



AUT

JULY 9 - 20
HOLIDAY
PROGRAMME
2018

**What will your kids do
these school holidays?**

AUT Sport + Fitness Centre's school holiday programme has an awesome mix of activities to keep your kids active, inspired, and engaged all day long.

We cater for children 5-12 years.
Register early as space is limited.

gym.aut.ac.nz/kids

AUT SPORT + FITNESS CENTRE

AUT SPORT + FITNESS CENTRE HOLIDAY PROGRAMME 2018

WEEK ONE	9 JULY	Sport Spectacular	It's a spectacular sports day! Get involved with a day of multi-sports, ball skills and drills.
	10 JULY	Weird Science	Explore the amazing world of science and create fun experiments with our mad scientists – a crowd favourite!
	11 JULY	AUT Survivor	Like to put your brain and body to the test? Join us for an exciting day of challenges. Don't worry, you won't be voted off the island!
	12 JULY	Creative Creatures	Love to create? Crafty kids will love making their own works of art and creative creations.
	13 JULY	Spy Kids	Secret agents and junior detectives will love searching for clues as we solve strange mysteries and fight crime.
WEEK TWO	16 JULY	Fun & Fitness	Zumba, yoga and relay racing. Get those hearts beating with a fun filled day of games and fitness activities.
	17 JULY	Backyard Bonanza	Discover our own backyard with an outback obstacle course, nature mission and trip to AUT's own sensory garden.
	18 JULY	Wacky Wednesday	Something odd is happening today – a mystery box challenge, bizarre bingo, and wacky fun with balloons.
	19 JULY	Cultural Collision	Travel the world with the Amazing Race, then celebrate our differences with cultural crafts and games.
	20 JULY	Fun FriYAY	Finish the week with a fun day of games and activities, explore the outdoors and spend time with new friends.

NEED TO KNOW ...

TIMES: The programme runs from 9am to 3pm

PICK UP & DROP OFF: Parents must drop their kids off before 8.45am and no earlier than 8am. Pick up is between 3pm and 4pm. A transfer from the AUT City Campus is also available*

COST AND PAYMENT: \$45 daily / \$200 weekly. Payment can be made at reception by cash, credit, EFTPOS or cheque.

REGISTRATION: Register online or at the centre.

SAFETY: All of our programme facilitators are first aid qualified, trained on centre specific safety procedures, and police vetted.

* See our website for AUT City Campus shuttle transfers, pick up and drop off times are also specified.

WHAT TO BRING ...

- Wear sport shoes and active clothing
- Pack a change of clothes and something warm
- Sun hat and sunscreen
- A book to read or a game to share
- A bottle of water, morning tea & packed lunch

SUBWAY ORDERS: Parents can place an order for a \$5 Subway lunch at reception daily.

CONTACTS ...

AUT Sport + Fitness Centre, AUT North Campus
90 Akoranga Drive, Northcote, Auckland.

Call: 09 921 9747

Email: holiday.programme@aut.ac.nz

Web: gym.aut.ac.nz/kids