, and business.

AUT encourages early application. Places are limited⁴.

1. Based at the North and City Campuses but may also be completed at the South Campus depending on major/papers selected.
2. You enrol in the Bachelor of Business and the Bachelor of Sport and Recreation separately.
3. We will provide advice to help you select a suitable combination of papers each year, depending on your interests and majors.
4. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



For more details visit www.aut.ac.nz/sportrecreation

Bachelor of Sport and Recreation (Honours)

AK3913

The Bachelor of Sport and Recreation (Honours) is aimed at high-achieving students in the Bachelor of Sport and Recreation who want to advance their skills and make their CV stand out.

Research skills are highly valued in the sport and recreation sector and this programme can lead to a range of exciting careers. It can also serve as a direct pathway into the PhD. The Bachelor of Sport and Recreation (Honours) draws on papers from AUT's Master of Sport and Exercise and Master of Health Science.

Entry requirements

Minimum entry requirements

- Bachelor of Sport and Recreation with a B+ grade average or higher in level 7 papers or equivalent.
- An applicant's course of study must be approved by the Dean (or representative).

What this programme covers

You complete a research methods paper and advanced papers relevant to your discipline. You also undertake a supervised research dissertation in a specific area of sport and recreation.

Papers:

You complete:

- Leadership and Management I
- Integrative Research
- Quantitative Research II OR Qualitative Research II
- Dissertation (45 points)

You also choose 30 points of papers from a wide range of elective papers.

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.

QUICK FACTS

| | |
|-----------|--|
| Level: | 8 |
| Points: | 120 |
| Duration: | 1 year F/T, 3 years P/T |
| Campus: | North (some papers are delivered online) |
| Starts: | 26 Feb & 16 July 2018 |



Anna Morrison
Bachelor of Sport and Recreation (Honours)

"In 2016, I became the first student to enrol and complete a Bachelor of Sport and Recreation (Honours). I chose to enrol at AUT because the sport and recreation department were very informative, and there appeared to be huge flexibility in the direction of this course. The most enjoyable aspect was being able to carry out research in an area I was really passionate about. I gained many valuable skills from this programme, including research, analytical and writing. If you love independent learning and few lectures or tutorials, then this is the programme for you. To succeed in the Bachelor of Sport and Recreation (Honours) you need to be self-motivated, have good time management skills and be open to new opportunities. I'm now training to become a high school teacher in the subjects of Physical Education, Biology and Geography."



For more details visit www.aut.ac.nz/sportrecreation

QUICK FACTS

| | |
|-----------|------------------------|
| Level: | 4 |
| Points: | 60 |
| Duration: | ½ year F/T, 1 year P/T |
| Campus: | North & South |
| Starts: | 26 Feb & 16 July 2018 |



Kshemal Desai

2nd-year student, Bachelor of Sport and Recreation in Management & Sport and Exercise Science
Certificate in Sport and Recreation

“I decided to study the certificate because stepping directly into the bachelor’s degree seemed like a big leap for me. What I enjoyed most about the certificate was the variety of the papers. The content covered in the certificate provides you with a strong base for each major in the Bachelor of Sport and Recreation and gives you an idea about which area you want to specialise in. The other thing I enjoyed was the support of my lecturers – they pushed me through every barrier I faced and helped me overcome my fears. I would highly recommend studying the Certificate in Sport and Recreation before getting into the Bachelor of Sport and Recreation as it gives you a better view of sport and its significance in New Zealand society.”

Certificate in Sport and Recreation

CertSR | AK3761

Grab your opportunity to gain skills and knowledge for further study or your future career with this qualification. The Certificate in Sport and Recreation is for Year 13 students who didn’t get UE at school and want to staircase into the Bachelor of Sport and Recreation. You build your academic writing, communication, computer literacy and time management skills, and develop an understanding of coaching, goal setting and teamwork.

Entry requirements

Minimum entry requirements

Completion of Year 13

Selection criteria

- Interview may be required
- Two references
- Statement letter of intent and addendum required

Other entry requirements

Must be capable of meeting the Vulnerable Children’s Act (VCA Act) requirements, including police vetting

What this qualification covers

You need to complete four papers from:

- Communication and Group Instruction
- Exercise Foundations
- Introduction to Managing and Quality Services
- Introduction to Sporting Practice (Specialty)
- Sport, Health and Lifestyle

Offered via lectures and workshops, these papers cover topics like human anatomy and physiology, training, nutrition, wellness, communication and management.

Further study

- Bachelor of Sport and Recreation
- Diploma in Sport and Recreation

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



For more details visit www.aut.ac.nz/sportrecreation

Diploma in Sport and Recreation

DipSR | AK3246

Develop the skills and knowledge for further studies or your future career in sport and recreation. The Diploma in Sport and Recreation is a pathway for students who completed Year 12 and want to enter a tertiary programme that helps them gain UE. It covers a broad range of skills, including coaching, programme and event management, the body's response to exercise, quality service and supervision.

Entry requirements

Minimum entry requirements

- **NCEA:** 48 level 2 credits including eight level 2 credits in any one subject from Classical Studies, Drama, English, Geography, Health Education, History, History of Art, Media Studies, Social Studies or Business Studies, Economics, Physical Education, Te Reo Māori, Te Reo Rangatira
- **CIE:** 60 points on the UCAS Tariff including one subject similar to the NCEA subjects above

Selection criteria

- Preferred subjects on entry are (level 2 for NCEA): English, Health Education, Mathematics with Calculus, Physical Education, Science
- Statement letter of intent and addendum required
- Interview may be required

Other entry requirements

Must be capable of meeting the Vulnerable Children's Act (VCA Act) requirements, including police vetting

What this qualification covers

You complete:

- Exercise Foundations
- Introduction to Managing and Quality Services
- Sport, Health and Lifestyle

You also choose from a selection of sport and recreation papers for your second semester of study (to make up a total of 120 points).

Career opportunities

- Community coach or recreation programmer
- Sport co-ordinator

AUT encourages early application. Places are limited¹.

1. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.

QUICK FACTS

Level: 5

Points: 120

Duration: 1 year F/T, 2 years P/T

Campus: North

Starts: 26 Feb 2018



For more details visit www.aut.ac.nz/sportrecreation

Graduate Diploma in Sport and Exercise

QUICK FACTS

Level: 7

Points: 120

Duration: 1 year F/T, up to 3 years P/T

Campus: North & South¹

Starts: 26 Feb & 16 July 2018

Graduate Certificate in Sport and Exercise

QUICK FACTS

Level: 7

Points: 60

Duration: ½ year F/T, up to 2 years P/T

Campus: North & South¹

Starts: 26 Feb & 16 July 2018

Graduate Diploma in Sport and Exercise

GradDipSp&Ex | AK1032

Graduate Certificate in Sport and Exercise

GradCertSp&Ex | AK1031

Interested in sport and recreation but don't want to commit to a three-year degree? If you have a degree in another field or considerable professional experience in sport, recreation or health and want to gain a further qualification, these programmes are for you. The Graduate Diploma in Sport and Exercise and Graduate Certificate in Sport and Exercise are an effective option for both personal and professional development, particularly for those looking for a pathway into the sport and recreation industry.

The School of Sport and Recreation is home to experts in coaching, exercise science and nutrition, health and physical education, leadership and management, and outdoor education. You learn from expert academic staff and can choose from a wide range of papers from the Bachelor of Sport and Recreation. We will guide you in your choice of suitable papers.

Entry requirements

Minimum entry requirements

A bachelor's degree OR relevant professional qualification or experience approved by the Dean (or representative) to be equivalent to a degree.

What these qualifications cover

Graduate Diploma in Sport and Exercise

You must complete at least 120 points, including 75 points from level 7 Bachelor of Sport and Recreation papers.

Graduate Certificate in Sport and Exercise

You must complete at least 60 points, including 45 points from level 7 Bachelor of Sport and Recreation papers.

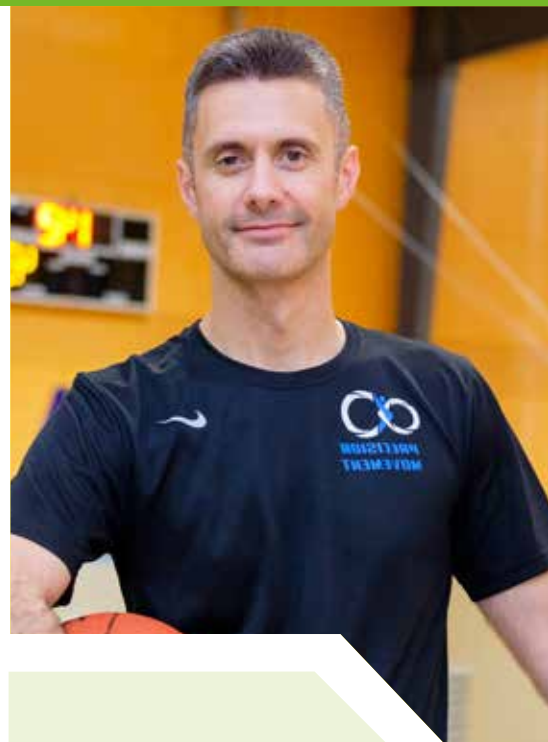
Depending on your existing knowledge and interest areas, you may have to take additional papers to meet prerequisite requirements for specific pathways.

Further study

If you perform well in the Graduate Diploma in Sport and Exercise you can use it as a pathway into postgraduate study in a related field.

AUT encourages early application. Places are limited².

1. Some papers may be available at the South Campus
2. We encourage you to apply as soon as applications are open (late May 2017). Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



Mike Robinson

Coach, Precision Movement
Postgraduate Diploma in Sport and
Exercise student
Graduate Diploma in Sport and Exercise

"If your wish is to further yourself in the ever-changing and ever-growing world of sport and recreation, AUT is the place to be! Its direct links to the industry ensure you're learning the most current, and most valuable, information for your future growth in the sport and recreation field.

"I had initially considered the Bachelor of Sport and Recreation, but based on a recommendation from a close friend I decided to apply for the graduate diploma. I had completed a previous diploma at AUT, coached for a number of years and worked as a guest lecturer at another university. The graduate diploma suited my condensed timeframe and preferred subject matter.

"When I researched the programme, I found its many connections within the industry suited how I could progress, and it was key in my decision to choose AUT over other educational providers."

"I've since decided to study the Postgraduate Diploma in Sport and Exercise at AUT to further myself within the field of coaching and youth athlete development, always with the aim to make a difference to those I coach and work with. I hope to eventually continue into the Master of Sport and Exercise."



For more details visit www.aut.ac.nz/sportrecreation

Overview of our postgraduate qualifications

Postgraduate Certificate in Sport and Exercise

The Postgraduate Certificate in Sport and Exercise furthers your understanding of sport and exercise in as little as one semester. Papers cover the science, evidence-based practice and theory behind physical conditioning, coaching or sports management. It can serve as a pathway towards a postgraduate diploma or master's degree.

Postgraduate Diploma in Sport and Exercise

The Postgraduate Diploma in Sport and Exercise Science equips you with an in-depth understanding of sport and exercise in as little as one year. Papers cover entrepreneurship and leadership, as well as the science, evidence-based practice, and theory behind physical conditioning, coaching or sports management. It provides the foundation for further study in the Master of Sport and Exercise.

Postgraduate Certificate in Business

The Postgraduate Certificate in Business furthers your understanding of sport and recreation management in as little as one semester. Papers cover advanced topics in sport development, sport leadership and management, sport marketing and sport event management. It can serve as a pathway towards a postgraduate diploma or master's degree.

Postgraduate Diploma in Business

The Postgraduate Diploma in Business equips you with an in-depth understanding of sport and recreation management in as little as one year. Papers cover advanced topics in sport development, sport leadership and management, sport marketing and sport event management. It provides the foundation for further study in the Master of Business.

Postgraduate Certificate in Health Science in Physical Activity and Nutrition

The Postgraduate Certificate in Health Science in Physical Activity and Nutrition explores the factors that affect community health and promote healthy living. Papers cover physical activity, nutrition, health promotion, health development and policy, programme planning and exercise science. It can serve as a pathway towards a postgraduate diploma or master's degree.

Postgraduate Diploma in Health Science in Physical Activity and Nutrition

The Postgraduate Diploma in Health Science in Physical Activity and Nutrition explores the factors that affect community health and promote healthy living. Papers cover physical activity, nutrition, health promotion, health development and policy, programme planning and exercise science. It can provide the foundation for further study in the Master of Health Science.

Master of Business

The sport and recreation management papers within the Master of Business provide comprehensive coverage in the latest research and theories. Sport management research at AUT has investigated sport participation, governance, interorganisational linkages, law and policy, economics, marketing, consumer behaviour, sponsorship, advertising, social media, sport tourism and event management.

Master of Sport and Exercise

With the Master of Sport and Exercise you can build on your existing knowledge and undertake applied research in an area of your interest. Your research project is equivalent to one year of full-time study. AUT is New Zealand's top ranked university for sport and exercise science research, and through your research you work with some of the leading researchers in this field.

Master of Philosophy

The Master of Philosophy is a one-year research-only master's degree. You undertake a research project of an applied or professional nature, under the supervision of sport and recreation staff. It can also serve as a pathway to more advanced research at doctoral level.

Doctor of Health Science

In the Doctor of Health Science you pursue research that is directly relevant to your workplace and role. AUT is the only university in New Zealand to offer this qualification. You explore a specialist area of interest, contribute to the body of knowledge in your field, and advance your career prospects. This degree is an innovative combination of taught papers and a research project investigating your own field of professional practice.

Doctor of Philosophy

The Doctor of Philosophy is a thesis-based research degree that leads to advanced academic and theoretical knowledge in a specialist area. You can make an original contribution to knowledge or understanding in the field of sport and recreation, and meet recognised international standards for such work. You work closely with a supervisor to prepare a thesis, which is then examined by independent experts applying contemporary international standards.



For more details visit www.aut.ac.nz/sportrecreation

How to apply

Below is the step-by-step guide to the applications process for domestic students.
For more information visit www.aut.ac.nz/apply

International students should visit www.aut.ac.nz/international

1

APPLY EARLY

- Check if your programme has a specific closing date
- Places are limited. Submit your application well before the semester starts

APPLYING FOR 2018

- Semester 1
 - try to apply by 24 November 2017
- Semester 2
 - try to apply by 4 May 2018

2

COMPLETE THE APPLICATION FORM

- Apply online
- Indicate your programme(s) of choice and major (if known)
- You will be automatically assessed for all your programme choices at the same time

SUBMIT YOUR APPLICATION

WE ACKNOWLEDGE YOUR APPLICATION

- We will send you an acknowledgment email/letter, which explains how to check the status of your application
- We will contact you if we need more information

3

WE ASSESS YOUR APPLICATION

- We assess your application to ensure you have met the entry criteria for the programme(s) you are applying for
- We consider your academic history and relevant experience to ensure you can succeed in your programme
- We let you know if your application has been successful

FOUR POSSIBLE OUTCOMES

CONFIRMED We would like to offer you a place to study at AUT

PROVISIONAL You have met some of the criteria for entry to your chosen programme of study and we would like to offer you a provisional place to study at AUT. If you don't meet the rest of the requirements, for example University Entrance, then this offer will be withdrawn

DECLINED If you don't meet the entry requirements or all places are taken, check our website for other study options

DECISION PENDING We are unable to make a decision just yet, but will let you know when we expect to make a decision

YOU CAN
ACCEPT ONLINE

University admission to AUT bachelor's degrees

To gain admission to bachelor's degrees, you must have met the requirements for University Entrance plus any specified admission requirements for a programme, such as specific subjects, portfolios and interviews.

For more information on all admission categories and specific programme requirements refer to the AUT Calendar or visit www.aut.ac.nz/calendar

Please note: AUT, like all other New Zealand universities, is required to manage enrolments. This is because of government policies that restrict the number of funded places available for domestic students in tertiary education.

Admission categories

You may be granted University Entrance under one of the following categories:

- NCEA University Entrance
- Ad Eundem Statum admission (at an equivalent level) – this includes Cambridge International Examinations (CIE)¹ and International Baccalaureate Diploma Programme (IB) if taught in a New Zealand secondary school
- Discretionary Entrance
- Special Admission

1. Domestic students who study CIE in another country may be eligible for this admission depending on subjects covered and levels attained with the qualification. As requirements vary such students should seek advice from AUT.

Common University Entrance requirements

| STANDARD | NCEA | CIE ¹ | IB ⁴ |
|-----------------|--|--|--|
| Overall | Require NCEA level 3 certificate which consists of 80 credits, including at least 60 credits at level 3 or higher. Can include up to 20 credits at level 2. Note: Credits to achieve NCEA level 3 may include unit standards from non-approved subjects. Subject credits Total of 42 level 3 credits including: • 14 credits from one approved subject • 14 credits from a second approved subject • 14 credits from a third approved subject | A minimum of 120 points on the UCAS Tariff ² at A or AS level from an approved list (equivalent to NCEA approved subject list). Must include at least three subjects (excluding Thinking Skills) with grades D or above. | IB Diploma with minimum 24 points |
| Numeracy | At least 10 level 1 (or higher) numeracy credits (can be achieved through a range of subjects) | A minimum grade of D in IGCSE ³ mathematics or any mathematics subject at AS or A level. | Any mathematics subject – IB Group 5 |
| Literacy | Total of 10 level 2 (or higher) literacy credits including: • 5 reading credits • 5 writing credits From specific standards in a range of NZQA English language-rich subjects. | A minimum grade of E in English Language and/or English Literature subject at AS or A level. | Literature or language and literature (SL or HL) – IB Group 1, with English as the language. |

1. Different regulations if CIE is taken outside of NZ or UK. See the AUT Calendar which is available online at www.aut.ac.nz/calendar

2. UCAS (Universities and Colleges Admissions Services for the UK) Tariff = system which converts AS and A level grades into points.

3. IGCSE = International General Certificate of Secondary Education.

4. New Zealand residents who have taken IB but have not been awarded the Diploma may apply for discretionary entrance.

Where programmes require a specific subject, it is expected that a student will have achieved a minimum of 14 credits in that subject (unless indicated otherwise).

NCEA approved subjects

For a list of NCEA approved subjects for University Entrance visit the NZQA website, www.nzqa.govt.nz

AUT language rich subject list

Classical Studies, Drama, English, Geography, Health Education, History, History of Art, Media Studies, Social Studies, Te Reo Māori or Te Reo Rangatira.

Alternative pathways into AUT bachelor's degrees

Students who have just missed University Entrance or did not get into their chosen degree could consider enrolling in one of the foundation studies certificates offered at AUT. Please visit www.aut.ac.nz/apply

Discretionary Entrance

Discretionary Entrance is available to applicants who have attained a high level of achievement in Year 12 and want to undertake university study.

International students can't apply for Discretionary Entrance.

You can apply if you:

- Have not completed Year 13 in a New Zealand secondary school or have done Year 13 but not attempted to gain University Entrance
- Have not otherwise qualified for admission (or have attempted University Entrance)
- Are a domestic student (New Zealand or Australian citizen or permanent resident). If Australian, your most recent schooling must have been in New Zealand
- Are under 20 years of age on the first day of the semester in which you begin study and meet other requirements of the programme for which you apply

People who missed University Entrance in Year 13 may be considered for mid-year admission in the following year.

You can't apply for admission for Semester 1 if you studied in Year 13 after 1 June. However, you can apply for admission into Semester 2.

Minimum academic criteria for Discretionary Entrance

- NCEA level 2 certificate endorsed with minimum of Merit or CIE/IB equivalent
- Minimum of 14 credits in each of four NCEA level 2 (or higher) subjects, at least three of which must be on the approved subject list
- Meet UE literacy and numeracy standards, or their equivalent.

The application is a two-step process. First, you indicate you want to apply through Discretionary Entrance on the standard application form. If you meet the criteria you are sent a second form in which you provide further information and a school recommendation.

The recommendation will provide proof of your maturity, motivation, capability and readiness to undertake degree-level study and also verify that you were not enrolled in Year 13 beyond 1 June in the year prior to admission. Please refer to the AUT Calendar or visit www.aut.ac.nz/calendar

Please note: Applicants are considered on a case-by-case basis and must also meet other selection criteria for the programme for which they have applied. There is a non-refundable assessment fee of \$50.00.

Admission at equivalent level (Ad Eundem Statum)

An applicant will be considered for Ad Eundem Statum admission if they:

- Have successfully gained University Entrance through CIE or IB or an approved qualification from a New Zealand secondary school of special character
- Have successfully completed a recognised foundation programme, or other recognised tertiary qualification/study of at least 120 points at level 3 or at least 60 points at level 4 in one course of study
- Have qualifications from an overseas secondary school or tertiary institution deemed by AUT to be sufficient for entry into an undergraduate degree programme.

Please note: Applicants will be required to supply an official academic transcript with their application.

Bursary

If you sat Bursary (prior to 2004) rather than NCEA please refer to the AUT Calendar or visit www.aut.ac.nz/calendar

Special Admission

If you are over 20 years of age you can apply through Special Admission for degree-level study without a University Entrance qualification, if you are a New Zealand citizen or resident. You must be 20 years of age on or before the first day of the semester in which the programme commences. Your ability to succeed in your chosen programme will be taken into consideration.

English language requirements

International students studying at secondary school and applying for University Entrance must achieve UE Literacy through New Zealand secondary school qualifications NCEA, CIE or IB. IELTS cannot be substituted.

Please refer to the English language requirements in the "General Academic Regulations" section of the AUT Calendar or visit www.aut.ac.nz/calendar

International students

Contact the International Centre for information regarding studying at AUT, if you're not a citizen or permanent resident of New Zealand or Australia, or a citizen of the Cook Islands, Niue or Tokelau islands.

Tel: +64 9 921 9099

Email: aut.university@internationalstudent.info

Fees & scholarships

Cost is an important factor when thinking about university study. This page gives you an idea of the approximate tuition fees at AUT, and different options to help you fund your education including scholarships, student loans and allowances.

Fees

To give you an idea of approximate costs, the 2017 tuition fees for domestic students are shown below (based on full-time study and completing 120 points a year). The 2018 tuition fees will be advertised on www.aut.ac.nz/fees as soon as they have been set.

Undergraduate qualifications

| | |
|----------------|---|
| Fee (per year) | Approximately \$6,324.00 ¹ (GST inc) |
|----------------|---|

1. Part-time students pay a proportion of the fee based on the number of academic points they are studying.

If you are an international student, please visit www.aut.ac.nz/fees for fees and information.

Other fees you may have to pay:

- 2017 Compulsory Student Services Fee – \$641.80 for 120 points or \$5.12 per academic point (GST incl)
- 2017 Building Levy – \$68.20 for 120 points or \$0.57 per academic point (GST incl)
- Additional fees for course materials or elective papers (check with your faculty if there are additional fees for your programme)

Please note that you have to pay your fees in full by the date specified on your fees invoice.

To find out more about fees call **(09) 921 9779** or the AUT Student Hub on **0800 AUT UNI (0800 288 864)**.

Scholarships and awards

Scholarships and awards are a great way to fund your university study. There is a wide range of scholarships and awards available to AUT students at all stages of their study. Visit the scholarships website for a current list of scholarships offered by AUT and external funders, as well as application forms and closing dates. You can also contact AUT's Scholarships Office for advice on scholarships, awards and the scholarship application process.

To find out more call **(09) 921 9837** or visit www.aut.ac.nz/scholarships

Student loans and allowances

If you are a full-time domestic student, you may qualify for a student loan or allowance. Student loans and allowances are administered and paid by StudyLink. The application process can take some time, so it's a good idea to apply early. You can apply for a student loan or student allowance before your enrolment at AUT is complete.

To find out more call **0800 88 99 00** or visit www.studylink.govt.nz

Help with planning and budgeting

We know that studying can be hard on your finances, and can help students manage their money and stay within budget. We also assist students in financial hardship through food and transport grants, and provide assistance with student loans and allowances.

For more information visit www.aut.ac.nz/student_services/financial

StudyLink Sussed website

A useful financial resource is the StudyLink Sussed website. The website has handy tools, tips and information to help you plan and understand the costs you will have while studying.

Visit www.studylink.govt.nz

How to pay your fees

| | |
|---------------------------------|---|
| ONLINE | You can pay by credit card or by internet banking online at www.aut.ac.nz . Your login details will be required. OR Bank transfer: You can make a direct fee payment into AUT's bank account. Visit www.aut.ac.nz/payment-options |
| POST | Pay by cheque, credit or debit card by completing the payment slip on your statement/tax invoice, detach and post to: Fee Payment, AUT, Private Bag 92006, Auckland 1142 |
| FAX | Pay by credit or debit card by completing the payment slip on your statement/tax invoice and fax to (09) 921 9985 |
| IN PERSON | City Campus: AUT Student Hub, WA building North Campus: AUT Student Hub, AS building South Campus: Campus Reception, MB building |
| STUDENT LOAN (STUDYLINK) | StudyLink will pay your fees directly to AUT. See your student loan documentation for more information. |

Find out more

Visit our website

For the latest information on AUT programmes and to keep up-to-date with what's happening at AUT visit www.aut.ac.nz

Call or email us

To speak to one of our friendly advisors call the AUT Student Hub on **0800 AUT UNI** (0800 288 864). If you need help with your application to study at AUT, want more information or would like to order a brochure – we're here to help.

You can also email any questions you have to studenthub@aut.ac.nz

Secondary schools

If you are a secondary school teacher, career advisor or student, our Future Students Team can help you with any questions you may have. Contact the team on (09) 921 9239 or email futurestudents@aut.ac.nz

AUT Open Day

Our Open Day on Saturday 2 September 2017 at the City Campus will showcase everything AUT has to offer to help you make an educated decision about university study. To find out more visit www.aut.ac.nz/live

Connect with us

AUT has a range of social media channels to keep our students and the general public aware of what is going on around the university.

Connect with us now:



@autuni

#autuni

Drop in and see us

AUT Student Hub

City Campus

Level 2, ground entry, WA building, 55 Wellesley Street East, Auckland

North Campus

AS building, 90 Akoranga Drive, Northcote, Auckland

South Campus

MB building, 640 Great South Road, Manukau, Auckland

Campus tours

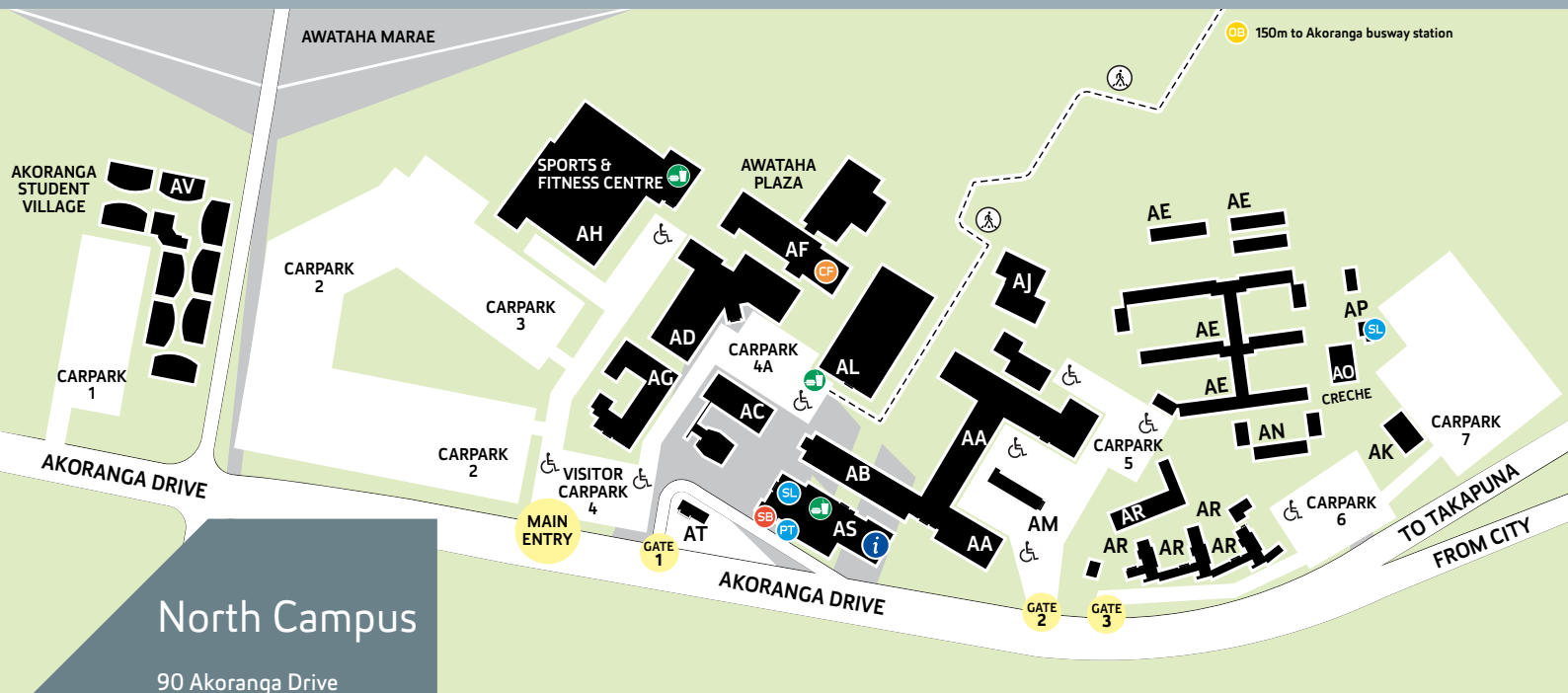
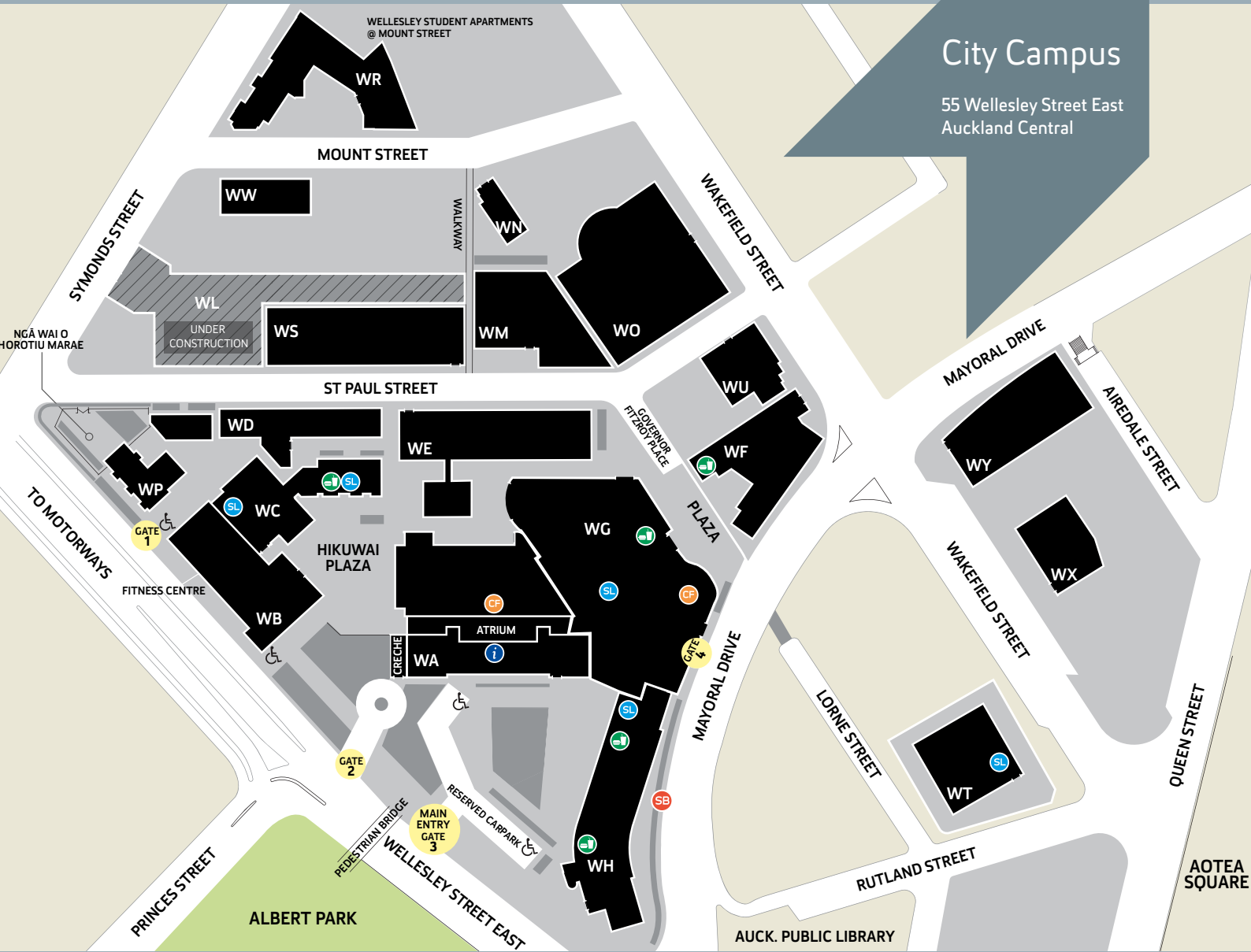
If you want to check out the campus and facilities, contact us and we will arrange a campus tour for you and your family. Call **0800 AUT UNI** (0800 288 864) for more information.



This booklet is printed on paper which is certified by the Forest Stewardship Council (FSC). It is manufactured using FSC Mix source pulp from well managed and legally harvested forests. The inks are 100 percent vegetable oil based and the printer is FSC certified.

City Campus

55 Wellesley Street East
Auckland Central

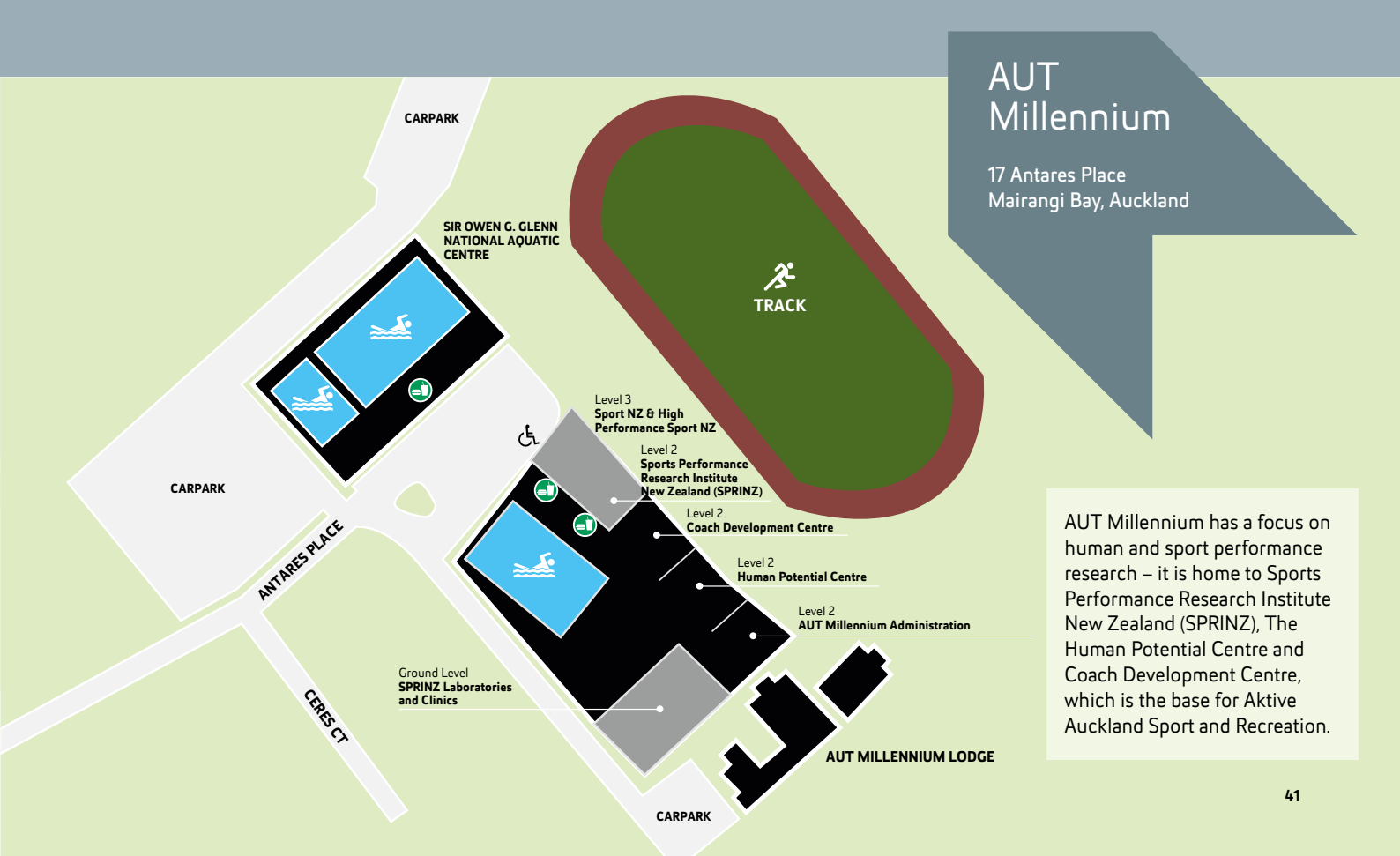
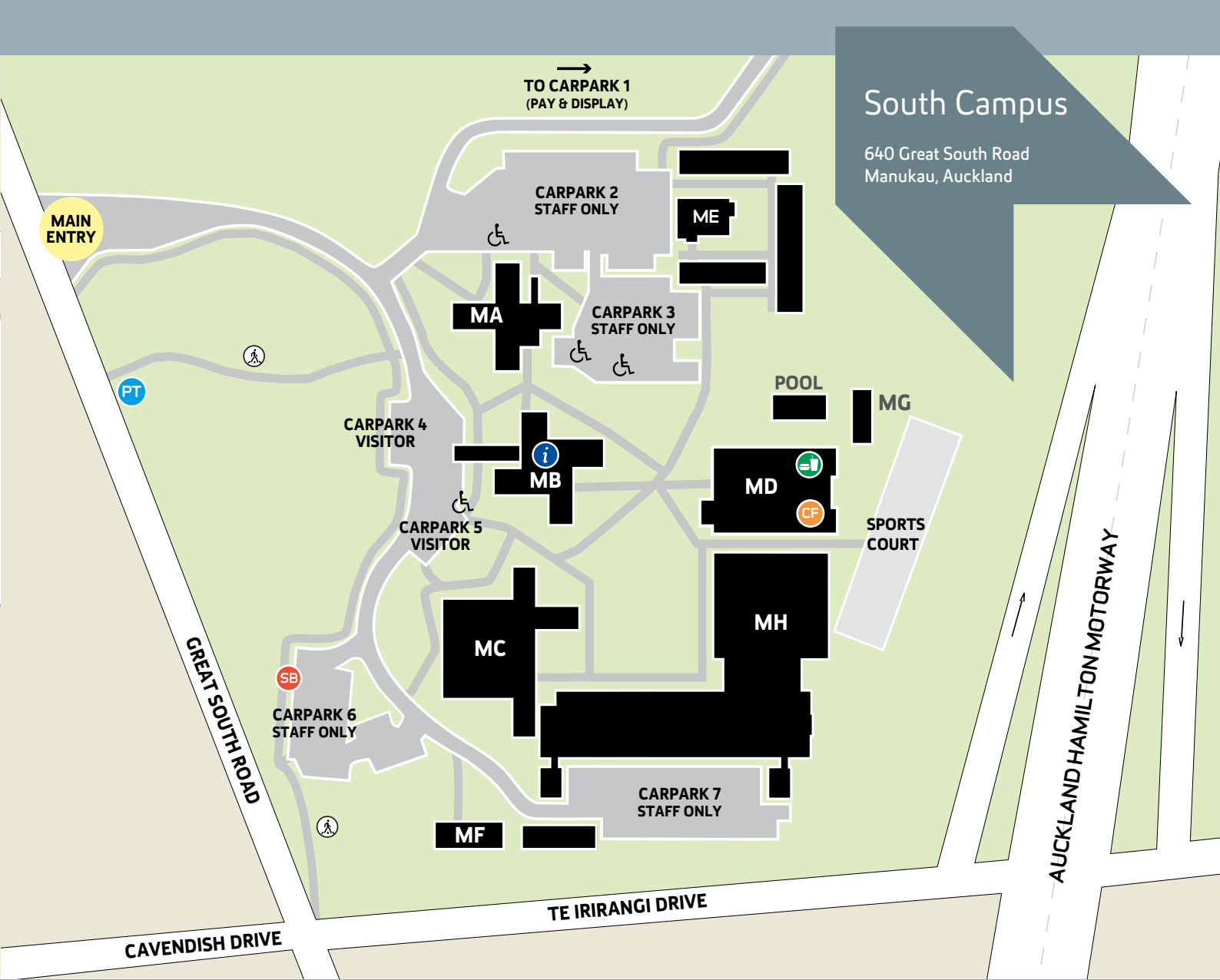


North Campus

90 Akoranga Drive
Northcote, Auckland

KEY

- AUT Student Hub
- Café
- Conference facility
- Pedestrian access
- Public transport
- Student lounge
- Mobility parks
- Swimming pool
- Track
- Covered pedestrian motorway overbridge
- Intercampus shuttle bus stop



AUT Millennium has a focus on human and sport performance research – it is home to Sports Performance Research Institute New Zealand (SPRINZ), The Human Potential Centre and Coach Development Centre, which is the base for Active Auckland Sport and Recreation.



0800 AUT UNI (0800 288 864)

Auckland University of Technology

Private Bag 92006

Auckland 1142

studenthub@aut.ac.nz

www.aut.ac.nz

CITY CAMPUS

55 Wellesley Street East, Auckland Central

NORTH CAMPUS

90 Akoranga Drive, Northcote, Auckland

SOUTH CAMPUS

640 Great South Road, Manukau, Auckland

Connect with us now:



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