

**AUT**

TE WĀNANGA ARONUI  
O TĀMAKI MAKAU RAU

**HEALTH  
SCIENCES**

UNDERGRADUATE  
PROGRAMME GUIDE 2027

**KNOWLEDGE  
THAT WORKS**

# Nau mai, haere mai ki AUT WELCOME TO AUT

E ngā mana, e ngā reo  
E te iti, e te rahi  
E ngā mātāwaka o ngā tōpito o te ao  
Ngā mahuetanga iho e kawē nei i ngā  
moemoeā o rātou mā  
Tēnā koutou katoa

Piki mai rā, kake mai rā,  
Nau mai, haere mai ki tēnei o ngā wānanga  
Whakatau mai i raro i te korowai āhuru o Te Wānanga  
Aronui o Tāmaki Makau Rau

Te whakatupu i te kōunga, i te mana taurite me ngā  
tikanga matatika, i ngā pūkenga ako,  
i ngā pūkenga whakaako me te āta rangahau hei hāpai  
i ngā hāpori whānui o te motu, otirā, o te ao.

To the prestigious, the many voices  
The few, the great  
To those of all races and creeds  
We who remain to fulfil the dreams and  
aspirations of the ancestors  
Greetings one and all

Climb, ascend  
Embark on the journey of knowledge  
Let us at AUT embrace and empower you  
To strive for and achieve excellence

To foster excellence, equity and ethics in  
learning, teaching, research and scholarship,  
and in so doing serve our regional, national  
and international communities.

# Ngā ihirangi CONTENTS

## About AUT

- 02 Why study at AUT?
- 04 Student life

## Course information

### Bachelor of Health Science

- 06 Overview
- 08 Case Management
- 09 Health Management
- 10 Public and Environmental Health
- 11 Counselling
- 12 Midwifery
- 13 Nursing
- 14 Occupational Therapy
- 15 Oral Health
- 16 Paramedicine
- 17 Perioperative Practice
- 18 Physiotherapy
- 19 Podiatry
- 20 Psychology

- 21 Bachelor of Health Science (Honours)
- 22 Bachelor of Health Science (Physiotherapy) (Honours)
- 23 Graduate Diploma in Psychotherapy Studies
- 24 Graduate Diploma in Health Science  
Graduate Certificate in Health Science

## Applying for your programme

- 26 University entrance
- 28 Fees and scholarships
- 30 How to apply
- 32 Find out more

Disclaimer: Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only for students and is subject to change. All students enrolling at AUT should consult its official document, the AUT Calendar, which is available online at [aut.ac.nz/calendar](http://aut.ac.nz/calendar), to ensure that they are aware of, and comply with, all regulations, requirements and policies. The information contained in this programme guide was correct at the time of print, December 2025.



# He aha ai e ako ki AUT? WHY STUDY AT AUT?

Scan this QR code for details about courses, where your study could lead and stories about our graduates and students.



1 2



3 4



1 Our Perioperative Practice Simulation Suite includes two operating theatres, a scrub bay and procedure room  
2 You complete approximately 1,000 hours of clinical experience as part of your physiotherapy degree 3 AUT offers the only university degree in paramedicine in New Zealand 4 The North Campus is home to AUT's health science programmes

Think all universities are the same? That's exactly why we built something different – a place where you belong exactly as you are and where your learning connects directly to real-world impact. We don't follow the usual university playbook, because different gets better results. Ready to see how?

## Confident in your future

Health careers start with trust – and you'll earn it early. Textbooks don't treat patients. You will. As one of the biggest health science education providers in the country, we prepare you for careers the world needs. Our students complete clinical placements in diverse settings, treat patients in our on-campus clinics before graduating and work alongside experienced practitioners. Small classes mean real mentorship from lecturers who know what professional practice demands. You'll graduate ready for the responsibility, because you've already been trusted with it.

## Built for the real world

Your learning connects to practice from day one. Our practical degrees include clinical placements, real patient interactions and the skills employers actually want. You won't just study anatomy; you'll apply it in simulation labs and clinical settings. You won't just learn about patient care; you'll deliver it under supervision. You won't just read about public health; you'll design interventions that make a difference. Workplace experience is built into your degree across public hospitals, private clinics and community settings, and many students land their first job through these placements. You'll learn alongside future nurses, physios, midwives and other health professionals – because that's how healthcare actually works.

## Industry-standard facilities

Theory matters, but the real work happens in our professional-grade spaces. You'll work in our on-campus health clinics offering services to real patients. Our simulation suites let you practise complex procedures safely before your clinical placements. From our perioperative practice simulation suite to our oral health clinic, our facilities mirror real healthcare environments. Everything is designed to prepare you for the places healthcare professionals work every day – because that's where you're heading.

## Research that shapes tomorrow

Our research tackles real-world health challenges – from trauma recovery to active ageing, from stroke prevention to biomedical innovation. We've led the world's largest study of problem gambling treatments, run New Zealand's only longitudinal study of Pacific Island families and created award-winning health apps. As a student, you'll learn from researchers who are shaping the future of healthcare, and what you're taught reflects what's happening now, not just what's in textbooks. You might even contribute to discoveries that change lives.

# Oranga Taurira STUDENT LIFE

**We see you. We back you. Your success is our mission. It's care you can feel every day. This is AUT.**

## You're seen from day one

Orientation isn't really about maps or lecture rooms; it's about connection. This is where you'll meet the people who'll message you notes when you miss class, hype you up before a big presentation and check in when life gets heavy. It's also where you'll prep for academic success, and find out where to get help when you need it and who'll have your back throughout your time here. And that care carries on long after your first week. When you drop into the Student Hub – whether it's on campus or online – you'll find caring staff who remember your face, ask how things are going and genuinely want to help you sort whatever you need sorted.

## Find your people

Over 90 clubs covering social, cultural, creative and special interests. Sports teams. Faith communities. Sustainability projects. Whatever your thing is, there's space for it – and if there isn't, start something new. You'll find recreation spaces and gyms where you can train or clear your head, social sports leagues where you can compete with mates, and opportunities to represent AUT through University and Tertiary Sport NZ. You'll find cafés and student lounges to hang out in, and places to grab food between classes. Throughout the year there are cultural festivals, guest speakers, performances and competitions; plenty of chances to get involved, try something different and make things happen.

## Communities where you belong

At AUT we celebrate diversity. We're proud to be a Pride Pledge university and we're deeply committed to Te Tiriti o Waitangi. Belonging isn't a slogan. It's real, everyday spaces where you don't have to explain yourself. You'll find Māori and Pacific communities where culture leads the way, rainbow spaces that feel safe and joyful; support built around what disabled, Deaf and neurodivergent students need to thrive; guidance for international students finding their place in Aotearoa, and advocacy that makes sure your voice is heard.

## Support that actually shows up

Uni is full of highs, lows and late night panic moments, and you're not expected to push through any of it alone. You'll have academic support that makes tricky assignments feel manageable, library research help when you're stuck, workshops to build your skills, counselling and medical care you can access without stress, practical help when money is tight – including food support and even laptops if you need them – and tech support that keeps your study running smoothly. Whatever you're facing, there's someone here who knows how to make it easier. And you can feel safe while you're here – our campuses are monitored 24/7.

## Your future starts now

Employability isn't something you leave until graduation – it's woven through everything you do. You'll get career advice from people who understand your industry and what it's like to move from university to the working world, events where you can meet employers throughout the year, job boards linking you to opportunities, and volunteering and leadership activities, and real-world projects that build your confidence. Whether you're exploring internships, starting your own venture with entrepreneurship support or studying overseas at one of our partner universities, you'll find momentum that carries you into what comes next.

## Want to know more?

Scan for full details on clubs, support services, campus facilities and everything else that makes AUT feel like your place.



# Bachelor of Health Science

## Overview

BHSc | AK3680

### QUICK FACTS

Level	7
Points	360
Duration	3 years full-time, part-time available <sup>1</sup>
Campus	North & South <sup>2</sup>
Starts	22 Feb & 12 July 2027 <sup>3</sup>

Healthcare needs you – and we'll get you ready. Our population is growing, living longer and facing new health challenges. At AUT, we don't just talk about these challenges, we prepare you to solve them. As New Zealand's largest health education provider, our programmes are shaped by those who know what's needed: district health boards, leading health organisations and the communities we serve. Whether you're heading for clinical practice or a non-clinical health role, you'll learn from people who lead their fields and genuinely want you to succeed. You'll graduate knowing you're ready for whatever healthcare throws at you, wherever your career takes you.

### Entry requirements

#### Minimum entry requirements

##### All majors

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) and Children's Act 2014 requirements, including police clearance

If there is a large number of applicants for a limited number of places in a programme, preference will be given to applicants with the highest rank scores and/or evidence of accomplishments in the relevant field.

For Midwifery, Nursing, Occupational Therapy, Oral Health, Paramedicine, Physiotherapy and Podiatry, applicants with English as a second or other language who have not completed at least three years of secondary schooling in Aotearoa New Zealand will be required to meet IELTS requirements.

##### Counselling<sup>4</sup>

Interview may be required

##### Midwifery<sup>5</sup>

- Must hold a valid driver's licence
- Will require satisfactory references
- Applicants will normally require 18 credits at level 3 in either Biology or Chemistry, and 16 credits in one subject from Art History, Classical Studies, Drama, English, Geography, Health Education, History, Media Studies, Social Studies, Te Reo Māori, Te Reo Rangatira

##### Nursing

- Will require satisfactory references
- Preference will be given to applicants with one subject from Art History, Classical Studies, Drama, English, Geography, Health Education, History, Media Studies, Social Studies, Te Reo Māori or Te Reo Rangatira, and one subject from Biology, Chemistry, Earth and Space Science, Physics, Science, Calculus, Mathematics, Statistics

##### Oral Health

- Preference will be given to applicants with Art History, Biology and one subject from Classical Studies, Drama, English, Geography, Health Education, History, Media Studies, Social Studies, Te Reo Māori or Te Reo Rangatira

##### Paramedicine

- Must hold a valid driver's licence
- Preference will be given to applicants with one subject from Art History, Classical Studies, Drama, English, Geography, Health Education, History, Media Studies, Social Studies, Te Reo Māori or Te Reo Rangatira, and one subject from Biology, Chemistry, Earth and Space Science, Physics, Science, Calculus, Mathematics, Statistics

#### English language requirements

##### Midwifery

IELTS (Academic) 7.0 overall with 6.5 or higher in Reading and Writing, and 7.0 in Listening and Speaking

##### Nursing, Paramedicine, Perioperative Practice

IELTS (Academic) 6.5 overall with all bands 6.5 or higher; or equivalent

##### Occupational Therapy, Oral Health, Physiotherapy, Podiatry

IELTS (Academic) 7.0 overall with all bands 6.5 or higher

##### Other majors

IELTS (Academic) 6.0 overall with all bands 5.5 or higher; or equivalent

#### Useful New Zealand school subjects

Biology, Chemistry, Health, Physical Education, Psychology, Science, Art History, Classical Studies, Drama, English, Geography, Health Education, History, Media Studies, Social Studies, Statistics, Te Reo Māori, Te Reo Rangatira

1. Part-time study is available for the Bachelor of Health Science without a major, and the Case Management, Counselling, Health Management, Psychology, and Public and Environmental Health majors.
2. **South Campus:** Counselling, Health Management, Midwifery, Paramedicine, Perioperative Practice, and Public and Environmental Health.  
**North & South Campus:** Bachelor of Health Science without a major.  
**North Campus:** Case Management, Nursing, Occupational Therapy, Oral Health, Physiotherapy, Podiatry, Psychology.  
**Distance delivery (Northland):** Midwifery, Oral Health, Podiatry, Perioperative Practice.

These subjects can give you a good foundation if you're planning to study health science, but be aware that some of our programmes require specific school subjects as part of their entry requirements – refer to the minimum entry requirements on page 6 and 7.

### Your study options

Start with courses that give you a solid grounding in anatomy and physiology, human development from conception to old age, and health and environmental perspectives in Aotearoa New Zealand and beyond.

Then you'll focus on one of:

- Case Management
- Counselling
- Health Management
- Midwifery
- Nursing
- Occupational Therapy
- Oral Health
- Paramedicine
- Perioperative Practice
- Physiotherapy
- Podiatry
- Psychology
- Public and Environmental Health

For more details, see pages 8–20.

As you progress, you'll specialise in your chosen area and tackle complex health issues. Workplace experience is built in, and you can include Māori health courses to deepen your understanding.

Prefer flexibility? Study the Bachelor of Health Science without a major – ideal for tailoring your degree to your interests and preparing for a wide range of non-clinical careers.

Apply early. We can only assess your application once all requested information is provided.



Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



"Podiatry is usually a small cohort of students, so my classmates and I were always very close. The lecturers were very easy to approach and easy to get along with. There were a lot of opportunities for questions and discussions. This made for a very enjoyable study experience. I was invited to be part of an interprofessional health programme developed by AUT, contributed to a published research paper, and served as a delegate for the World Interprofessional Health Conference held at the AUT City Campus. I was also fortunate to be a student representative in all three years of my podiatry degree, meeting with the head of the faculty to represent my cohort."

**Keegan Pook**  
Ngāti Whātua  
Sports Podiatrist/Clinical Director of Podiatry, Axis Sports Medicine  
Bachelor of Health Science (Podiatry)

## Case Management

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One patient. Multiple healthcare providers. Endless appointments. Someone needs to connect the dots. That's you. As a case manager, you're the person who sees the whole picture – not just the medical chart. You'll navigate complex health systems alongside clients and families, making sure care works for real people living real lives. By the time you graduate, you'll have managed real cases, navigated real systems and advocated for real people.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. In Semester 2 you're introduced to case management; learning wellness principles, health records systems, and how to advocate for patients trying to navigate the healthcare system.

#### YEAR 2 & 3

This is where theory meets reality. You'll master case management processes from assessment and planning through to implementation and evaluation. But this isn't just theory; you'll learn to practise case management effectively by working with diverse clients and whānau, focusing on understanding people and their needs. You'll also advocate for better policies and environments that support rehabilitation.

### Workplace experience

Your final year includes 150 hours of workplace experience at organisations like Lifewise NZ, South Seas Healthcare Trust and AUT Integrated Health, where you'll coordinate care for real clients with complex needs. It's your chance to see how strategy shapes frontline care.

### Career opportunities

- Recovery coordinator and recovery partner roles with ACC
- Wellbeing navigator
- Health navigator with Pacific and Māori providers
- Community connector
- Employment services consultant
- Claims manager with private insurance companies



"You aren't just a number at AUT – the teaching staff were readily available, provided so much guidance and wanted to see their students do well. Because of the mentorship I received during my studies I was also offered the opportunity to work as a research assistant for AUT on a scoping review right after I graduated. The chance to have that kind of exposure – working on an academic paper fresh out the gate of finishing my degree, and to have my name listed in an international journal – is a big deal for me. I wouldn't have had this opportunity without the mentorship of my head of department, which is something I'll treasure for the rest of my career."

**Antonia Rosedale**  
Recovery Partner, ACC  
Bachelor of Health Science in Case Management with a minor in Interpreting

## Health Management

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Health management matters more than ever. Primary Health Organisations are evolving into one-stop-shop services, supporting patients with a mix of interconnected healthcare needs. Someone has to manage the administration side, making sure all patients' needs actually get met. If you want to move into the business side of healthcare without losing sight of why health matters, this is your path.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. In Semester 2 you'll explore health management, and the social and political forces shaping New Zealand's health and disability sectors; the funding models, policy decisions, and power structures that determine who gets care and who doesn't. This is where you learn why the system works the way it does.

#### YEAR 2 & 3

Now you build practical skills. You'll master health systems, industry tech and client needs in New Zealand's complex healthcare landscape. Across these two years you'll learn to work as a team, deliver culturally appropriate support and apply admin, management and mediation skills for your clients. You'll analyse and interpret health information and turn data into decisions – because decisions in health change lives.

### Workplace experience

Your final year includes 150 hours of workplace experience at organisations like ACC, Ember Services, AUT Integrated Health, South Seas Healthcare Clinic, Auckland Council, Southern Cross Group; Health, Quality and Safety Commission; Odyssey, Village Cooperative, WMDHB, Whānau Ora, Health Economics Consulting, and Oceania Healthcare. This is where you'll see firsthand how strategic decisions impact frontline care delivery. You could also work on research, teaching and innovation projects that put your ideas into action.

### Career opportunities

- District health board roles
- Roles in other Crown agencies
- Roles in private healthcare providers



"Coming from a refugee background, I chose this degree to make a meaningful impact on healthcare access for underserved communities. AUT was the ideal choice because of its inclusive culture, strong emphasis on practical experience, and the support it offers to students from diverse backgrounds. For me, a significant achievement was gaining confidence in my ability to analyse and address healthcare issues effectively through the collaborative projects and presentations. These experiences were instrumental in preparing me to tackle complex issues faced by vulnerable communities. I had a pivotal moment when I realised how strategic thinking and effective management could significantly improve healthcare delivery. This realisation inspired me to focus my career on advocacy for refugees and asylum seekers."

**Shamis Ismail**  
Asylum Seekers Advocate,  
Asylum Seeker Support Trust  
Bachelor of Health Science in Health Management

## Public and Environmental Health

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Public and environmental health is about stopping problems before they start, and reshaping systems so communities thrive. You'll learn to think preventatively and act on principles of human rights, health equity and social justice. The skills you'll gain prepare you to lead initiatives in mental health, violence prevention, youth and community development, healthy eating and fitness, workplace wellness, environmental sustainability, safe spaces, road safety and injury prevention, plus tobacco, alcohol and gambling controls. Because health isn't just about treatment – it's about creating change that lasts.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces public and environmental health, exploring the social determinants affecting people and communities. This is where you start seeing health as shaped by systems and environments, not just individual choices and behaviours.

#### YEAR 2 & 3

Now you develop practical skills and deepen your understanding of public and environmental health values and approaches. You'll learn the philosophies underpinning the field and how to apply them to help people – analysing health strategies, evaluating their effectiveness and contributing to initiatives that tackle local health challenges. You'll also learn how to communicate programmes across different media to reach people from all walks of life.

### Workplace experience

At the heart of your final year is 150 hours in organisations doing public and environmental health work: district health boards, territorial authorities, NGOs focused on health equity or community organisations. Recent placements included Healthy Families: Manukau, Manurewa-Papakura; Manurewa Marae: Whare Oranga, Auckland Council, Accessible: Environmental Health Management Services, The Asian Network Incorporated and Breast Cancer Foundation NZ. You could also work on research, teaching and innovation projects that put your ideas into action. It's where you turn learning into leadership – and start shaping healthier communities.

### Study options

You can combine this major with psychology and complete a double major in three years; giving you flexibility to shape your degree around your ambitions.

### Career opportunities

Roles in the public and private sectors in areas like:

- Sustainability
- Urban development
- Equity programmes
- Māori and Pacific health
- Digital arena – eHealth apps, serious games etc
- Social innovation and enterprise



"Public health and environmental health combines my desire to help others with my passion for fighting inequities and injustices in our health system. The avenues to pursue within public health are endless, and my degree equipped me with the tools to do so. I decided to also minor in Māori development to better educate myself on te ao Māori. This has enabled me to more deeply understand public health in the context of Aotearoa New Zealand. AUT has enabled me to be flexible and learn about the things I'm passionate about; the things that matter to me."

**Meg Harland**  
 Warm Dry Homes Co-ordinator,  
 Kootuitui ki Papakura  
 Bachelor of Health Science in Public and Environmental Health, with a minor in Māori Development

## Counselling

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Most people have times in their lives when they need someone to listen, without judgement. To be present and support them while they work through challenges. As a counsellor, that's what you will do – help people understand themselves, navigate difficult feelings, make decisions and create change in partnership. You'll learn relational and kaupapa Māori approaches, and complete 200 hours of practice with real clients, because this work can't be taught from textbooks; it has to be lived. Bicultural learning is part of that journey, through marae visits and applying Te Tiriti o Waitangi, so you're ready to work with people from every walk of life.

Preference will be given to applicants with appropriate experience.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. In Semester 2 you'll explore the history and theory of relational and kaupapa Māori approaches to counselling in small classes where your ideas get challenged and sharpened. You'll build core skills with focus on the client-counsellor relationship; where the real work happens.

#### YEAR 2

This is where theory becomes practice. You'll deepen your understanding of group dynamics, mental health, psychopathology, while starting your first placement with real clients. These are real sessions, with real breakthroughs and real challenges. All under the supervision from experienced counselling professionals.

#### YEAR 3

Now everything comes together. You'll continue your placements and complete the final courses, exploring health law and policy. It's the year you bring it all together – deepening your skills and confidence so you can support people with care and clarity.

### Workplace experience

Throughout your degree you complete a minimum of 200 hours of counselling practice, 20 hours of supervision<sup>1</sup>, plus 10 hours of cultural supervision as required by the New Zealand Association of Counsellors. You'll work with clients navigating life's challenges, building skills that no textbook can teach.

1. There's an additional cost for this supervision.

### Career opportunities

- Community counselling agencies
- Counsellors in schools
- Mental health providers
- Māori health providers
- Pacific health providers
- Refugee and migrant services

When you graduate you'll be eligible to apply for provisional membership of the New Zealand Association of Counsellors (NZAC) to begin practising as a counsellor.



"One of the main highlights of my time at AUT was the consistent emphasis on reflection and self-awareness in the counselling degree. This positively impacted my learning. Critical reflection was a necessity in the degree as this impacts how we practise as counsellors. It was majorly helpful as a student, but also as an emerging counsellor. It helped deepen my understanding of how theory, self and relational practice intersect, rather than treating learning as purely academic or outcome focused. I experienced the lecturers as genuinely engaged with students as individuals, with an ability to recognise and work to people's strengths. There was always space for dynamic discussion, an openness to our ideas, and a strong emphasis on the evolution of our learning, and relational process with clients and also peers."

**Indi Mathias**  
 Senior Mental Health and Addictions Advisor,  
 Whakarongorau Aotearoa  
 Bachelor of Health Science in Counselling

## Midwifery

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Pregnancy and birth are powerful experiences – and midwives honour that. At AUT you'll learn to provide expert care while respecting each woman's choices and experience. You'll walk alongside women and whānau through pregnancy, birth and the postnatal period, supporting them with knowledge and compassion. More than half your degree happens in real clinical settings because you can't learn to support birth from a lecture theatre; you learn it by being there. By the time you graduate, you'll have the confidence and practical experience to lead care when it matters most.

### What you study

The Bachelor of Health Science (Midwifery) is a four-year, 480-point programme.

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. In Semester 2 you start exploring midwifery practice, learning how to provide safe, competent and culturally respectful care within the scope of normal childbirth. It's the start of your journey; developing confidence and understanding before you step into clinical settings.

#### YEAR 2 & 3

This is where you deepen your understanding of midwifery as art, science and practice. You'll study pharmacology specific to pregnancy and childbirth, complications that require intervention, newborns with special needs, and women's health across the lifespan. These years prepare you for the complexity and beauty of professional practice.

#### YEAR 4

Now you spend 80% of your time in placements. You'll work alongside lead maternity carer midwives in the community, and in primary and secondary maternity hospitals. You'll support women through pregnancy, attend births and provide postnatal care. This is where everything clicks; where you become a midwife.

### Workplace experience

Throughout your degree you complete 2,400 practice hours:

- **Year 1:** 150 hours (simulation and skills on campus)
- **Year 2:** 450 hours
- **Year 3:** 600 hours
- **Year 4:** 1,200 hours

That's not just observation. It's being there when life changes – supporting whānau, guiding choices and helping birth unfold safely and beautifully.

To apply for this degree, the programme code is AK1035.

### Career opportunities

Midwives support families through pregnancy, birth and the first six weeks after. You can work in public hospital services or choose community practice as a self-employed midwife.



"AUT's Bachelor of Health Science (Midwifery) is humbling and very rewarding – you get to work under the partnership model where you get to form incredible relationships with families and be part of their life from the day they find out they're pregnant to when they have their baby. I loved going on clinical placements in birthing suites, maternity postnatal wards and even high-risk environments like Auckland Hospital. There's a sense of humility to being accepted as a part of these women's pregnancy journeys. Studying to become a midwife has always been a deep passion of mine and I was ever so grateful that AUT offers this programme. I also appreciated the support I've received from the AUT Student Hub, the AUT Library, AUTSA and other refugee and resettled community support services."

**Louise Nibarema**  
Registered Midwife, Te Whatu Ora – Health New Zealand – Waitematā  
Bachelor of Health Science (Midwifery)

## Nursing

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Nurses don't just work in healthcare – they hold it together. The 2am conversations. The medication that needs giving now. The family needing answers. The patient who's scared. AUT-trained nurses are recognised as some of New Zealand's best. We don't pretend that you can learn nursing from a textbook – you'll develop practical nursing skills in our simulation suites, then move into hospitals, community centres or mental health services. Interprofessional practice isn't a buzzword here; it's how we teach because it's how healthcare works.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. In Semester 2 you'll build nursing knowledge and skills while learning health service delivery – the systems you'll work within and around. Small classes mean more personal attention from lecturers who are often still working in clinical practice.

#### YEAR 2

This is where you learn to nurse people; not just conditions. Community placements across Auckland's health networks put you in hospitals and communities, disability schools, acute and chronic illness settings, mental health services. You'll develop hands-on skills and clinical decision-making to make sure you offer the best possible care for patients.

#### YEAR 3

Now you tackle complexity – caring for people across the lifespan and supporting their families in diverse settings. You'll build your clinical skills while sharpening your reasoning under pressure and learning to make decisions when conditions don't fit the textbook. Along the way, you'll explore developmental and rehabilitation challenges as real life presents them – messy, unpredictable and deeply human.

### Workplace experience

Throughout your studies you'll complete 1,000 hours of practical experience across a range of real clinical environments. That means shiftwork (including nights), caring for people in genuine moments of need and working alongside registered nurses as you take on more responsibility under supervision. Recent students have worked at Starship (paediatric), Community Alcohol and Drug Services (CADS), Mason Clinic (forensic mental health), aged residential care, emergency and critical care departments (including operating theatres) and primary healthcare settings. In your final semester you'll complete a 360-hour extended placement where everything you've learnt comes together in practice.

To apply for this degree, the programme code is AK3324.

### Career opportunities

Graduates who pass the Nursing Council of New Zealand's State Examination gain registration as a Registered Nurse. That registration gives you scope to specialise in health service delivery and work with organisations across the health sector.



"The theoretical part of the nursing degree prepared us for real-life situations during our clinical placements where we got hands-on experience to reinforce what we learned. I loved the variety of clinical placements – I had the chance to work in community nursing, operating rooms, rest homes, mental health clinics and hospital wards. These diverse experiences not only improved my skills in each area but also helped me figure out what I want to focus on in my future career. The nursing programme was also instrumental in fostering a sense of belonging for myself and fellow Māori and Pacific students. Through the establishment of Pacific and Māori cohorts, the programme ensured a culturally safe environment where we could learn and thrive surrounded by our community. This inclusive approach not only promoted a sense of ease but also enhanced our learning experience."

**Rachel Suesue**  
Registered Nurse, Auckland City Hospital  
Bachelor of Health Science (Nursing)

## Occupational Therapy

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Life isn't just about getting by – it's about living fully. Occupational therapists make that possible. You'll work with kids learning to hold a pencil, adults rebuilding life after stroke, older people wanting to stay in their homes and communities designing accessible spaces. Sometimes you help the person. Sometimes you change their environment. Sometimes you adapt the activity. Whatever it takes to remove the barrier between someone and the life they want to live. At AUT, you'll learn to do that through real-world placements, collaborative projects and an approach grounded in equity and evidence.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces you to occupational therapy and the meaning of different occupations, from a child learning to dress themselves to an adult returning to work after injury. You'll complete a supervised fieldwork practicum, putting theory into practice and seeing how occupational therapy changes lives.

#### YEAR 2

This is where you explore how illness or injury stops people doing what matters, and learn interventions that actually work. You'll study how the environment shapes what people can do, and understand the difference home modifications, workplace adaptations and assistive technology can make to someone's life. Fieldwork runs throughout this year so you can apply what you learn, build confidence and see the impact of occupational therapy in real settings.

#### YEAR 3

Now you learn to use evidence when working with individuals, communities, organisations or groups. You'll develop assessment and intervention skills that translate to real practice, and begin to understand how to change systems to enable participation – because sometimes the problem isn't the person. It's the building that needs a ramp or the workplace that needs flexibility.

### Workplace experience

Throughout your study you complete at least 1,000 hours across diverse settings. Recent placements included Te Whatu Ora and other organisations including hospitals, community services, Kaupapa Māori services, specialist schools, forensic services or private practice. By the time you graduate, you'll know you're ready – because you've already been doing the work.

To apply for this degree, the programme code is AK3410. There is also a pre-registration Master of Occupational Therapy Practice if you already have an existing degree. Visit [aut.ac.nz/healthsciences](http://aut.ac.nz/healthsciences) for details.

### Career opportunities

When you graduate you can apply to register as an occupational therapist in New Zealand and other countries. Occupational therapists work with all age groups, for example in:

- Primary Health Organisations (PHOs)
- Health centres and hospitals
- Residential care facilities
- Private practice
- Rehabilitation and ACC



"When I was studying occupational therapy at AUT, I was fortunate to complete one of the third-year placements at Odyssey, where I was asked to stay on as a casual support worker. After finishing my degree, I applied for a permanent practitioner role and have been here ever since. During my time at AUT, I built strong skills in clinical reasoning, therapeutic communication and culturally responsive practice; all of which I now use every day in my role at a residential addiction service. These skills enable me to support tāngata whaiora in reconnecting with meaningful roles, routines and their cultural identity as part of their recovery journey. All the occupational therapy lecturers were exceptional – so passionate about occupational therapy and always willing to share their experiences with us."

**Sandra Poole**  
Practitioner – Adult Services, Odyssey  
Postgraduate Certificate in Health Science  
in Mental Health and Addictions student  
Bachelor of Health Science  
(Occupational Therapy)

## Oral Health

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Oral health is essential to overall wellbeing – yet too many communities still face barriers to care. This degree prepares you to change that. Accredited by the Dental Council of New Zealand, it equips you to assess, diagnose, manage and prevent oral disease, and lead education and health promotion for individuals and communities. You'll combine theory with practice through lectures, workshops and tutorials, backed by hands-on training in our simulation clinic and AUT's oral health clinic, Niho Ora ki Manukau. Clinical learning is integrated throughout the programme, so you'll graduate confident, skilled and ready to make a real difference where it matters most.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces you to foundational knowledge of oral health. You'll also work with communities and create an oral health education programme; turning theory into action.

#### YEAR 2

This year builds on your first-year foundation. You'll deepen your understanding of the oral cavity through theory and practical learning, and become familiar with pharmacology. Semester 1 includes simulation and pre-clinical training, then you'll start assessing and treating real patients in AUT's oral health clinic, Niho Ora ki Manukau. This is the year you step into the role – thinking and working like an oral health therapist.

#### YEAR 3

Now it all comes together. You'll step into advanced clinical practice in community and private settings. You'll treat patients under supervision, building competence and confidence with every appointment. Alongside oral health courses, you'll study health law, professional practice and ethics. By the time you graduate you're not just qualified, you're ready to make an impact.

### Workplace experience

Clinical practice is embedded across all years – in AUT's simulation clinic, oral health clinic and community oral health service clinics. In your final year, you'll complete a block placement, which is typically 3 to 4 weeks.

To apply for this degree, the programme code is AK3113.

### Career opportunities

- Oral health therapist roles in community oral health services and private practices
- Opportunities in education and public health policy
- Registration with the Dental Council of New Zealand, with your qualification recognised in Australia



"AUT, including the dental clinics and simulation labs, offered unparalleled opportunities for hands-on learning and skill development. One standout moment at AUT was during my clinical rotations when I witnessed firsthand the transformative impact of preventive dental care on patients' lives. Another enlightening experience came during a research project on community dental health disparities. Engaging with local communities highlighted the many inequalities in access to dental care and education. These lightbulb moments have not only shaped my approach to oral health but have also fuelled my determination to make a positive impact in the field, ensuring that every patient receives the highest standard of care possible. Treating whānau who have never received dental education or care before, and then seeing the immediate improvement in their oral health and confidence, is incredibly rewarding."

**Shannel Yorke**  
Tapuika, Ngāpuhi  
Oral Health Therapist, Papamoa  
Bachelor of Health Science (Oral Health)

## Paramedicine

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Paramedicine is New Zealand's most trusted profession – and for good reason. When people call, they're often at their worst and you show up ready. At AUT, you'll learn from intensive care paramedics, emergency nurses, defence force medics, midwives, medical specialists and emergency management experts. Practical experience is built in, with clinical placements in ambulance services, hospitals, mental health facilities, ski fields and community health centres. You'll graduate with the confidence and real-world skills to handle whatever comes through that call.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces you to paramedicine and the practical aspects of pre-hospital emergency care in simulation suites that replicate what it's like to work as a paramedic. You'll learn about the clinical work environment, medical trauma and managing traumatic and acute medical emergencies. It's the start of thinking like a paramedic – understanding what happens before the hospital and why it matters.

#### YEAR 2

This is where theory turns into practice. You'll focus on cardiology and managing patients with altered haemodynamics – resuscitation, defibrillation, 12 Lead ECG, intravenous access and drug therapy. You'll also study pharmacology and research methods for paramedics, complete substantial clinical practice and learn ambulance operations including vehicle familiarisation and equipment management. By the end of this year, you'll be ready to take on more responsibility in real-world settings.

#### YEAR 3

Now it's about safe, integrated clinical practice across diverse scenarios, from resuscitation and mental health to primary care. You'll study health law and professional responsibilities, and prepare for employment through extended clinical placements. Clinical reasoning brings it all together – recognising patterns, making fast decisions under pressure and knowing you're ready for the realities of paramedic work.

### Workplace experience

Throughout your degree you complete approximately 1,000 hours across ambulance services, hospitals, mental health institutions, and community or primary health centres. These placements require mobility and shift work – just like the job you're training for. By graduation, you'll be ready for life as a paramedic and already know how to respond to real calls, treat patients and quickly make decisions.

### Career opportunities

- Paramedic
- International relief work
- Safety services and emergency management roles
- Medic on super-yachts and cruise liners
- Working on oil rigs, industrial sites or ski fields



"I wanted to have a career that excites and challenges me. As a paramedic every day is different, and you get to meet so many different people. I'd definitely recommend AUT's paramedicine degree to others. This programme has a great balance of theoretical and practical components, and all of the lecturers are so helpful and supportive. I really enjoyed being able to attend the clinical placements throughout my degree. You can interact with patients in real-life situations and put the skills you learn in class to use, as well as work alongside ambulance officers and other health professionals. This is where you gain the experience for life as a paramedic after university and make valuable connections."

**Eireann Hudner**  
Paramedic, St John  
Bachelor of Health Science in Paramedicine

## Perioperative Practice

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Operating theatres run on precision and teamwork. As an anaesthetic technician, you'll be at the centre of both – supporting patients through one of the most critical moments of their lives. At AUT you'll learn from experts who've worked in operating theatres and know what it takes. You'll practise in our simulation suites before stepping into clinical placements across operating theatre specialties. You'll graduate ready to apply to register with the Medical Sciences Council of New Zealand, confident that you can perform when every second counts.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces the theory and practice of anaesthesia and perioperative care in our simulation suites. You'll learn equipment management, patient monitoring and emergency protocols, plus how to manage traumatic and acute medical emergencies. It's the start of understanding what happens behind the theatre doors and why precision matters.

#### YEAR 2

This is where you deepen your knowledge and skills. You'll study research methods, pharmacology, surgery, haemodynamics and cardiology, while advancing your anaesthetic and perioperative practice skills. Clinical practice is an important part of the year, giving you the confidence to apply what you learn in real settings.

#### YEAR 3

Now it's about mastering safe, integrated practice. You'll build advanced anaesthetic and perioperative skills through more clinical work across diverse surgical specialties. You'll study clinical reasoning, life support, health law and policy, and clinical risk management – everything you need to work effectively in high-pressure environments where accuracy counts.

### Workplace experience

Throughout your degree you complete around 1,100 hours of clinical placement in perioperative settings – public and private hospitals, operating rooms, post-anaesthetic care units and resuscitation teams. These placements require mobility and shift work, and may be anywhere in New Zealand. By the time you graduate, you'll have real experience in high-pressure environments and the confidence to step straight into the role.

### Career opportunities

Anaesthetic technicians can work at District Health Boards (DHBs) or private hospital organisations. With this degree you'll be highly employable throughout New Zealand.



"The opportunity to go on clinical placements right from the get-go and experience different hospitals helped me develop my critical thinking skills and knowledge without even realising it most of the time. I found the lecturers I'd bump into on clinical placements particularly helpful. They were not only nurturing educators but also gave me confidence in their knowledge as they were still working clinically. It was nice to see them in action. The programme consisted of multiple tutorials and assessments that required me to engage and collaborate with the people around me. This, alongside all the clinical placement opportunities, really enabled me to come out of my shell and engage with others, and it prepared me well for the highly collaborative environment I work in now."

**Emma Kenyon**  
Registered Anaesthetic Technician,  
Health New Zealand Waitematā  
Bachelor of Health Science in  
Perioperative Practice

## Physiotherapy

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Movement is essential to everyday life – but sometimes pain, injury, illness or loss of confidence can get in the way. Physiotherapists help people rebuild their strength, mobility and independence so they can get back to doing the things they love. At AUT you'll turn theory into action from early in your degree, learning from people who've worked in the field and building practical skills that stick. Our physiotherapy graduates are recognised worldwide for their expertise and impact, and you'll be ready to follow in their footsteps. You'll work with diverse communities and tackle real challenges – ageing, injury, disease and recovery – so when you graduate, you're ready to get people moving again.

### What you study

The Bachelor of Health Science (Physiotherapy) is a four-year, 480-point programme.

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces physiotherapy and body systems. This is where you start understanding human movement and what happens when it goes wrong.

#### YEAR 2

This year theory is about intervention. You'll learn to assess and treat movement problems using clinical reasoning and evidence-based practice, and build skills in rehabilitation, exercise-based approaches and physiotherapy techniques.

#### YEAR 3

Now you build more advanced assessment and treatment skills for complex conditions. You'll learn detailed assessment protocols and advanced treatment strategies, alongside reflective, professional and ethical practice. A two-week student assistantship gives you deeper immersion in physiotherapy settings and the confidence to handle complexity.

#### YEAR 4

Now it's about stepping fully into practice. Most of this year is spent in clinical centres completing supervised physiotherapy work across diverse settings. This is where you transition from student to physiotherapist.

### Workplace experience

Your degree includes about 1,000 hours of clinical experience – giving you the hands-on practice and professional confidence to step straight into physiotherapy work.

### Career opportunities

Physiotherapists specialise in sports, manual therapy, neurology, paediatrics, acupuncture, cardiothoracic illness, hand therapy, mental health, occupational health and older adults.



"My final-year clinical placements were a key highlight of my time at AUT. My placements were challenging and incredibly rewarding, and offered me the chance to work with a diverse range of patients, from athletes returning to sport, to stroke survivors relearning basic functions like walking, and individuals recovering from acute medical events. Each experience reinforced the profound impact we can have on people's lives working in healthcare and the deep fulfilment that comes from helping others. I particularly enjoyed the caseload during my clinical placement at Roland Jeffrey Physiotherapy, ranging from sports injuries to post-operative orthopaedic rehabilitation and chronic pain. This variety kept me continuously learning in a key area of interest."

**Aidan Scrooby**  
Physiotherapist, Roland Jeffrey Physiotherapy  
Bachelor of Health Science (Physiotherapy)

## Podiatry

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



Feet get ignored until they hurt – and then everything changes: walking, standing, staying active. That's where podiatry steps in, preventing, diagnosing, treating and rehabilitating conditions that affect the lower limb and foot. At AUT you'll turn knowledge into real-world care from early in your degree, learning from people who've worked in the field and building practical confidence that lasts. When you graduate, you'll be ready to apply to register as a podiatrist in New Zealand and overseas, and prepared for a career in both private practice and public health; helping people stay mobile and pain-free.

### What you study

#### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 brings podiatry into focus: clinical practice, musculoskeletal podiatry, and the anatomy and physiology behind it. This is where you start seeing how structure and movement connect, and what happens when they don't.

#### YEAR 2

Now you move from learning to doing. You'll focus on clinical podiatry techniques and, under supervision, start treating patients in AUT's on-campus clinic. At the same time, you'll deepen your understanding of pathology, diabetes and musculoskeletal conditions – connecting theory to real care and building your confidence.

#### YEAR 3

This year you take on complexity. You'll study rheumatology, diabetes management and podiatric imaging, and develop the clinical decision-making skills to work independently – knowing when to treat and when to refer. This is the year you start thinking like a practitioner, not just a student.

### Workplace experience

Placements aren't just part of the programme – they're where you become a podiatrist. You'll work in hospitals, primary health organisations, private practices and AUT's on-campus clinic, applying what you've learnt in real settings. Your final year includes an extended placement across public and private sectors, giving you exposure to interprofessional teams and the confidence to step into practice.

### Career opportunities

To work as a podiatrist you need a degree in podiatry and be registered by the Podiatrists Board of New Zealand. Qualified New Zealand podiatrists can practise in Australia, Singapore, and the United Kingdom. You could work in sports, high-risk foot and older adult podiatry.



"For me, the highlights at AUT included the podiatry camp in my first year, making lifelong friends and getting to apply the knowledge we learned in lectures from day one. My studies at AUT provided the foundation for the clinical skill base and knowledge I have today. I'm also proud of receiving an AUT Blue Award while I was at AUT, which recognised my commitment to playing AFL in addition to my studies. I'm now the director and principal podiatrist at JC Podiatry Limited, and my work involves building strong relationships and rapport with patients, providing them with the best lower limb care options available and returning them to the activities they love. My role involves incorporating sports medicine, injury management, diabetic foot care, aged care, skin and nail care, and a wide variety of other best practice options."

**Jackson Cline**  
Principal Podiatrist & Director,  
JC Podiatry Limited  
Bachelor of Health Science (Podiatry)

# Psychology

Scan this QR code for details about courses, where your study could lead, and stories about our graduates and students.



People are complicated. They say one thing, do another and make choices that don't make sense. Psychology helps you understand why – not with guesswork, but with science. At AUT you'll go beyond theory; learning how research, ethics and legal frameworks shape real-world practice. You'll explore what drives behaviour and how evidence-based insights can change lives, workplaces and communities. And when you graduate, you'll have the scientific rigour and interpersonal skill to turn understanding into action; ready to make an impact wherever you choose to work.

## What you study

### YEAR 1

Semester 1 is the same for all health sciences students – building your foundation in general healthcare. Semester 2 introduces the principles, theories and methods of psychological practice and research. This is where you start seeing behaviour as something you can study, measure and explain through science.

### YEAR 2

This year you go deeper. Depending on your pathway, you'll explore abnormal psychology to understand mental health conditions, cognitive psychology to see how people think and decide, or social psychology to uncover how context shapes behaviour. Each area gives you a different perspective on behaviour – helping you understand patterns, decisions, and the forces that shape how people think and act.

### YEAR 3

Now you sharpen your thinking for real-world psychology. You'll learn to work ethically and critically in professional contexts, and choose courses that fit your ambitions – psychological analysis and assessment, biopsychology linking brain and behaviour, positive psychology focused on wellbeing, health psychology exploring illness and recovery, and intervention approaches for supporting change. By the end of this year, you'll have the insight and practical skills to apply psychology where it matters most.

## Study options

You can combine this major with public and environmental health and complete a double major in three years, or study psychology alongside the Bachelor of Business to earn two separate degrees in just over four years. This gives you flexibility to shape your degree around your ambitions.

## Career opportunities

- Government, health and social services roles
- Customer service
- Human resources
- Management development programmes
- Marketing
- Policy analysis and development
- Psychologist<sup>1</sup>
- Social research

1. Registration as a professional psychologist requires postgraduate study. AUT offers a pathway to registration as a counselling psychologist.



"I was intent on finding out more about how the mind works, and how I could apply this in my day-to-day life. I became really passionate about seeing how I could apply this in a human resources role, and using what I had learnt to contribute to wellbeing, learning and development in an organisation. AUT stood out as a university that valued creativity and collaboration, with a hands-on approach to learning and some amazing lecturers – enrolling at AUT was a no-brainer really. I'm lucky to now work in a tight-knit HR team, in a business of approximately 550 staff. It's the people that make it happen, and my role is about supporting them, which I'm really passionate about."

**Caitlin Hardy**  
People & Culture Advisor, Hawkins  
Bachelor of Health Science in Psychology

# Bachelor of Health Science (Honours)

Scan this QR code for course details and where this qualification could lead you.



BHSc(Hons)Psych | AK3662

## QUICK FACTS

Level	8
Points	120
Duration	1 year full-time, part-time available
Campus	North
Starts	22 Feb 2027

Psychology changes lives – now show how your research can too. This one-year honours programme gives you the chance to investigate a specific area of psychology in depth and prove what you're capable of. Designed for high-achieving graduates of the Bachelor of Health Science in Psychology, it's your edge for a standout CV and a fast track into doctoral study.

## Entry requirements<sup>1</sup>

### Minimum entry requirements

Completed the Bachelor of Health Science with a B+ grade average or higher in level 7 courses in the selected subject area for this degree, or equivalent.

### Selection criteria

Interview will be required

### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

## What this qualification covers

You'll shape your own path with advanced courses and a research dissertation on a psychology topic that matters to you, backed by academics who know what real practice demands. Your study is designed around your goals, so every step moves you forward.

Your psychology courses cover theory and interventions you'll use in practice. Add two years of postgraduate study after your honours degree and you'll be eligible for professional registration – opening doors to careers where you make a real impact.

1. Potential students are usually identified in the third year of their bachelor's degree. Your individual course of study will need to be approved by the programme leader.

# Bachelor of Health Science (Physiotherapy) (Honours)

Scan this QR code for course details and where this qualification could lead you.



Complex health needs demand advanced skills – and this degree delivers. An ageing population with chronic conditions is driving demand for physiotherapy services and physiotherapists who can lead with clinical research. This is where this programme comes in. Top students in the Bachelor of Health Science (Physiotherapy) will be invited to apply, and you'll graduate with advanced research skills for doctoral-level study and a career built on evidence and impact.

## Entry requirements

### Minimum entry requirements

- Must have completed 180 points at level 6 and 60 points at level 7 from the Bachelor of Health Science (Physiotherapy) with a B+ grade average or higher.
- A student who has already graduated with a Bachelor of Health Science (Physiotherapy) may not be admitted to the Bachelor of Health Science (Physiotherapy) (Honours).
- Admission is subject to the approval of the dean (or representative).

### Selection criteria

Interview may be required

### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

## What this qualification covers

### YEARS 1 & 2 AND SEMESTER 1, YEAR 3

You'll start in the Bachelor of Health Science (Physiotherapy) and need to meet the required academic standard to be invited into the honours programme. If you're accepted, the courses you've already completed will transfer to your honours degree.

### SEMESTER 2, YEAR 3

You'll take three courses to sharpen your physiotherapy practice and a research methods course to set you up for your dissertation.

### YEAR 4

Your final year runs in four teaching blocks. The first three focus on completing advanced clinical practice courses, building your confidence to handle complex cases. In the last block, you'll complete your honours dissertation – a chance to shape ideas that improve care and make a real difference for patients.

1. Invited students will start this honours degree after the first semester of Year 3 of their Bachelor of Health Science (Physiotherapy).

# Graduate Diploma in Psychotherapy Studies

Scan this QR code for course details and where this qualification could lead you.



Turn your experience into a pathway to practice. The Graduate Diploma in Psychotherapy Studies is for health professionals, volunteers and anyone ready to specialise in psychotherapy. You'll explore human experience and behaviour in depth, supported by a learning environment that values empathy, connection and integrity.

Graduates who go on to complete the Master of Psychotherapy can apply for provisional membership with the New Zealand Association of Psychotherapists or the New Zealand Association of Child and Adolescent Psychotherapists (depending on your study focus), and register under an interim scope of practice with the Psychotherapists Board of Aotearoa New Zealand.

## Entry requirements

### Minimum entry requirements

- A bachelor's degree OR
- Relevant professional qualification or experience approved by the dean (or representative) to be equivalent to a bachelor's degree
- Interview may be required

The recommended background includes:

- Having engaged in at least six months of your own personal psychotherapy
- Evidence of people-helping experience (like counselling or similar)

### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

## What this qualification covers

You'll build strong foundations in psychotherapy theory and core skills, while deepening your understanding of human experience and behaviour. Expect plenty of self-awareness and learning that connects theory to real practice. Personal psychotherapy is part of the learning – it helps you grow as a practitioner and as a person.

If you're focusing on adult psychotherapy, you'll take courses in areas like mental health, psychopathology and psychotherapy. If your path is child and adolescent psychotherapy, you'll explore psychoanalytic concepts and theory, and develop skills in observing infants, children and adolescents.

BHScPhty(Hons) | AK4662

## QUICK FACTS

Level	8
Points	480
Duration	4 years full-time
Campus	North
Starts	12 July 2027 <sup>1</sup>

## Career opportunities

You'll graduate ready to meet the preparatory education requirements for registration as a physiotherapist in Australia and New Zealand. This programme also gives you advanced research and critical thinking skills for postgraduate study at master's or doctoral level – and sets you up to start a clinical research career that shapes better outcomes for patients.

GradDipPsychotherapySt | AK3580

## QUICK FACTS

Level	7
Points	120
Duration	1 year full-time, part-time available
Campus	North
Starts	22 Feb 2027

## Career opportunities

This programme builds on the skills you already have, adding depth for roles where forming strong professional relationships is essential. It also meets the entry criteria for the Master of Psychotherapy – your next step toward becoming a registered psychotherapist.

# Graduate Diploma in Health Science Graduate Certificate in Health Science

Scan this QR code for course details and where this qualification could lead you.



Health careers don't always start with a three-year degree – and that's where these programmes come in. If you've built experience in health, sport or recreation and want a recognised qualification in your field, or you have a degree in another discipline but don't meet postgraduate entry criteria, this is your next step. You'll choose courses from the Bachelor of Health Science or Bachelor of Sport, Exercise and Health and shape a study plan that fits your goals.

### Entry requirements

#### Minimum entry requirements

- A bachelor's degree OR
- Relevant professional qualification or experience approved by the dean (or representative) to be equivalent to a bachelor's degree

#### English language requirements

IELTS (Academic) of 6.5 overall with all bands 6.0 or higher; or equivalent.

If you're taking clinical health science courses, you need to meet the requirements for the relevant Bachelor of Health Science subject area.

### What these qualifications cover

You'll design a study plan that's uniquely yours – and we'll back you with expert advice to choose courses that match your goals.

Subjects you can study include:

- Addictions
- Lived experience
- Psychology
- Renal physiology

You can also add other approved courses from the Bachelor of Health Science or the Bachelor of Sport, Exercise and Health to broaden your expertise.

## Graduate Diploma in Health Science GradDipHSc | AK1013

### QUICK FACTS

Level	7
Points	120
Duration	1 year full-time, part-time available <sup>1</sup>
Campus	North & South <sup>2</sup>
Starts	22 Feb & 12 July 2027

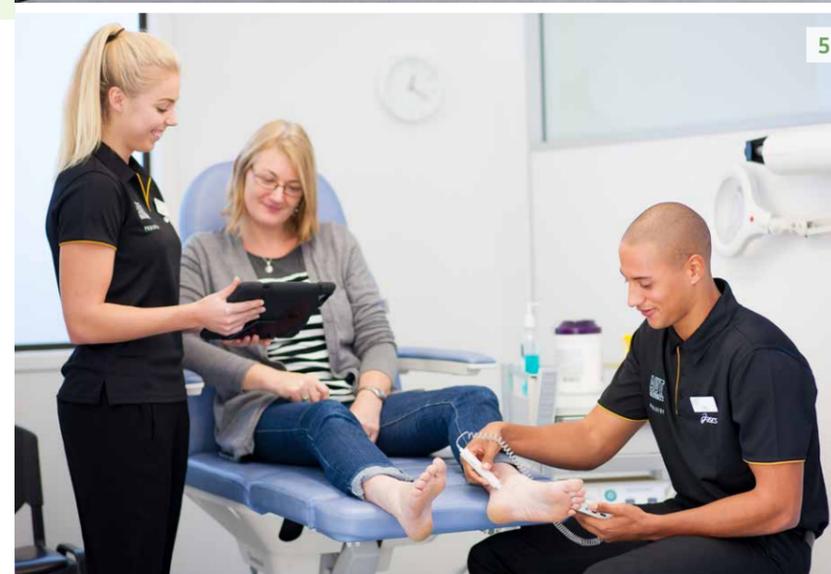
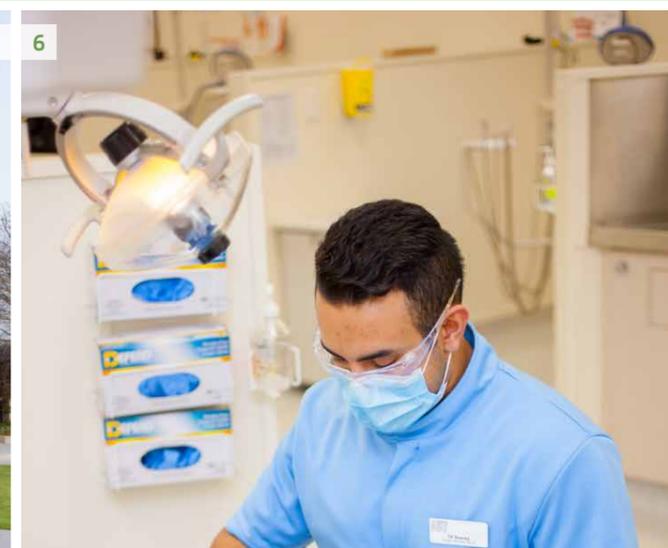
## Graduate Certificate in Health Science GradCertHSc | AK3757

### QUICK FACTS

Level	7
Points	60
Duration	½ year full-time, 1 year part-time <sup>1</sup>
Campus	North & South <sup>2</sup>
Starts	22 Feb & 12 July 2027



1 Our occupational therapy degree is intensive and hands-on, with learning in class and in real clinical settings  
2 Throughout your nursing studies you complete 1,000 hours of practical experience in hospitals and in the community  
3 Study midwifery at AUT's South Campus in Manukau or via distance learning  
4 If you're studying at the North Campus, you could be based at Tukutuku – AUT's newest building  
5 AUT is the only university in New Zealand where you can study a podiatry degree  
6 Gain experience in our oral health simulation laboratory, and clinical experience at AUT's oral health clinic



1. As not all courses are offered every semester, it may not be possible to complete the qualification in the timeframe specified.  
2. Not all courses are offered at both locations.



## University admission to AUT bachelor's degrees

### University admission to AUT bachelor's degrees

If you're a New Zealand citizen or resident – or an international student finishing high school here – you'll need University Entrance to start a bachelor's degree. Some programmes ask for extra steps like certain subjects or an interview, so check what applies to you.

### Admission categories

You may be granted University Entrance under:

- NCEA University Entrance
- Ad Eundem Statum admission (at an equivalent level) – this includes Cambridge Assessment International Education (CAIE) and International Baccalaureate Diploma Programme (IB)
- Discretionary Entrance
- Special Admission

To find out more about entry requirements, including entry requirements for international students, scan the QR code on the opposite page.

## English language requirements

If you don't have English as your first language, you may have to show evidence of your English language skills. Visit [aut.ac.nz/englishrequirements](https://www.aut.ac.nz/englishrequirements) for details about English language testing and recognised English tests.

## International students

Contact us for information regarding studying at AUT if you're not a citizen or permanent resident of New Zealand or Australia, or a citizen of the Cook Islands, Niue or Tokelau islands.

Visit [aut.ac.nz/int/entryrequirements](https://www.aut.ac.nz/int/entryrequirements) for entry requirements for specific countries. If you have any questions, you can contact us at [aut.ac.nz/enquire](https://www.aut.ac.nz/enquire)

## UniPrep programme

Want to ease into university life? UniPrep runs for five weeks every January and February, giving you the best possible start. You'll advance your study skills, make friends, join team activities, find support and complete your first university course. Once you're part of our UniPrep whānau, we've got you.

Visit [aut.ac.nz/uniprep](https://www.aut.ac.nz/uniprep)

## NCEA university entrance

You must achieve all of the below:

Level 3 (60 credits)	UE Literacy	Numeracy
<p>Within the 60 credits, you need to at least achieve the below:</p> <ul style="list-style-type: none"> <li>14 credits in approved subject 1</li> <li>14 credits in approved subject 2</li> <li>14 credits in approved subject 3</li> <li>18 credits from any Level 3 standards</li> </ul>	<ul style="list-style-type: none"> <li>5 Reading credits (Level 2 or 3)</li> <li>5 Writing credits (Level 2 or 3)</li> </ul>	<ul style="list-style-type: none"> <li>10 Numeracy credits at Level 1, 2 or 3</li> </ul>

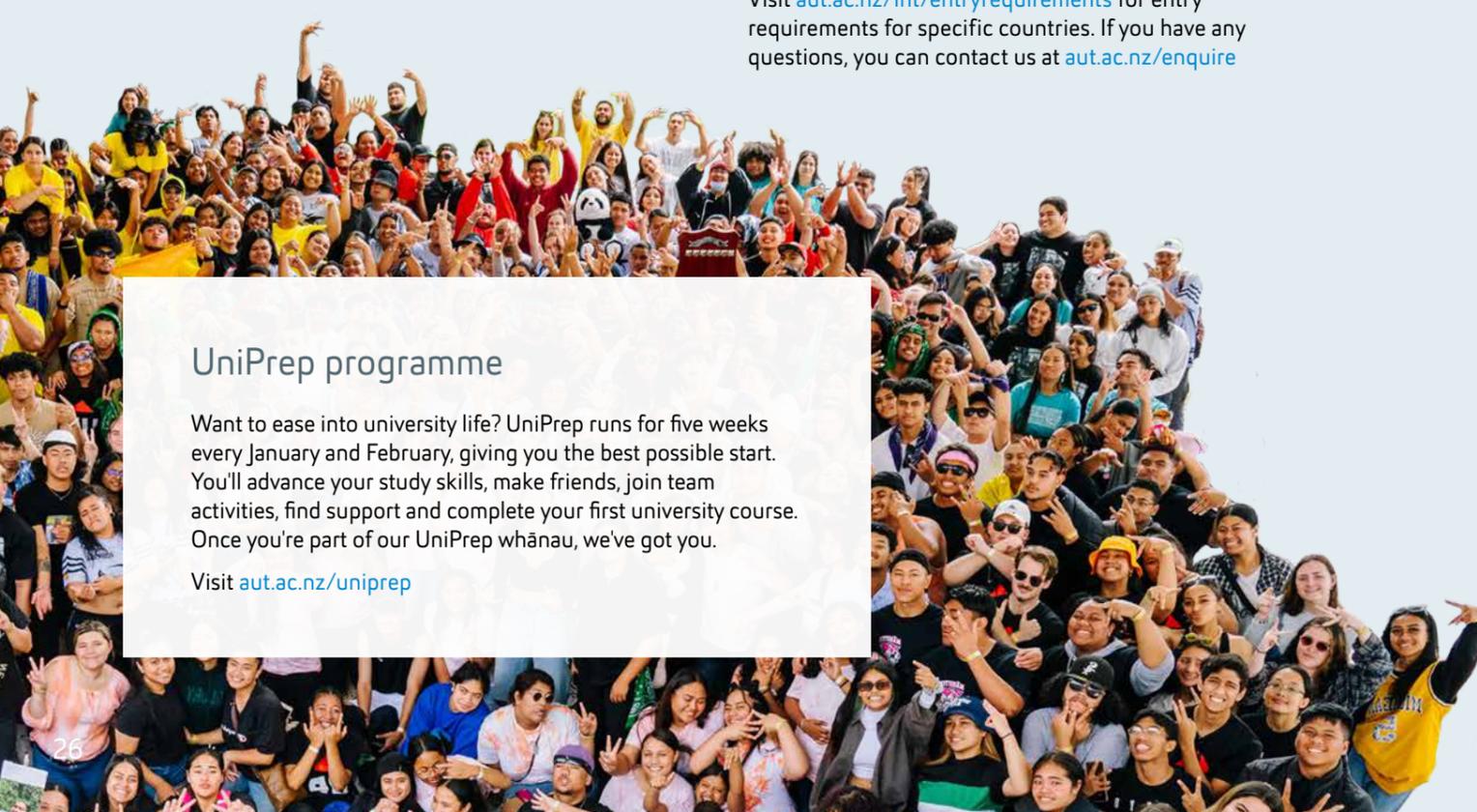
To find out more visit [www2.nzqa.govt.nz/ncea/understanding-secondary-quals/university-entrance](https://www2.nzqa.govt.nz/ncea/understanding-secondary-quals/university-entrance)

This guide is for students in Year 10 or above in 2026. If you're in Year 9 or below, NCEA is changing. You'll work towards the New Zealand Certificate of Education and the New Zealand Advanced Certificate of Education instead.

## Getting UE through CAIE or IB? Here's what you will need:

CAIE		
120 points on the New Zealand CAIE Tariff at A or AS level in any subjects that are broadly equivalent to NCEA approved subjects	E or above in English Language, Language and Literature in English or Literature at AS or A level	D or above in IGCSE or GCSE Mathematics, or any mathematics subject passed at AS or A level
D or above in at least 3 different subjects (excluding Thinking Skills)		
IB <sup>1</sup>		
IB Diploma with a minimum 24 points	Literature or language and literature (SL or HL) – IB Group 1, with English as the language	Any mathematics subject – IB Group 5

1. New Zealand residents who have taken IB but have not been awarded the diploma may apply for discretionary entrance.



# Ngā utu whakauru, ngā karahipi FEES & SCHOLARSHIPS

Your education is an investment worth making. Here's what you need to know about AUT tuition fees and how to fund your degree – from scholarships and student loans to allowances and financial support when life gets complicated.

To give you an idea of approximate costs, the 2026 tuition fees are shown below (based on full-time study and completing 120 points per year). All fees are in NZ dollars and include GST. The 2027 tuition fees will be advertised on [aut.ac.nz/fees](http://aut.ac.nz/fees) as soon as they have been set. You may also need to pay additional fees for course materials or elective courses (check with your faculty if there are additional fees for your programme).

## Domestic student tuition fees

### Undergraduate programmes

**Fee (per year):** \$4,706.80 (for 60 points)–  
\$13,866.60 (for 120 points)<sup>1</sup>  
(\$4,096–\$12,645 tuition fees  
+ \$610.80–\$1,221.60 student services levy)

### Postgraduate programmes

**Fee (per year):** \$11,851.60 (for 120 points)<sup>1</sup>  
(\$10,630 tuition fees + \$1,221.60 student services levy)

1. Part-time students pay a proportion of the fee based on the number of academic points they are studying.

## International student tuition fees

### Undergraduate programmes

**Fee (per year):** \$20,210.80 (for 60 points)–  
\$49,121.60 (for 120 points)  
(\$19,600–\$47,900 tuition fees  
+ \$610.80–\$1,221.60 student services levy)

### Postgraduate programmes

**Fee (per year):** \$46,521.60 (for 120 points)  
(\$45,300 tuition fees + \$1,221.60 student services levy)

Please note that you must pay your fees in full by the date specified on your fees invoice.

To find out more about fees call **+64 9 921 9779**  
or **0800 AUT AUT** (0800 288 288).

## Student loans and allowances<sup>1</sup>

If you're studying full-time as a domestic student, you could get a student loan or allowance through StudyLink to help with your costs. We know sorting finances can feel stressful, so start early – the process can take time. The good news? You don't have to wait until your AUT enrolment is complete.

To find out more call **0800 88 99 00**  
or visit [studylink.govt.nz](http://studylink.govt.nz)

## Free fees for your university study<sup>1</sup>

If you're a domestic student, you might be able to get your final year of full-time study fees-free. To check if you're eligible for fees-free study visit [aut.ac.nz/fees](http://aut.ac.nz/fees)

1. Domestic students only, not available to international students.

## Financial assistance

We know life doesn't always go to plan and money worries can make study feel tough. That's why we're here with practical help – from grocery or fuel vouchers to support with those unexpected bills.

## StudyLink

Visit [studylink.govt.nz](http://studylink.govt.nz) for tools, tips and information to help you plan and understand the costs you will have while studying.

## Scholarships and awards

Scholarships can cover anything from accommodation costs to full tuition – and they're worth applying for. AUT offers scholarships at every stage of study, including ones specifically for school leavers. Some reward academic achievement, others recognise leadership, cultural contribution, community involvement or sport. Don't assume they're not for you.

For the full list of what's available, application forms and closing dates visit [aut.ac.nz/scholarships](http://aut.ac.nz/scholarships)

### Tips for applying

- Start early – deadlines can be months ahead
- Apply for more than one – cast your net wide
- Check you meet the requirements first
- Get someone to review your application
- Tell your story – show who you are, not just your grades

## Accommodation

Looking for a place that feels like home? Our student accommodation is modern, secure and just minutes from the AUT City or North Campus. It's so much more than a room – it's a supportive community where you can make friends and settle in, whether you're a first-year or a postgraduate student, new to Auckland or living away from home for the first time.

Visit [aut.ac.nz/accommodation](http://aut.ac.nz/accommodation)



# He pēhea te tono

## HOW TO APPLY

Below is the step-by-step guide to the application process.  
For more information visit [aut.ac.nz/apply](http://aut.ac.nz/apply)

### 1 APPLY EARLY

Places often fill up. Get your application in well before semester starts – earlier is always better.

APPLYING FOR 2027

- Semester 1  
– apply by 7 December 2026
- Semester 2  
– apply by 3 May 2027

### 2 COMPLETE THE APPLICATION FORM

- Apply online
- Indicate your programme(s) of choice and major (if known)

International students can also apply using an AUT approved international agent. For a list of AUT registered agents visit [aut.ac.nz/international-agents](http://aut.ac.nz/international-agents)

#### SUBMIT YOUR APPLICATION

#### WE ACKNOWLEDGE YOUR APPLICATION

You'll get an acknowledgement email explaining how to track your application. If we need more information, we'll reach out.

#### WE ASSESS YOUR APPLICATION

- We assess your application to ensure you have met the entry criteria for the programme(s) you are applying for
- We consider your academic history and relevant experience to ensure you can succeed in your programme
- We let you know if your application has been successful

#### POSSIBLE OUTCOMES

**CONFIRMED** We would like to offer you a place to study at AUT

**PROVISIONAL** You have met some of the criteria for entry to your chosen programme of study and we would like to offer you a provisional place to study at AUT. If you don't meet the rest of the requirements, then this offer will be withdrawn

**CONDITIONAL** You have to meet the conditions and approvals listed in your conditional offer to be able to secure a formal offer of place

**DECLINED** If you don't meet the entry requirements or all places are taken, we may offer you an alternative programme

### 3 ACCEPT YOUR OFFER

It's important that you respond as soon as possible, particularly if you've been offered a place in a programme with limited places.

Once you've accepted your offer of place, we'll let you know how to enrol in the courses for your programme, and you can start to get excited about joining AUT.

Ready to apply?  
[apply.aut.ac.nz](http://apply.aut.ac.nz)

Ētahi atu kōrero  
FIND OUT MORE



aut.ac.nz

### Need some help?

Visit [aut.ac.nz/enquire](https://aut.ac.nz/enquire), ask us your question and we'll call you back. Or phone **0800 AUT AUT** (0800 288 288) to speak to one of our friendly advisors. We can help with anything you need – questions, course counselling sessions, campus tours.

Connect with us now:



### Campuses

#### City Campus

55 Wellesley Street East, Auckland Central

#### North Campus

90 Akoranga Drive, Northcote, Auckland

#### South Campus

640 Great South Road, Manukau, Auckland

### AUT LIVE

Join us at our open day, AUT LIVE, on the City Campus and see everything AUT has to offer to help you make an educated decision about university study.

[aut.ac.nz/live](https://aut.ac.nz/live)



AUT

0800 AUT AUT (0800 288 288)  
Auckland University of Technology  
Auckland, New Zealand  
aut.ac.nz

Enquire now  
aut.ac.nz/enquire

Connect with us now:



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