

# ADVANCE YOUR CAREER WITH STUDY IN PUBLIC HEALTH

# AUT

**Passionate about promoting health, tackling social and health inequities, or addressing the social, economic or other factors that affect individual and community wellbeing? Want to advance your skills in shaping health research, policies and programmes?**

Public health offers a fresh, society-wide view of the 'big' health challenges and trends facing a community or society. It is a flexible field with scope to work in community settings, advocate for important health issues and shape health policies. A public health perspective can easily build on and add value to an existing clinical skill set, but it equally applies to non-clinical fields such as communication, education and research.

AUT's postgraduate public health programmes advance understanding and skills in:

- **Navigating diverse, cross-cultural health perspectives**
- **Conducting public health research, including social epidemiology**
- **Developing public health policies and plans**
- **Addressing the ethical, socio-cultural and public health implications of Te Tiriti o Waitangi**

Public health is a widely recognised and growing field, both locally and internationally. Career pathways include epidemiology, health promotion, health policy advocacy and communications.

**You can begin with a postgraduate certificate or diploma and choose to study online or in person, either full-time or part-time, so you can fit your studies around your other commitments.**

POSTGRADUATE CERTIFICATE  
IN PUBLIC HEALTH



MASTER OF PUBLIC HEALTH



POSTGRADUATE DIPLOMA  
IN PUBLIC HEALTH



MASTER OF HEALTH SCIENCE



## MORE INFORMATION

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## OUTLOOK AND TRENDS

**Wide-ranging advocacy** – There is growing momentum towards bringing about positive change through all domains of society. Public health advocates for people's rights to good health, social equity, health equity, and social justice at individual, household, local community and national levels.

**Preventive approaches to wellbeing** – There is an increasing emphasis on preventing ill health and protecting our environment. Public health aims to advance preventive health outcomes for all levels of society. It is increasingly important that there is appropriate public funding to prevent disease and promote health.

**Impact of the digital age** – There are four strong skill sets required for public health in the digital age: communications and media, community health and health promotion, data analysis, and management. Employment opportunities will vary depending on your interests and the range of skills you have developed.

