

AUT Lived Experience Leadership Pathway

Lived Experience Leadership Pathway

The Lived Experience Leadership pathway is designed to support the development of current and emerging lived experience leaders within Aotearoa New Zealand's mental health and addiction sector. Building on lived experience knowledge and expertise, the pathway supports learners to strengthen their leadership capability, lived experience practice, advocacy skills and capacity to influence service, community and systems change. Grounded in recovery and peer values, it provides opportunities for ongoing professional development and leadership growth within the lived experience workforce. The pathway aims to support the development of future lived experience leaders who can influence services, communities and systems while promoting recovery, equity and social change.

Courses in the pathway can be completed as a single course (called an Individual Course Enrolment) or as part of a Graduate Certificate in Health Science and Graduate Diploma in Health Science.

Am I eligible to enrol in this pathway?

This academic pathway is for people with lived experience of recovery from mental health or addiction challenges who are using (or aiming to use) their lived experience in peer support, lived experience leadership, advocacy, service development, systems change or other lived experience roles.

- A level 4 qualification in peer support or support work plus 2 years' experience working in a related role
- A bachelor's degree or a professional qualification or experience recognised by the university as being equivalent to a bachelor's degree

Graduate Certificate in Health Science (60 points)

The Graduate Certificate is designed to be completed via part-time study and can be done over one or two years. To complete the Graduate Certificate, you will need to complete the 4 courses below starting with LEXP500 Foundations for Lived Experience Practice. For more information about each course, put the course code and/or name in AUT's course search: www.aut.ac.nz/study/course-search

Semester 1:

- LEXP500 Foundations for Lived Experience Practice (level 5)
- MENH706 Recovery in Mental Health and Addiction Practice (level 7)

Semester 2:

- LEXP700 Enhanced Lived Experience Practice (level 7)
- LEXP702 Realising the Recovery Potential of Groups and Communities (level 7)

How are the courses taught?

The courses involve a mix of on campus scheduled classes, online lectures and discussion and self-directed learning. On campus learning will be in blocks of 3 to 4 days at the AUT North Campus, 90 Akoranga Drive, Northcote, Auckland.

Who will be teaching me?

The courses are led by Andrew Sutherland and other leaders in the lived experience sector. The teaching team has extensive work experience in peer support, consumer leadership, advocacy and service systems change.

Fees

Tuition fees for these courses are approx. NZD\$1,295 per 15-point course. For updated fees, please see [AUT fees](#)

Enrolment and enquiries

Please contact Andrew Sutherland andrew.sutherland@aut.ac.nz for further course or enrolment information.

Graduate Diploma in Health Science (120 points)

Complete the 4 courses listed in the Graduate Certificate and then choose a further 4 x 15-point courses from the electives below or other relevant courses within the Bachelor of Health Science standard pathway. Please note that at least 75 of the 120 points must be completed at Level 7. The Graduate Certificate courses MENH706, LEXP700 and LEXP702 contribute 45 Level 7 points, so at least two of the four elective courses selected must also be at Level 7. For more information about each course, put the course code and/or name in AUT's course search:

<https://www.aut.ac.nz/study/course-search>

- HEAL708 Professional Practice and Ethics (Online option)
- HLAW701 Health Law and Policy
- MAOH701 Māori Health Promotion
- CONF683 Human Rights and Human Wrongs
- HRMG602 Learning and Development
- HRMG701 Diversity and Inclusion for Social Impact
- PUBL603 Power and Persuasion
- COMM607 Communication for Social Change
- COMM609 Performance for Professional Communication
- ENTR601 Māori Indigenous Entrepreneurship and Social Innovation
- HRMG650 Te Ara Pou Leadership
- MAOR708 Te Ao Hurihuri: Contemporary Māori Issues
- HEAL610 Methods of Research and Enquiry

How are the courses taught?

Blended learning approaches will be used, including on campus scheduled classes, online activities and interaction and self-directed learning. Please note that **most of the courses above have on-campus components and may require weekly attendance**. This could be at AUT's North, City or South Campus. Use the course search to find the course descriptor:
<https://www.aut.ac.nz/study/course-search>.

Who will be teaching me?

These courses are run by staff from a variety of departments and will not be led by lived-experience lecturers.

Fees

Tuition fees are subject to annual review and may change from year to year. Current fee information is available on the AUT website: <https://www.aut.ac.nz/study/fees-and-scholarships/fees-to-study-at-aut>

Enrolment and enquiries

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Please contact AUT's student hub for guidance related to applying for these courses [0800 288 864](tel:0800288864) or email studenthub@aut.ac.nz