

# Help Us Shape the Future of AI in Youth Mental Healthcare

We're inviting professionals, experts and community voices in Aotearoa New Zealand to share their perspectives on AI in youth mental healthcare.

## PURPOSE

### Why This Study Matters

This study explores the opportunities, risks, and ethical challenges of AI-driven technologies in **youth mental healthcare**. We aim to understand practical experiences, concerns, and future needs so AI can be implemented responsibly across Aotearoa New Zealand.

## WHO CAN TAKE PART

### Adults 25–65 with relevant experience

- Psychologists, Psychiatrists & Clinical Consultants
- Policymakers & Ethics Advisors
- Youth Advocates & Māori Organisations
- Digital Health & AI Specialists

## WHAT'S INVOLVED

### How to Participate

#### INTERVIEW

**45 to 60 min**

Confidential guided discussion

#### FOCUS GROUP

**90 to 120 min**

Facilitated group exploration

- Your perspective will **directly shape how AI is governed** in Aotearoa New Zealand's youth mental health system. Open to public, private, NGO and community settings nationwide.

