

# HEALTH SCIENCES

UNDERGRADUATE PROGRAMME GUIDE  
2020

**AUT**

**#1** IN NEW ZEALAND  
FOR  
**GLOBAL  
RESEARCH  
IMPACT**



**EMPLOYABILITY**  
QS STARS 2017-2019

**TOP**  
 **1.2%**  
UNIVERSITIES  
WORLDWIDE

Nursing **TOP 100**

## Welcome to Health Sciences



**Nau mai, haere mai. Welcome to AUT and the Faculty of Health and Environmental Sciences, New Zealand's largest and most diverse health education provider. We produce graduates who enter professions in high demand throughout the world. Our programmes are taught by academic staff who are leaders in their fields and have a genuine desire to see you succeed.**

New Zealand faces enormous challenges in meeting the health needs of an ageing, ethnically diverse population – challenges that are intensified by the significant shortage of health professionals here and offshore. As an advisor to the Government's National Health Workforce Board and Director of the Waitemata District Health Board, I have used my industry insights to help shape programmes that reflect current and emerging workforce needs.

Together our staff and students contribute to advancing society's understanding of health and environmental issues, generating new products and technologies, and enhancing policy making and professional practice.

Study with us and benefit from programmes that are underpinned by an interprofessional model of healthcare, preparing the country's future health professionals to work across disciplines.

It's vital we continue to develop and deliver programmes that meet the diverse and changing needs of New Zealanders in years to come. This is the challenge set before us. Join us and be part of the solution.

### **Professor Max Abbott**

CNZM, BA, BSc *Well*, MA, PhD *Cant*,  
DipClinPsych, MNZCC

Dean, Faculty of Health and Environmental Sciences  
and Pro Vice-Chancellor, North Campus

## Welcome to AUT

E ngā mana, e ngā reo  
E te iti, e te rahi  
E ngā mātāwaka o ngā tōpito o te ao  
Ngā mahuetanga iho e kawē nei i ngā  
moemoeā o rātou mā  
Tēnā koutou katoa

Piki mai rā, kake mai rā,  
Nau mai, haere mai ki tēnei o ngā wānanga  
Whakatau mai i raro i te korowai āhuru  
o Te Wānanga  
Aronui o Tāmaki Makau Rau

To the prestigious, the many voices  
The few, the great  
To those of all races and creeds  
We who remain to fulfil the dreams and  
aspirations of the ancestors  
Greetings one and all

Climb, ascend  
Embark on the journey of knowledge  
Let us at AUT embrace and empower you  
To strive for and achieve excellence

Te whakatupu i te kōunga, i te mana taurite me ngā  
tikanga matatika, i ngā pūkenga ako,  
i ngā pūkenga whakaako me te āta rangahau hei hāpai  
i ngā hāpori whānui o te motu, otirā, o te ao.

To foster excellence, equity and ethics in learning,  
teaching, research and scholarship, and in so doing  
serve our regional, national and international  
communities.

# Contents

## Course information

### Bachelor of Health Science

- 09 Overview
- 12 Standard Pathway
- 14 Case Management
- 16 Counselling
- 18 Health Administration
- 20 Managing Care of the Older Person
- 22 Paramedicine
- 24 Psychology
- 26 Public and Environmental Health
- 28 Midwifery
- 30 Nursing
- 32 Occupational Therapy
- 34 Oral Health
- 36 Physiotherapy
- 38 Podiatry

### 40 Bachelor of Health Science (Honours)

### 42 Diploma in Paramedic Science

### 43 Graduate Diploma in Psychotherapy Studies

### 44 Graduate Diploma in Health Science/ Graduate Certificate in Health Science

## About AUT

- 02 AUT's faculties and schools
- 03 Qualifications and study pathways
- 04 Why study health sciences at AUT?
- 52 Campus maps

## Applying for your programme

- 46 How to apply
- 48 University entrance
- 50 Fees and payment
- 51 Find out more

**Key:** F/T = full-time, P/T=part-time

#### Cover :

#1 global research impact: Ranked #1 in New Zealand for the number of times our research is cited globally (Times Higher Education World University Rankings 2019).

5 out of 5: QS Stars University Ranking.

Top 1.2%: Ranked in the world's top 301-350 universities (Times Higher Education World University Rankings 2019). We're ranked in the world's top 100 for nursing (QS World University Subject Rankings 2018).

**Disclaimer:** Although every reasonable effort is made to ensure accuracy, the information in this document is provided as a general guide only for students and is subject to change. All students enrolling at AUT should consult its official document, the AUT Calendar, which is available online at [www.aut.ac.nz/calendar](http://www.aut.ac.nz/calendar), to ensure that they are aware of, and comply with, all regulations, requirements and policies. The AUT Calendar is the most up-to-date version of the programme regulations.

International students should visit [www.aut.ac.nz/international](http://www.aut.ac.nz/international) for entry requirements and detailed application information.

The information contained in this programme guide was correct at the time of print, December 2018.

# AUT's faculties and schools

AUT has five faculties and 17 schools. The light green boxes in the diagram below show where the programmes in this programme guide sit within AUT.

## **FACULTY OF BUSINESS, ECONOMICS AND LAW**

TE ARA PAKIHI, TE ŌHANGA ME TE TURE

### **Business School**

Te Kura Kaipakihi

### **Law School**

Te Kura Ture

### **School of Economics**

Matauranga Ōhanga

## **FACULTY OF CULTURE AND SOCIETY**

TE ARA KETE ARONUI

### **School of Education**

Te Kura Mātauranga

### **School of Hospitality and Tourism**

Te Kura Taurimatanga me te Mahi Tāpoi

### **School of Language and Culture**

Te Kura Reo me te Ahurea

### **School of Social Sciences and Public Policy**

Te Kura Pūtaiao ā-iwi me ngā Kaupapa Tūmatanui

## **FACULTY OF DESIGN AND CREATIVE TECHNOLOGIES**

TE ARA AUAHA

### **School of Art and Design**

Te Kura Toi a Hoahoā

### **School of Communication Studies**

Te Kura Whakapāho

### **School of Engineering, Computer and Mathematical Sciences**

Te Kura Mātai Pūhanga, Rorohiko, Pāngarau

### **Creative Technologies**

Marautanga Matatini

## **FACULTY OF HEALTH AND ENVIRONMENTAL SCIENCES**

TE ARA HAUORA A PŪTAIAO

### **School of Clinical Sciences**

Te Kura Mātai Haumanu

### **School of Interprofessional Health Studies**

Te Kura Pākeho Ngaioatanga o Ngā Marau Akoranga Hauora

### **School of Public Health and Psychosocial Studies**

Te Kura Hauora Tūmatanui

### **School of Science**

Te Kura Pūtaiao

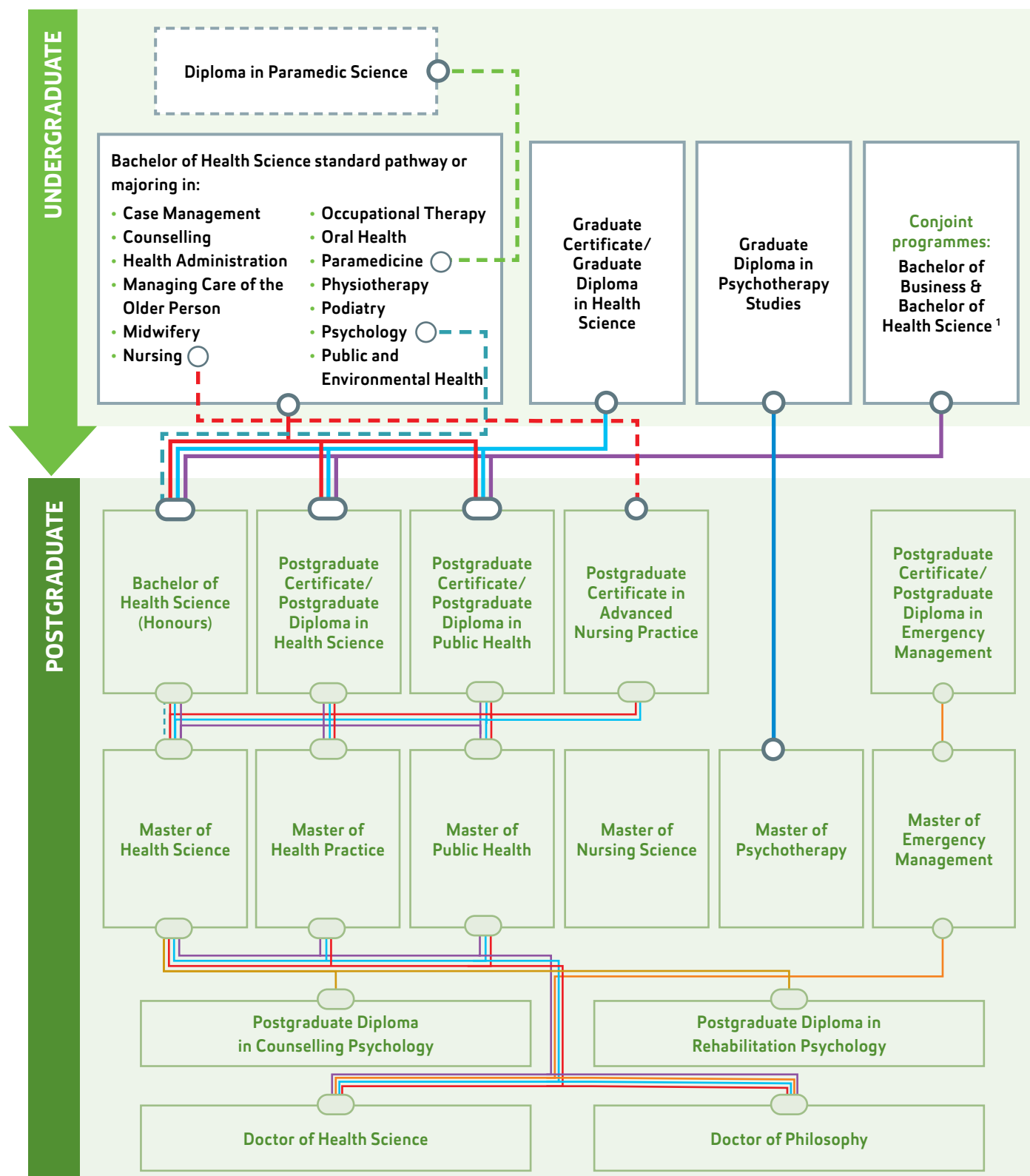
### **School of Sport and Recreation**

Te Kura Hākinakina

## **TE ARA POUTAMA**

FACULTY OF MĀORI AND INDIGENOUS DEVELOPMENT

# Qualifications and study pathways



1. Only available for Bachelor of Health Science students majoring in Psychology

## Note:

- 1) Completion of one qualification doesn't guarantee entry to a higher level qualification.
- 2) Apply for the qualification you are best suited for – you don't necessarily have to enrol in the qualification that appears at the top of the above diagram.
- 3) Some qualifications in the above diagram may be prerequisites to – and not credit towards – higher level qualifications.

For more information, visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

# WHY STUDY HEALTH SCIENCES?



**TOP 100**  
**WORLDWIDE**  
for nursing



NZ's fastest growing  
and most diverse  
health educator



8 health clinic services  
housed in brand new  
facilities with industry  
standard equipment





**1** The AUT North Campus on Auckland's North Shore – the main hub for AUT's health sciences programmes **2** Our nursing programmes are ranked in the top 100 in the world **3** Our physiotherapy students have many opportunities to practise their skills

### New Zealand's top university for health subjects

AUT is one of the biggest health science education providers in New Zealand. Times Higher Education ranks us as New Zealand's top university for clinical, pre-clinical and health subjects and in the top 100 in the world, and international rankings agency QS ranks us in the top 100 in the world for nursing. We have strong connections with the health sector and deliver leading research across the field of health sciences. They're all reasons why 9 out of 10 graduates recommend us as a great place to study.

### Creating the future leaders of the health sector

Health is one of the fastest growing sectors, and AUT-trained health professionals are in demand around the world. They're making an impact in both local and global communities – working in cure, prevention, promotion and rehabilitation. Our graduates make a difference around the world, improving people's lives and influencing the direction of healthcare. We strongly believe in preparing our students for the challenges of a career in the health sector no matter where they go. Our programmes are designed with this in mind, giving students the expertise they need to succeed anywhere in the world. Interprofessional education, where students from different disciplines learn from, with and about one another is a key feature of our programmes which ensures graduates are prepared to work in complex and ever-changing health contexts.

### Great work placements as part of your degree

Study with us and you not only learn academic knowledge related to your discipline but also gain valuable experience of the wider world. Workplace experience is at the heart of our degrees, and thanks to our ever deepening industry connections you can choose from a vast number of public and private hospitals, clinics and community settings for your placements. The workplace experience ensures our students are well qualified to succeed in the workforce, and provides the required number of practical hours to meet certification requirements.

### Hands-on experience at our clinics and simulation suites

AUT has a number of health clinics, offering health services like physiotherapy, podiatry, oral health, nursing, occupational therapy, psychology and psychotherapy to the public. As a health sciences student this gives you hands-on experience, and gives you an opportunity to learn and work alongside students from other health disciplines, while working with real people with real problems in a New Zealand health clinic. You work in a safe and supportive learning environment, building up the confidence for the workplace. You can also practise your skills in our simulation suites. Our friendly and qualified clinicians are on site and happy to help.

## Life at AUT

**AUT is a modern and innovative university with endless opportunities and a supportive culture that celebrates diversity. Studying at AUT is your chance to meet new people and develop lifelong skills, while getting the support you need to succeed at university and beyond.**

We're proactive in enabling all students to succeed, and our comprehensive student support services ensure that you have an amazing experience inside and outside the classroom.

### We're here to help

No matter what the problem, the Student Hub is here to help. You can find a Student Hub on each campus and our specialist staff can help with anything from enrolment and student ID cards to matters far beyond university, like support with visa and immigration matters, StudyLink issues or landlord challenges.

### Dedicated support for new students

From Orientation to our many academic and cultural support programmes, our student support services are there to make starting out as a new student as easy as possible.

## Creating career-ready graduates

The AUT Employability and Careers team helps you plan in advance for your future career by developing job search and interview skills, while building your personal brand and networking skills. We'll also introduce you to employers looking to recruit AUT graduates.

### Gain an edge on the competition

The AUT Edge Award challenges, rewards and formally acknowledges the 'C skills' – collaboration, co-operation, community, curiosity, communication and creativity – gained through your volunteering, leadership and employability activities.

### International study opportunities

An international student exchange offers an amazing opportunity to study overseas as part of your degree. Study for a semester or a year at one of our partner universities around the world, immerse yourself in another culture, make lifelong friends and get international experience before you graduate.





## Helping you succeed in your studies

Our library and learning support team offers a wide range of services and resources designed to help develop your academic skills. The Library also runs a range of workshops to help you get the most out of your studies, and our peer mentoring programme enables students to learn from others who have already completed the same paper.

## Top internships around the world

A good internship can be the foundation of a great career. That's why AUT Internz places students and graduates with top companies in New Zealand, North America, Asia and Europe – including Paramount Recording Studios, the Sundance Institute and Westpac Institutional Bank in New York.

## A launchpad for entrepreneurs

Every entrepreneur starts somewhere. At AUT, the best place for aspiring entrepreneurs is CO.STARTERS@AUT. This nine-week programme helps you turn your entrepreneurial ideas into a viable business.

## An outstanding learning environment

At AUT you study in an innovative and interactive environment that embraces creativity, collaboration, and the sharing of ideas and culture. A number of our buildings have won prestigious architecture awards, and we're constantly improving our built environment to offer students the best possible learning experience.

## Free access to digital tools and resources

We offer students all the digital tools needed to succeed, including free Wi-Fi on campus, the full Office 365 suite for up to five devices and free access to lynda.com, a world-leading online learning platform.

## Getting involved in campus life

Joining a club is a great way to meet like-minded people and make lifelong friends outside of lectures. Choose from a range of student-run social, sustainability, academic and cultural clubs – a great way to meet new people, participate in events and get involved in campus life.

## Join a gym or sports team

AUT is New Zealand's leading sports university, with state-of-the-art sports facilities, on-campus gyms and a huge number of sports teams and events. As an AUT student you can participate in a wide variety of sports, from social on-campus games to elite international competitions.

## Holistic approach to wellness

AUT offers comprehensive medical, counselling and mental health services. We also run Te Puna Oranga, an integrated programme that regularly hosts wellness-related events on campus.

## Disability student support and resources

Our Disability Support team is committed to helping you participate as fully as you can in learning and student life. We work with students before they start at AUT to help identify their specific needs and ensure they're set up for success.

## Getting around

Whether it's finding your way to campus or getting around between lectures, AUT offers a range of resources to help you navigate your new environment, including shuttle buses that travel between campuses and interactive online maps.

## Safe and friendly campuses

We make sure that our students are – and feel – safe. Our friendly security staff are available day and night to help if you have any concerns.







1 Oral health students treat patients at AUT Integrated Health clinic 2 The AUT South Campus in the heart of Manukau 3 Learn in our modern lecture theatre facilities 4 Students at the AUT North Campus 5 Physiotherapy students develop their assessment and treatment skills 6 As a midwifery student you'll be taught by staff who are practising midwives 7 Podiatry students have access to the latest equipment

# Bachelor of Health Science [ BHSc | AK3680 ]

## Overview

Our population is growing and we're living longer, increasing the need for dedicated and inspirational healthcare graduates. Study with us and we'll help you develop the skills to meet the changing needs of global healthcare. AUT is New Zealand's largest and most diverse health education provider, and our programmes are developed with input from district health boards and leading health organisations. You can specialise in a specific health discipline or become a health professional in a non-clinical role. You learn from staff who are leaders in their field and have a genuine desire to see you succeed. This means you'll be well prepared for your career in the health sector, no matter where you go.

### Entry requirements

#### Minimum entry requirements

- University Entrance or equivalent

#### Counselling:

- Must be capable of meeting Vulnerable Children's Act (VCA Act) including police clearance
- Interview may be required

#### Paramedicine:

- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) including police clearance
- Must hold a valid driver's licence
- Applicants with English as a second or other language who have not completed at least three years of secondary schooling in NZ will be required to meet IELTS requirements

#### English language requirements

- **Paramedicine:** IELTS (Academic) 6.5 overall with all bands 6.5 or higher; or equivalent.
- **Other majors:** IELTS (Academic) 6.0 overall with all bands 5.5 or higher; or equivalent.

#### Your study options

Complete the degree without a major (standard pathway) or major in:

- Case Management
- Counselling <sup>4</sup>
- Health Administration
- Managing Care of the Older Person
- Paramedicine
- Psychology
- Public and Environmental Health

For information on our clinical degrees refer to pages 28 to 39.

### QUICK FACTS

Level:	7
Points:	360
Duration:	3 years F/T, P/T options for some majors <sup>1</sup>
Campus:	North & South <sup>2</sup>
Starts:	24 Feb & 13 July 2020 <sup>3</sup>



#### Joyce Giheno

*Papua New Guinea*  
2nd-year student, Bachelor of Health Science in Paramedicine

"After I finish my Bachelor of Health Science in Paramedicine, I'd like to go back to Papua New Guinea and work with the government to improve the country's health services, in particular establishing adequate pre-hospital services in the rural areas of Papua New Guinea. AUT is a leader in the field of paramedicine in Australasia. The academic staff are experienced paramedics themselves, and have a wealth of knowledge and expertise in their profession. Your AUT training will set you up as a competent paramedic wherever in the world you decide to practise your profession. Paramedicine can be challenging but the support and expertise the lecturers bring to the classroom keep you engaged and encouraged to succeed in your profession. The first thing you're introduced to is transporting patients, and by the third semester you're on the frontline where all the action happens."



# Bachelor of Health Science

## Overview continued



Our students are often offered jobs through their workplace experience



### April Kerslake

3rd-year student,  
Bachelor of Health Science in Psychology

"My dream career would be working as a clinical psychologist for youth at juvenile prisons. I would definitely recommend studying psychology at AUT because the lecturers actually care about our learning and always do what they can to help people succeed. I've never been in a class where I haven't been able to ask someone for help and I've never felt alone at AUT. I've enjoyed all the amazing people I've met along the way, and have had some amazing lecturers that I look up to immensely. I know that no matter where I am in the world, I'll be able to use all the things that AUT has taught me. AUT is amazingly multi-cultural and accepting, with opportunities suited to anyone. I believe that this mentality of completely embracing people from all backgrounds will definitely go far and help change the world."

## What this qualification covers

### Year 1

In Semester 1 all health science students complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

You will be introduced to papers for your major in Semester 2.

### Year 2 & 3

Papers for the following years of study will depend on your choice of major or degree. You increasingly specialise in your chosen area of health science, and become familiar with a wider range of complex health issues. There's an emphasis on workplace experience.

## Double your career options – study the Bachelor of Health Science and:

- Bachelor of Business (conjoint)

You study two degrees at the same time in a single programme of study. It's usually possible to complete two three-year degrees in four to five years. You need to maintain a B grade average across all papers and do papers from each degree every year. Please note, this option is only available for the Bachelor of Health Science in Psychology.

## Te Ara Hauora Māori – AUT Māori Health papers

There's a growing need for health professionals to work with Māori. That's why you can include Māori health papers as part of your study and develop the skills to work more effectively with Māori, an essential skill in the diverse health sector in Aotearoa New Zealand. Through these papers you gain access to Māori networks and become comfortable working with whānau and Māori communities.

You can study Māori health papers as part of the Bachelor of Health Science degrees and the Graduate Certificate in Health Science.

We encourage all students to include at least one Māori health paper. You don't need to know te reo to enrol in the Māori health papers. People already working in the health workforce can study these papers through AUT marae-based block courses.

### Māori health papers

- Hauora Māori and Environment
- Māori Health Promotion
- Applied Primary Māori Mental Health
- Utilising Supervision in Practice

AUT encourages early application. Places are limited<sup>5</sup>.

1. Six years part-time is available for the BHSc standard pathway, Case Management, Counselling, Health Administration, Managing Care of the Older Person, Psychology, and Public and Environmental Health.
2. **South Campus:** Counselling, Health Administration and Paramedicine.  
**North & South Campus:** Standard pathway, Public and Environmental Health  
**North Campus:** Case Management, Managing Care of the Older Person, Psychology.
3. Health Administration and Paramedicine have a Semester 2 intake. Other Bachelor of Health Science majors may also be available for Semester 2. Contact us for details.
4. Preference is given to applicants with appropriate life experience.
5. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Your application can only be assessed when you have provided all of the information requested.



We have health clinic services on campus where students use the latest advancements in patient care



### Ayan Said

**Regional Refugee Community Health Worker, Auckland District Health Board**  
**Master of Public Health (First Class Honours)**  
**Postgraduate Diploma in Public Health**  
**Bachelor of Health Science in Psychology and Health Promotion**

"I'm so glad that I decided to study at AUT. There are so many things that make it a great university – a world-class education, amazing lecturers with expert knowledge of their field, outstanding learning spaces and lots of opportunities to socialise on campus. There are so many things that stand out for me – from the workplace experience as part of my degree to receiving the AUT Summer Research Award, which enabled me to get involved in research on social movements and charismatic leadership, and women's health in refugee and migrant communities in New Zealand. I have a strong interest in refugee health, health and international policy, human rights, health equity, women's health, health promotion, preventative health, and health literacy."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



**KEY FEATURES:**

- Prepares you for a career in the healthcare sector, insurance and pharmaceutical industries, health education or support work
- Flexible – tailor your degree to your interests and career goals
- Offered at the North and South Campus

## Bachelor of Health Science

### Standard Pathway

**An increasingly diverse population with changing health needs requires an equally diverse, adaptable health workforce. Many careers in today's health sector require a broad range of skills and knowledge. The standard pathway covers several subjects within one degree, and can prepare you for a wide range of careers.**

**You develop skills in different health disciplines to prepare for a range of non-clinical roles in the health and disability sector. These roles – which don't always involve direct contact with patients – include leadership and management, information and planning, education and advocacy. Many combinations of skills are useful for these non-clinical roles so you can also include papers from business, communication, science, sport and recreation, languages or social sciences.**

**What this qualification covers****Year 1**

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

You will then be introduced to the available papers in Semester 2.

**Year 2 & 3**

Your second and third year will depend on the papers you take. You can choose from papers from the Bachelor of Health Science and other AUT degrees<sup>1</sup>.

Compulsory papers include:

- Methods of Research and Enquiry
- Health Law and Policy
- Professional Practice and Ethics
- Health Promotion, or Māori Health Promotion

**SEE YOURSELF AS:**

- Supportive, caring and empathetic
- Adaptable and patient
- A good communicator
- Interested in health
- Well organised

**CAREER OPPORTUNITIES:**

- Education and research
- Government departments and non-governmental organisations
- Health administration and management
- Health advocacy
- Human resources
- Information technology
- Sales and marketing
- Support work

## Adding a minor to your degree

Minors are available in a wide range of subjects. Adding a minor allows you to study another area that interests you from a wide range of subjects, so long as your host programme permits. Details of available minors can be found on the AUT website.

### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>2</sup>.

1. Papers need to be approved by the programme leader.
2. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### Jayde Purdie

Complaints Assessor, Office of the Health and Disability Commissioner  
Bachelor of Health Science

"Our aim is to ensure that consumer rights are upheld. My day-to-day job consists of analysing medical records to make sure the standard of healthcare consumers receive is consistent with expected standards. We're constantly liaising with health boards, regulatory boards and the Ministry of Health. My work is fascinating. I find that when my day ends I still want to actively research ideas I've come across that day. It's challenging but I'm constantly learning.

"In the third year of my Bachelor of Health Science, I completed a research project in my current workplace. This really opened my eyes to the functioning of New Zealand medico law and gave me a greater understanding of the underlying legislation.

"I can confidently say that I use my degree every single day, whether it's applying health law concepts or discussing drug interactions and contraindications. I'm grateful that my AUT degree has equipped me with a broad understanding of the New Zealand healthcare system.

"The standard pathway in the Bachelor of Health Science offers the perfect platform for careers in non-clinical healthcare roles. AUT is renowned for its health and environmental sciences programmes, and students can choose from a range of health and non-health based topics."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### KEY FEATURES:

- Developed to address the needs of the health sector
- The only New Zealand university degree in case management
- Includes 150 hours of workplace experience
- Offered at the North Campus

## Bachelor of Health Science Case Management

**Ageing populations and more people living with long-term conditions mean there's a need for a co-ordinated approach to healthcare. Currently there aren't enough health professionals with the skills to support such a co-ordinated approach. The Case Management major addresses this need.**

**You develop the skills for non-clinical case management roles, working with clinicians, clients and families to develop and oversee a plan of care. You learn to carry out core management processes including assessments, planning, implementation, co-ordination and evaluation. You also learn to advocate for policies and environments that support quality rehabilitation.**

### What this major covers

#### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Medical Terminology
- Mental Health and Wellbeing
- Long-Term Conditions
- Plus one elective paper

#### Year 2

You deepen your understanding of case management, and become familiar with research methods for the health sector.

Papers:

- Advocacy and Dispute Resolution in Health and Human Services
- Health Law and Policy
- Health Records Management
- Introduction to Psychology B
- Methods of Research and Enquiry
- Principles of Wellness
- Plus two elective papers



### SEE YOURSELF AS:

- Collaborative
- A skilled communicator
- Interested in supporting individuals and their families
- Passionate about helping people living with a long-term condition or experiencing disability



### CAREER OPPORTUNITIES:

- Case manager or care co-ordinator for ACC or Ministry of Social Development, Primary Health Organisations, district health boards, health insurers and non-governmental organisations
- Health promotion for people with an injury, illness or experiencing disability
- Central and local government roles related to planning and providing health services
- Independent health advocate, helping people navigate the health and social care system
- Research-related roles

### Year 3

Your final year prepares you to make the transition to working within the case management sector.

Papers you complete:

- Case Management Practice
- Health Coaching
- Professional Practice and Ethics
- Plus one elective paper

You also complete 60 points from the following papers:

- Active Ageing
- Health Practice Cooperative (30 points)
- Māori Health Promotion
- Applied Primary Māori Mental Health
- Enabling Systems Change
- Rehabilitation and Participation
- Special Topic

### Workplace experience

An option in your final year is the Health Practice Cooperative paper, 150 hours of workplace experience related to case management.

### Additional majors and minors

When you take a second major from the majors available in your degree this is called a double major. If you take a second major from another AUT degree this is called an additional major. Minors are also available in these and some other subjects. Adding a second major or a minor allows you to study another area that interests you from a wide range of subjects, so long as your host programme permits.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



#### Elise Windsor

Disability Income Case Manager,  
Sovereign Insurance  
Bachelor of Health Science in  
Case Management

"AUT recognised that there's a demand for effective case management in a number of settings within the healthcare sector. The programme aims to achieve quality and cost-effective outcomes by putting an individual's holistic needs at the centre. I found this major aligned well with my passion for making a positive difference in people's lives, my interest in the medical field and my strengths, including the ability to build rapport and think critically. My time at AUT equipped me with a broad range of skills that I apply daily in my role as a case manager to create mutually beneficial outcomes for both members of the community and the business I work for."

#### Employer comment

"Elise had completed a work placement in the Claims Team at Sovereign during the latter part of her studies and proved to be diligent, switched on, considered and a great fit in the team. Elise certainly impressed us while she was on placement, so when a case manager role became available she was a natural choice. Elise is a hugely valued member of the team and her AUT qualification undoubtedly gave her a great foundation to build upon."

**Claire McAulay, Disability Income  
Claims Manager, Sovereign  
Insurance**



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### KEY FEATURES:

- The only undergraduate counselling degree by a New Zealand university
- Includes a minimum of 200 hours of counselling practice and 10 hours of external supervision<sup>1</sup>
- Prepares you for application as a provisional member of the New Zealand Association of Counsellors
- Offered at the South Campus

## Bachelor of Health Science Counselling

**If you become a counsellor you help people deal with their feelings, better understand themselves, make decisions and create change in their lives. The Counselling major prepares you to work with a diverse client base. You become familiar with the history and theory of counselling, and the relational counselling model. The degree includes 200 hours of counselling practice, bicultural learning, marae visits and knowledge of Te Tiriti o Waitangi issues. Preference is given to applicants with appropriate life experience.**

### What this major covers

#### Year 1

In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Group Theory and Practice I
- Relational Counselling: History and Theories
- Counselling Knowledge and Skills I
- Methods of Research and Enquiry

#### Year 2

You take major papers and begin your first counselling placement.

- Counselling Practicum I (full-year paper)
- Counselling Knowledge, Skills and Issues (full-year paper)
- Group Theory and Practice II
- Mental Health and Psychopathology
- Social and Cultural Analysis
- Plus one elective paper

#### Year 3

You continue your counselling placement and complete Counselling Practicum II, Counselling Knowledge and Skills III, Health Law and Policy, plus three electives.



### SEE YOURSELF AS:

- Interested in the counselling and mental health sector
- A good listener
- Self-aware
- Having relevant life experience



### CAREER OPPORTUNITIES:

- Community counselling agencies
- Counsellors in schools
- Mental health providers
- Māori health providers
- Pacific health providers
- Refugee and migrant services



## Workplace experience

As part of this major you complete a minimum of 200 hours of counselling practice and 10 hours of external supervision<sup>1</sup>.

## Additional majors and minors

When you take a second major from the majors available in your degree this is called a double major. If you take a second major from another AUT degree this is called an additional major. Minors are also available in these and some other subjects. Adding a second major or a minor allows you to study another area that interests you from a wide range of subjects, so long as your host programme permits.

### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited<sup>2</sup>.

1. External supervision may incur additional cost.

2. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### Amy Benjamin

Counsellor, Amy Benjamin  
Counselling  
Bachelor of Health Science in Counselling

"Being a counsellor is both rewarding and challenging at the same time. I enjoy building relationships with a diverse range of people. Because no two clients are the same, I adapt and tailor the counselling approach to suit each unique individual. I like the independence and flexibility of the work as a counsellor. I also enjoy working with secondary schools, and facilitating group sessions on mindfulness and resilience with Year 11 and 12 students.

"I had previously worked in recruitment and one of the things I had enjoyed most was being able to develop relationships with individuals. I decided to study counselling because I wanted to further develop my ability to actively listen and provide a warm, empathetic and non-judgmental approach to supporting others.

"I enjoyed the selection of papers and being able to explore different counselling approaches as part of the AUT counselling degree, including creative expressive theory, and social and cultural studies. The library facilities and library environment at AUT were excellent, and there was a wide selection of books and an impressive database to do research.

"I also enjoyed having the opportunity to complete an internship alongside my training as a counsellor, which helped me develop my counselling skills."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### KEY FEATURES:

- Focuses on the business administration side of health
- The only bachelor's degree in health administration by a New Zealand university
- Includes 150 hours of workplace experience in the health sector
- Offered at the South Campus

## Bachelor of Health Science Health Administration

Health administration is becoming increasingly important. There are more and more Primary Health Organisations (PHOs) offering one-stop-shop services. But these complex health service providers need skilled people looking after the administration and management side. One patient can have multiple healthcare requirements, and as a health administration graduate you ensure all their needs are met. You work with patients and their family/whānau in planning, decision-making and administrative roles.

The Health Administration major is a good choice if you want to move into the business administration side of the health sector. You develop the skills to work within health administration at national, local and inter-professional levels. These include foundation knowledge of human health and the health sector, as well as communication, teamwork, advocacy, problem-solving and interpersonal skills.

### What this major covers

#### Year 1

In your first year, you develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Health Administration and Service Development
- Medical Terminology
- Plus two elective papers.

#### Year 2

This year the focus is on developing practical skills while deepening your understanding of health administration. You further your understanding of health and wellness, and the needs of clients.

Papers:

- Management and Organisation
- Principles of Wellness
- Health Records Management
- Methods of Research and Enquiry
- Long Term Conditions
- Human Resource Management
- Advocacy and Dispute Resolution in Health and Human Services
- Plus one elective paper



### SEE YOURSELF AS:

- Passionate about the business of health
- Confident working with a diverse range of people
- A decision-maker and problem-solver
- Good at managing people



### CAREER OPPORTUNITIES:

District health boards and other Crown agencies, along with private healthcare providers, including:

- Clinical service manager or planner
- Medical records administrator
- Independent health advocate
- Independent health navigator

### Year 3

The final year prepares you to make the transition to working within the wider sector.

Papers:

- Health Law and Policy
- Health Informatics
- Risk Management
- Quality Assurance in the Health Sector
- Professional Practice and Ethics
- Health Practice Cooperative
- Plus one elective paper

### Workplace experience

At the heart of your final year is the Health Practice Cooperative paper, 150 hours of workplace experience in the health sector.

### Additional majors and minors

When you take a second major from the majors available in your degree this is called a double major. If you take a second major from another AUT degree this is called an additional major. Minors are also available in these and some other subjects. Adding a second major or a minor allows you to study another area that interests you from a wide range of subjects, so long as your host programme permits.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



#### Rakhi Jaison

Final-year student, Bachelor of Health Science in Health Administration

"I've always been fascinated by business, but have also always been extremely passionate about people's wellbeing as I grew up in a household where everyone worked in healthcare. When I found out about the health administration degree, I couldn't have been more excited. I believe I can continue making a positive difference in the community through this degree.

"When I went to the AUT orientation, I was extremely impressed by the student ambassadors and the educators. It intrigued me to see that everyone was so passionate about AUT, so I knew there had to be a reason. When I started my study with AUT, I quickly developed the same passion for AUT.

"The favourite part of my studies was my clinical placement at AUT Integrated Health. This was such an amazing experience for me, and it made me realise that my degree offers a variety of career opportunities.

"My advice to other students would be to become best friends with your lecturers. It's very important that students build a good relationship with their lecturers. They're there to help you. Your lecturer is your go to person for any support and help with your assignments."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



#### KEY FEATURES:

- Demand for more skilled health professionals in this growing field
- Good career outlook
- The only undergraduate university degree focused on care of the older person in New Zealand
- Includes 150 hours of workplace experience
- Offered at the North Campus



#### SEE YOURSELF AS:

- Respectful of older people
- Able to weigh up complex options
- Interested in the health and social issues of older people



#### CAREER OPPORTUNITIES:

Roles that involve planning and provision for the older person in:

- District health boards
- Private healthcare providers
- Non-governmental organisations
- Health promotion

## Bachelor of Health Science

### Managing Care of the Older Person

**Older people have unique health needs. Managing the care of the older person involves multiple and complex services. Our ageing population means there's a need for health professionals with an understanding of the specific needs of older people and the many health services they come into contact with.**

**The Managing Care of the Older Person major prepares you for the many careers in this growing field. It supports the needs of the aged-care sector, an area of increasing importance in New Zealand and around the world. You develop the skills for planning, decision-making and administrative roles related to care of the older person. You become familiar with late adulthood, active ageing and pharmacology related to care for the older person.**

#### What this major covers

##### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Introduction to Psychology A
- Nutrition, Activity and Health
- Plus two elective papers

##### Year 2

You further your understanding of managing care as it relates to the older person and explore research methods for the health sector.

Papers:

- Advocacy and Dispute Resolution in Health and Human Services
- Health Law and Policy
- Health Promotion
- Human Anatomy and Physiology II
- Late Adulthood
- Long Term Conditions
- Methods of Research and Enquiry
- Principles of Wellness

### Year 3

The final year prepares you to make the transition to working within the wider sector.

Papers:

- Active Ageing
- Cognition in the Older Person
- Health Practice Cooperative
- Pharmacology for Professional Practice
- Professional Practice and Ethics
- Plus two elective papers

### Workplace experience

At the heart of the final year of study is the Health Practice Cooperative paper, 150 hours of workplace experience related to managing care of the older person.

### Additional majors and minors

When you take a second major from the majors available in your degree this is called a double major. If you take a second major from another AUT degree this is called an additional major. Minors are also available in these and some other subjects. Adding a second major or a minor allows you to study another area that interests you from a wide range of subjects, so long as your host programme permits.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



#### Lynette Dudley

Activities Assistant, Te Mana Resthome and Hospital  
Bachelor of Health Science in Managing Care of the Older Person

"I was working as a caregiver for the Salvation Army, and I could see there was so much more we could do for the elderly. With our ageing population, it's clear there are huge future demands on the healthcare system. I wanted to make a difference so I decided to enrol in AUT's Bachelor of Health Science in Managing Care of the Older Person.

"I feel that we're paving the way towards finding a solution to social isolation, creating autonomy and empowering and above all caring for our ageing population. It's a ground-breaking and much needed degree, and I would highly recommend it if you have a passion for people and enjoy the challenges of a demanding and growing industry.

"AUT introduced me to a world of knowledge, critical thinking skills and the holistic approach to healthcare. Around the world, healthcare is changing, and I felt that we were being prepared to be part of this evolution.

"Juggling work, family and study is not easy, especially if you're returning to study after a long break. But AUT offers an excellent learning environment and the resources to support a mature student like myself. The lecturers are immensely dedicated, and provide advice and guidance whenever needed."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)





### KEY FEATURES:

- The only New Zealand university degree in paramedicine
- Includes 1,000 hours of clinical placement
- Meets the requirements to apply for the role of paramedic across Australasian, Canadian and UK ambulance services
- Offered at the South Campus

## Bachelor of Health Science Paramedicine

**Paramedicine is New Zealand's most trusted profession, helping the community it serves in times of need. Paramedics are the backbone of emergency ambulance services run by St John and Wellington Free Ambulance, as well as helicopter rescue services. Paramedics often work independently in remote or difficult environments, isolated from other health professionals. Paramedics have to make critical, often complex decisions. The Paramedicine major prepares you for these challenges.**

**You learn from staff who are intensive care paramedics, emergency nurses, defence force medics, midwives, medical specialists and emergency management specialists. There's a focus on practical experience with clinical placements available in ambulance services, hospitals, mental health institutions, ski fields, and community or primary health centres.**

### What this major covers

#### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Introduction to Paramedic Practice
- Human Anatomy and Physiology II
- Paramedic Science

#### Year 2

You develop further theory and skills related to paramedicine practice. There's an emphasis on cardiology and managing patients with altered haemodynamics (resuscitation, defibrillation, 12 Lead ECG, intravenous access and drug therapy). You also become familiar with pharmacology and research methods for paramedics and complete large amounts of clinical practice. Ambulance operations are also covered.



### SEE YOURSELF AS:

- Able to make good judgments
- Mature, caring and calm
- Able to work independently and as part of a team
- Able to work well under pressure



### CAREER OPPORTUNITIES:

- Paramedic
- International relief work
- Safety services and emergency management roles
- Medic on super-yachts and cruise liners
- Working in an environment where out-of-hospital emergency care may be required, including frontline ambulances, oil rigs, industrial sites, ski fields, emergency manager in the corporate sector, and repatriation services

### Year 3

You apply your skills from the previous years to develop a safe, integrated clinical paramedicine practice. This includes resuscitation, mental health, primary care and health law. This year focuses on preparing you for employment as a practising paramedic. It also includes a clinical reasoning component.

### Workplace experience

Throughout your degree you complete approximately 1,000 hours of clinical placement in ambulance services, hospitals, mental health institutions and community or primary health centres. These placements require you to be mobile and work shifts.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application <sup>1</sup>. Places are limited <sup>2</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.
2. Entry is limited and well sought after. Applicants who hold ambulance, nursing or military medicine qualifications may qualify for Recognition of Prior Learning and a part-time study pathway. You need a valid driver's licence and a good level of physical fitness, and may be interviewed as part of the application process.



#### Josh McInnes

Intensive Care Flight Medic,  
St John, Northland  
Postgraduate Diploma in  
Health Science student  
Bachelor of Health Science in Paramedicine

"As an intensive care flight medic, I respond to all types of medical and traumatic emergencies, and support ambulance crews with patients requiring advanced life support. We also work with the Whangarei Intensive Care Unit, transporting patients to and from hospitals around Northland, as well as providing search and rescue cover for Northland.

"I love that every day as a paramedic is different, and you never know what you're going to be faced with.

"I chose AUT's Bachelor of Health Science in Paramedicine because the majority of well-respected paramedics I met while volunteering at St John had been through the AUT degree. Make the most of your lecturers – they have been there and done it, so pick their brains and if you have a question ask it.

"AUT gave me the skills to work to a high standard while helping the community as a paramedic. As part of the paramedicine degree we completed a number of placements, from patient transport between hospitals, to working in an operating theatre and a front-line ambulance. This gave us a good understanding of the jobs we were heading into."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### KEY FEATURES:

- Can open up a wide range of career options
- Focus on scientific analysis, and key interpersonal and research skills
- Combine this major with the Public and Environmental Health major, a minor or a Bachelor of Business
- Offered at the North Campus

## Bachelor of Health Science Psychology

**Psychology is a broad and exciting discipline that covers a range of approaches to studying and understanding behaviour. Explore how people interact with the environment and each other, and how personal, biological, social and environmental factors influence behaviour. Psychology graduates also have key research, questionnaire design and analysis skills valued in marketing, social research, and policy analysis and development.**

**In the Psychology major you gain a broad understanding of psychological research and theory, and related ethical and legal issues. You develop research and critical thinking skills, and learn to integrate and present information from diverse perspectives. AUT psychology graduates are sought after because of their understanding of scientific research, and key interpersonal and analytical skills.**

### What this major covers

#### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

In Semester 2, you gain a broad overview of psychology and its research, theory and application, and further develop your interpersonal skills. You complete the following papers:

- Introduction to Psychology A
- Introduction to Psychology B
- Introductory Research Methods
- Plus one elective paper

#### Year 2

Depending on your specific pathway you do some or all of these papers:

- Abnormal Psychology
- Brain and Behaviour
- Cognitive Psychology
- Methods of Research and Enquiry
- Personality
- Psychological Assessment
- Social Psychology



### SEE YOURSELF AS:

- Interested in human behaviour
- Interested in research
- Able to relate to a range of people
- Patient, adaptable and observant



### CAREER OPPORTUNITIES:

- Government, health and social services roles
- Customer service
- Human resources
- Management development programmes.
- Marketing
- Policy analysis and development
- Psychologist <sup>1</sup>
- Social research

### Year 3

You learn to think ethically and critically in the context of professional psychology practice. You should choose psychology papers relevant to your future career prospects. You develop advanced research skills and learn to apply these in the field of your choice.

Papers you complete:

- Health Law and Policy
- Professional Practice and Ethics or approved elective
- Level 7 psychology papers (depending on your specific pathway)

### Conjoint programmes

You can study the Bachelor of Business conjointly with the Bachelor of Health Science in Psychology.

### Double major option

The Psychology major can be completed as a double major with Public and Environmental Health within three years.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>2</sup>.

1. Registration as a professional psychologist requires postgraduate study. AUT offers a pathway to registration as a counselling psychologist.
2. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



#### Jane Gabites

Counselling Psychologist,  
Jane Gabites Psychology  
Postgraduate Diploma in Counselling  
Psychology  
Master of Health Science with  
First Class Honours  
Bachelor of Health Science (Honours)  
in Psychology  
Bachelor of Health Science in Psychology

"In the work I do as a counselling psychologist I enjoy being able to help people, so they can go on to live rich and meaningful lives. Sometimes, just teaching a person some new strategies around unhelpful thinking patterns can have a transformative effect for them.

"Much of my private practice work is as a provider for ACC's Sensitive Claims Service, where I work with clients who have experienced some form of sexual harm or trauma. This is incredibly rewarding, and my training as a counselling psychologist has set me up well to do this work. I also work with individuals and couples to help them negotiate any difficulties they come up against.

"I decided to study the Bachelor of Health Science in Psychology because I liked the depth and breadth of subjects it offered. I felt that AUT would give me a well-rounded approach to psychology, and I liked that the class sizes at AUT weren't overwhelming.

"After completing my undergraduate degree, I enrolled in postgraduate study to become a counselling psychologist. I was very impressed by the counselling psychology programme. It takes a holistic yet scientific approach to psychology, which I really appreciate."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### KEY FEATURES:

- Focused on addressing major health and social issues
- Includes 150 hours of workplace experience related to health promotion
- Complete a double major with Psychology within 3 years
- Offered at the North or South Campus



### SEE YOURSELF AS:

- Versatile
- Resourceful
- Articulate
- Creative
- Committed to the promotion of sustainable health
- A change agent



### CAREER OPPORTUNITIES:

- Working with non-governmental organisations and community groups
- Working within central and local government in planning and funding and community development
- Working for district health boards and other Crown agencies
- Working with Iwi and Māori organisations doing grassroots community work, community economic development, whānau ora case management, research and evaluation
- Public and environmental health teaching and researching

## Bachelor of Health Science Public and Environmental Health

Those working in public and environmental health are preventative thinkers who understand and can reshape health in a sustainable way. By developing knowledge of public and environmental health you'll learn to critically assess, evaluate and lead change initiatives for healthy cities, workplaces and communities. You explore national case studies, as well as global and planetary health cases.

Our graduates work in the public sector, not-for-profit and private sectors; or they are self-employed, advising and designing for sustainability, urban development and equity. They're team leaders, project designers and analysts. They increasingly also work in the digital space, helping to create eHealth apps and serious games, and play a crucial role in social innovation and enterprise projects.

This major is committed to human rights, health equity and social justice principles. The skills you acquire will enable you to develop and lead initiatives in mental health, violence-free society, youth and community development, healthy eating and fitness, industry and lifestyle wellness, environmental sustainability and healthy spaces, road safety and injury prevention, tobacco, alcohol and gambling controls.

### What this major covers

#### Year 1

You develop a general understanding of public and environmental health, learning alongside other health science students.

Papers you take in your first year include:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment
- Health Promotion
- Introductory Research Methods
- Nutrition, Activity and Health<sup>1</sup>
- Social Psychology

#### Year 2

You develop practical skills and further your understanding of the values and approaches of public and environmental health. You complete papers on tobacco control, fonua ola: Pasifika health, theories and models in public and environmental health, evaluation and epidemiology, and nutrition, activity and health (available at the South Campus).

You also select elective papers. We recommend the health media and communications paper to develop digital skills.



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



### Year 3

The final year prepares you to make the transition to working within the wider sector.

Core papers:

- Professional Practice and Ethics
- Health Law and Policy
- Health Practice Cooperative
- Public and Environmental Health of Communities
- Māori Health Promotion
- Methods of Research and Enquiry

You also select one elective paper.

### Workplace experience

At the heart of your final year is the Health Practice Cooperative paper, 150 hours of workplace experience in organisations involved in public and environmental health.

Recent placements included:

- Health Families: Manukau, Manurewa-Papakura
- Manurewa Marae: Whare Oranga
- Counties-Manukau, Auckland and Waitemata District Health Boards
- Auckland Council
- Accessable: Environmental Health Management Services
- Village Collective
- Datacom
- The Asian Network Incorporated
- Breast Cancer Foundation NZ

We also have a number of opportunities for students in research, teaching and innovation projects.

### Second major option

You can complete the Public and Environmental Health major as a double major with Psychology within three years.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited<sup>2</sup>.

1. South Campus students complete an elective paper instead, and will complete this paper in Year 2.
2. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



#### Nickola Loodin

Master of Public Health student  
Postgraduate Diploma in Public Health  
Bachelor of Health Science in Health Promotion

"At the end of my final year of secondary school I really wasn't sure what I wanted to do, and it terrified me that everyone around me seemed so sure of their purpose in life. After two years of a Bachelor of Arts someone told me that they could see me enjoying health promotion. Health promotion wasn't something I had heard of before, however after investigating AUT's health promotion degree I finally felt like I had found something that resonated with me.

"Health promotion and public health make sense to me and it's an area I'm deeply passionate about. I wanted a career that I care deeply about.

"For my master's research I'm focusing on emergency and disaster management, and exploring the use of Lego bricks as a participatory tool to engage children in disaster risk reduction research. What caught my interest was that this topic had never been researched before, and the fact that disaster risk reduction requires inclusive and equitable approaches that foster genuine participation of all members of society.

"It would be my absolute dream to work for Save the Children, UNICEF or the World Health Organisation one day. But for now, my plan is just to finish my thesis and then see what doors will open."

## QUICK FACTS

Level: 7

Points: 480

Duration: 4 years F/T only<sup>1</sup>Campus: South & distance learning<sup>2</sup>

Starts: 24 Feb 2020



## KEY FEATURES:

- Prepares you for a rewarding career as a midwife
- Includes over 2,400 practice hours throughout your study
- Taught by staff who are practising midwives



## CAREER OPPORTUNITIES:

Job opportunities for midwives are good, especially in the Auckland region.

Midwives work in the areas of pregnancy and childbirth, including the first six weeks after childbirth. They are employed in public hospital services, or set up in practice as a self-employed midwife in the community. Throughout your studies you complete 2,400 practice hours, an experience that reflects the real world of midwifery.

## Bachelor of Health Science (Midwifery)

BHSc(Mid) | AK1035

Develop the skills to provide excellent midwifery care. AUT's midwifery degree prepares you for a successful and rewarding career as a midwife, either as a hospital midwife or a lead maternity carer (a self-employed case loading midwife).

Practical experience is a key part of the midwifery programme. You spend more than half of your time in clinical practice, developing the skills to become a confident and competent midwife. Throughout your studies you complete 2,400 practice hours, an experience that reflects the real world of midwifery.

### Entry requirements

#### Minimum entry requirements

- University Entrance or equivalent
- 18 credits at level 3 in either Biology or Chemistry, and 16 credits in one subject from Art History, Business Studies, Classical Studies, Drama, Economics, English, Geography, Health Education, History, Media Studies, Physical Education, Social Studies, Te Reo Māori, Te Reo Rangatira
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) including police clearance
- Must hold a valid driver's licence
- Applicants with English as a second or other language who have not completed at least three years of secondary schooling in NZ will be required to meet IELTS requirements

#### English language requirements

IELTS (Academic) 7.0 overall with 6.5 or higher in Reading and Writing, and 7.0 in Listening and Speaking.

### What this qualification covers

The Bachelor of Health Science (Midwifery) is a four-year, 480-point programme<sup>3</sup>.

## Year 1

Papers this year cover common and midwifery specialist papers.

Semester 1 papers include:

- Health and Environment OR Māori Health, Development and Environment
- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication

Semester 2 papers include:

- Art and Science of Midwifery I
- Developing Midwifery Practice
- Human Anatomy and Physiology II
- Professional Frameworks for Midwifery Practice

## Year 2 and 3

You further your understanding of the art, science and practice of midwifery and pharmacology. Papers also explore complications of childbirth, the newborn with special needs, women's health and factors that impact on midwifery. These skills prepare you for professional practice.

## Year 4

You spend 80 percent of your time in practice placements with lead maternity carer midwives (self-employed case loading midwives) in the community and in primary and secondary maternity hospitals.

## Workplace experience

Throughout your studies you complete 2,400 practice hours, an experience that reflects the real world of midwifery.

AUT encourages early application. Places are limited <sup>4</sup>.

1. High achieving students may be offered the opportunity of an accelerated three-year programme, including Summer School.
2. Distance learning: Northland and Taranaki (through a live online platform and local classes).
3. There is an option for a limited number of students who meet specific GPA criteria to undertake an accelerated programme where they will do four academic years in three calendar years.
4. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. You need a valid driver's licence. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### India Brown

Caseloading Midwife, Counties  
Manukau District Health Board  
Bachelor of Health Science (Midwifery)

"I enjoy working for women's health. As a midwife, you see families at their strongest and at their most vulnerable. It's an immense privilege. It's incredibly rewarding to see women become mothers, whether it's for the first time or the fifth.

"Women who choose me as their lead maternity carer, book with me at the beginning of their pregnancy. I care for them throughout the antenatal period, providing on-call support and care. I attend to the woman for her birth and continue to supply postnatal care for up to six weeks after the birth, in the birthing centres and at the family's home. I love the continuity of caring for women in this life-changing period of their journey.

"Studying midwifery was a natural choice for me as you're working with families to bring new life into the world. New Zealand is incredibly ethnically diverse, and it's enlightening to work alongside a variety of cultures as they expand their whānau.

"The majority of AUT's midwifery degree takes place in the working environment, with clinical placements starting in the very first year. We were provided with a variety of placements in primary birthing units, hospitals, ultrasound clinics, high-risk midwifery teams and diabetic clinics, as well as experience with rural lead maternity carers."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

## QUICK FACTS

Level:	7
Points:	360
Duration:	3 years F/T only
Campus:	North
Starts:	24 Feb & 13 July 2020



## KEY FEATURES:

- AUT nurses are recognised as some of the best in New Zealand
- Access to the latest facilities
- High-quality clinical placements throughout Auckland
- Includes 1,200 hours in a variety of clinical settings



## CAREER OPPORTUNITIES:

Graduates who pass the Nursing Council of New Zealand's State Examination gain registration as a Registered Nurse. Nursing registration gives scope for specialisation in health service delivery and work in organisations allied to the health sector.

Examples include:

- Acute care nursing – public or private
- Advanced nursing practice
- Health administrator/manager
- Medical representative
- Mental health nursing
- Nurse in defence forces
- Nurse lecturer/researcher
- Primary healthcare nursing

# Bachelor of Health Science (Nursing)

BHSc(Nurs) | AK3324

Nurses are critical to the success of the healthcare system, and AUT-trained nurses are recognised as some of the best in New Zealand. We achieve this through our strong nursing programme, guided by leading nursing academics and clinicians. The nursing degree focuses on interprofessional practice and care, just like it is in the workplace. You'll learn that health and healthcare is multifaceted and dynamic, and goes beyond health and illness care to nurture the growth of healthy communities. Throughout your studies you complete 1,200 hours of practical experience in hospitals and in the community. Graduates who pass the Nursing Council of New Zealand's State Examination gain registration as a Registered Nurse.

## Entry requirements

### Minimum entry requirements

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) requirements including police clearance
- Applicants with English as a second or other language who have not completed at least three years of secondary schooling in NZ will be required to meet IELTS requirements

### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.5 or higher.

## What this qualification covers

### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

The second semester focuses on nursing knowledge, nursing skills and health service delivery.

### Year 2

In your second year, you focus on nursing individuals with physical and mental illness. Year 2 also includes community placements where you gain clinical experience in both the hospital and community, in acute and chronic illness and mental health. You also become familiar with conceptual knowledge, psychomotor skills and clinical decision-making skills.

### Year 3

In your final year, the focus is on the complexity of caring for individuals, young and old, and their families in hospital and community settings. You develop clinical skills, clinical reasoning and decision-making skills to nurse people with complex health conditions. You also study the impact of developmental and rehabilitation issues.

### Workplace experience

The final semester prepares you for graduate nursing practice. This involves an extended placement (360 hours) in a setting where you can apply your science and nursing knowledge to the nursing of individuals, families and populations with a range of health needs.

Recent placements included:

- Starship (paediatric)
- Community Alcohol and Drug Services (CADS)
- Mason Clinic (forensic mental health)
- Emergency and critical care departments
- Primary healthcare
- Aged care

Throughout your studies you complete 1,200 hours of practical experience in hospitals and community centres.

#### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places.



#### Jing Feng

China

Ear Nurse Specialist, Greenlane Clinical Centre/Nurse, Auckland ENT Group  
Bachelor of Health Science (Nursing)

"I enjoy sharing my knowledge and applying my clinical skills to provide the best nursing care I possibly can for all my patients. As a nurse, I can provide health information and strategies, and educate individuals to prepare themselves and better control their health. I chose to study nursing because I didn't just want to gain a qualification, but also skills I can use for life. AUT made a good impression on me with its North Campus and its great student support services. The clinical shifts each semester are what I enjoyed most about my studies. AUT gave me the opportunity to choose the clinical settings I would prefer, including surgical, medical and paediatric nursing. This helped me decide on my professional development direction and career pathway."

#### Employer comment

"Jing is vastly experienced. She brings this to her patient care approach and is a leader at the practice, guiding other staff in this regard. She shows great responsibility and leadership, and has taken on the Primary Audit role in the practice and the lead in infection control practices. She is very good at communicating issues with both doctors and other staff, and identifies problems and pitfalls early and works to rectify and avoid these."  
**Dr Jacqui Allen, Medical Director/ ENT Consultant, Auckland ENT Group**



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



## QUICK FACTS

Level:	7
Points:	360
Duration:	3 years F/T only
Campus:	North
Starts:	24 Feb 2020



## KEY FEATURES:

- Graduates can apply to register as an occupational therapist in New Zealand and overseas
- 1,000 hours of practice education
- Includes placements in a number of clinical practice settings



## CAREER OPPORTUNITIES:

When you graduate you can apply to register as an occupational therapist in New Zealand and other countries. Occupational therapists work with all age groups in:

- Primary Health Organisations (PHOs)
- Community development
- Health centres and hospitals
- Research
- Schools
- Residential care facilities
- Private practice
- Rehabilitation and ACC

# Bachelor of Health Science (Occupational Therapy)

BHSc(OT) | AK3410

Occupational therapists (kaiwhakaora ngangahau) promote the health and wellbeing of individuals, groups and communities. They help people participate in everyday activities including learning, communication, interpersonal interaction and relationships, mobility, self-care, domestic life, and social life. Occupational therapists can also modify people's environment – or the activity itself – to help them participate in the activity. The occupational therapy degree is intensive and involves learning in an interprofessional environment, in the classroom and in clinical practice settings.

## Entry requirements

### Minimum entry requirements

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) including police clearance
- Applicants with English as a second or other language who have not completed at least 3 years of secondary schooling in NZ will be required to meet IELTS requirements

### English language requirements

IELTS (Academic) 7.0 overall with all bands 6.5 or higher.

## What this qualification covers

### Year 1

You'll focus on understanding occupation, motivation, and how the body works to enable participation in occupation. You could also work alongside an occupational therapist.

You take four intermediate core papers alongside other health science students:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

Semester 2 papers:

- Experiencing Occupation
- Personal and Environmental Factors in Occupation
- Occupational Therapy Practicum I – includes two-week practice education within or outside of Auckland

## Year 2

You explore how illness or injury impacts on people performing their occupations and typical occupational therapy intervention. You can experience practice education in both semesters. You consider how the environment affects occupational performance, learn about research, develop group work skills, and choose from a range of electives. Throughout the year students will need to complete fieldwork hours, alongside coursework, in community settings.

## Year 3

You learn about using evidence in practice to work with individuals; how to work with communities, organisations or groups of people; and how to change systems to enable participation. You also develop decision-making skills around assessment and intervention.

### Practice education (workplace experience)

Throughout your study you complete block placements (at least 1,000 hours across the degree) in a number of practice settings to prepare you for professional registration.

In your final year, you complete a 15-week block placement (either within Auckland or in a region outside of Auckland) in the second half of the year. You apply your learning in a range of practice settings under the supervision of an occupational therapist ahead of completing your degree. During your programme you'll be required to travel both within and outside the Auckland region for clinical/practical experience. Please note that travel, accommodation and other expenses will be an additional cost to you.

Recent placements included:

- Spectrum Care
- QRS
- Mahi Tahi

### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### Folole Fangupo

Mental Health Clinician / Occupational Therapist, Auckland District Health Board Lotofale – Pacific Mental Health Service  
Bachelor of Health Science (Occupational Therapy)

"I wanted to work in a health profession where I could spend quality time with my patients and help them improve their quality of life in all aspects. I was looking for a profession where I'm free to use my strengths and my creativity.

"At an AUT open day I heard an occupational therapist talk about her experience and passion for mental health and addictions, and that resonated with me and inspired me to enrol in the occupational therapy degree. I realised that occupational therapy was a perfect fit for me, as it truly looks at a person in a holistic way emotionally and spiritually, and at what is important to a person.

"AUT is a university that provides opportunities for students to gain hands-on experience in their respected field by completing work placements in different settings. This enables students to network and build relationships with future employers.

"One of the highlights for me was my first-year practicum at Auckland District Health Board Lotofale – Pacific Mental Health Service, where I now work. I was inspired by the service and how it uses clinical and cultural knowledge to support Pacific people, as well as by the sense of family and community within the service."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

## QUICK FACTS

Level:	7
Points:	360
Duration:	3 years F/T only
Campus:	North
Starts:	24 Feb 2020



## KEY FEATURES:

- Graduates can apply to register as oral health therapists
- Extensive clinical experience at AUT's oral health clinic, district health boards and other community placements
- This qualification is also recognised in Australia



## CAREER OPPORTUNITIES:

By successfully completing this degree you can register with the Dental Council of New Zealand in the scope of oral health therapy. Your qualification is recognised in Australia.

You could work in:

- District health boards (DHBs)
- Private, general or specialist practice
- Oral health promotion
- Education sector

## Bachelor of Health Science (Oral Health)

BHSc(OraH) | AK3113

The Bachelor of Health Science (Oral Health) is accredited by the Dental Council of New Zealand, and equips you with the knowledge and skills to practise oral health therapy. The practice of oral health therapy includes procedures for the assessment of oral health and prevention of dental caries and periodontal disease, delivering treatment for dental caries in patients up to the age of 18, managing periodontal disease and engaging with communities to promote oral health. As we're becoming increasingly aware of the link between oral and systemic health, our focus is on creating more awareness in communities to better manage and prevent oral health disease.

A wide range of teaching and learning methods are used including lectures, online sessions, self-directed learning, hands-on training in the simulation laboratory, community engagements and clinical placements. On completion of the degree, graduates can register with the Dental Council of New Zealand in the scope of oral health therapy.

### Entry requirements

#### Minimum entry requirements

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) requirements including police clearance
- Applicants with English as a second or other language who have not completed at least three years of secondary schooling in NZ will be required to meet IELTS requirements

Ranking of applicants will occur. Preference will be given to applicants with the highest level of academic achievement and/or evidence of accomplishments in the relevant field.

#### English language requirements

IELTS (Academic) 7.0 overall with all bands 6.5 or higher.

### What this qualification covers

#### Year 1

You'll learn the basis of human science and health in New Zealand. Practise pre-clinical skills in the simulation laboratory and visit a clinic for observation.

##### Semester 1:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

##### Semester 2:

- Human Anatomy and Physiology II
- Introduction to Oral Health Practice
- Oral Health Promotion

## Year 2

You continue to study human sciences with particular emphasis on the oral cavity, and become familiar with generic and discipline-specific pharmacology. You further your understanding of restorative and hygiene practice procedures in the pre-clinical laboratory.

Oral health assessment enables you to use in depth knowledge and critical thinking when treating adult patients and patients under the age of 18. This is adapted in a clinical setting in both the oral health clinic at AUT Integrated Health (AIH) and DHBs clinics during Semester 2. You explore health research methods, and will implement the oral health promotion project planned in Year 1. You'll also visit communities with oral health education messages.

## Year 3

You complete your pre-clinical education and start to undertake clinical activities both on and off site. Your clinical environments have been designed to reflect the oral health environments you're likely to encounter once you graduate. To ensure 'work readiness', you will undertake your oral health papers as well as papers focused on health law and professional practice and ethics. You also complete a 15-point elective paper so you can further pursue an area of interest.

## Workplace experience

Throughout your study you complete over 1,000 hours of clinical learning to prepare you for professional registration. There's an emphasis on practical experience, including clinical experience at AUT Integrated Health (AIH), which contains AUT's on-campus oral health clinic, private practices and DHB clinics.

In your final year, you complete a community placement in New Zealand or internationally.

### Te Ara Hauora Māori papers

You can include Māori health papers – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places.



### Caitlin Ryan

Oral Health Therapist, Belich Dental  
Bachelor of Health Science (Oral Health)

"I had always wanted to work in the healthcare field, and I loved the flexibility and diversity of AUT's oral health degree. AUT has always been recognised as a supportive university for athletes, and it assisted me with my sporting aspirations, as well as my academic goals. We were in the workplace at least twice a week and also gained experience in the simulation facility on the AUT North Campus where students gain competency in clinical procedures using fully equipped work stations. It was a great way to experience all aspects of oral health and meant I went into the workforce with plenty of experience."

### Employer comment

"We were looking for someone who could relate to patients; putting them at ease and being able to communicate oral hygiene instructions. We also wanted a good hygienist – someone who has impeccable clinical skills, and can manage a patient's oral health. Caitlin stood out straight away. She has a vibrant personality and a passion for dental hygiene and therapy. It's great that she has a dual hygiene/therapy qualification from AUT. She is a great asset to our team, and has a great rapport with both adults and children."

**Gordon Belich, Dentist/Owner,  
Belich Dental**



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)



## QUICK FACTS

Level:	7
Points:	480
Duration:	4 years F/T only
Campus:	North
Starts:	24 Feb 2020



## KEY FEATURES:

- One of the largest and most advanced programmes in the Southern Hemisphere
- The only physiotherapy degree in the North Island
- Includes 1,000 hours of workplace experience



## CAREER OPPORTUNITIES:

Physiotherapists specialise in:

- Acupuncture
- Cardiothoracic illness
- Hand therapy
- Health promotion and primary healthcare
- Manual therapy (including acute and chronic pain, injury, back and neck problems)
- Mental health
- Neurology (for spinal cord injury, stroke, Parkinson's Disease, multiple sclerosis)
- Occupational health
- Older adults
- Paediatrics
- Sports

# Bachelor of Health Science (Physiotherapy)

BHSc(Physio) | AK3313

Physiotherapists help people improve their quality of life. As a physiotherapist you work with a wide range of people, helping them overcome physical problems due to ageing, injury, diseases, disorders, conditions or environmental factors. Most New Zealand physiotherapists work privately, treating acute sport and accidental injuries, chronic pain, back and neck problems. You also find physiotherapists in most hospitals and general practices.

Our physiotherapy graduates are recognised throughout the world for their knowledge and leadership in healthcare. There is a strong focus on clinical practice, and you complete about 1,000 hours of clinical experience as part of your studies.

## Entry requirements

### Minimum entry requirements

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) requirements including police clearance
- Applicants with English as a second or other language who have not completed at least three years of secondary schooling in NZ will be required to meet IELTS requirements

Ranking of applicants will occur. Preference will be given to applicants with the highest level of academic achievement and/or evidence of accomplishments in the relevant field.

### English language requirements

IELTS (Academic) 7.0 overall with all bands 6.5 or higher.

## What this qualification covers

### Year 1

You complete eight papers in Year 1.

#### Semester 1:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

In Semester 2 you'll expand on your anatomy, physiology and pathology as you're introduced to physiotherapy, interpersonal and interprofessional skills.

## Year 2

You're introduced to the management of abnormal function and physiotherapy assessment, including clinical reasoning principles, evidence-based practice and a range of physiotherapeutic techniques. You develop an understanding of the rehabilitation of disorders of movement and function, exercise-based rehabilitation and clinical science reasoning and research methods. You could also spend one week observing physiotherapy in practice.

## Year 3

You develop more specific assessment and treatment skills, and become familiar with a wider range of complex health issues. This requires more detailed assessment and advanced treatment strategies, together with an understanding of reflective, professional and ethical practice. You'll also be provided with a two-week student assistantship.

## Year 4

The majority of the year is spent in a clinical centre, where you complete the approximately 1,000 hours of supervised physiotherapy practice experience required for registration.

## Workplace experience

There is a strong focus on clinical practice, and you complete about 1,000 hours of clinical experience as part of your studies.

### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### Leslie Tuilaepa

Physiotherapist, Otahuhu  
Physiotherapy  
Bachelor of Health Science (Physiotherapy)

"The great thing about physiotherapy is that you can mould it to what best suits you as a practitioner. You have opportunities to work in hospitals, in rest homes or with elite sports teams, or be based in a clinic working with the everyday average Kiwi.

"I love helping patients with their injury, working alongside other likeminded physiotherapists. In my role, I'm responsible for assessing and treating the general public. This includes educating patients on their injury and how to manage it, teaching people to move better, and treating acute sprains and strains.

"In my final year of study I completed workplace experience with the Auckland Regional Spinal Unit, Acute Care Services at Middlemore Hospital and a private physiotherapy practice. I enjoyed being exposed to so many different aspects of physiotherapy – from assessment and rehabilitation for people who have suffered a spinal cord injury, to sport physiotherapy, and respiratory care and cardiorespiratory group exercises programmes.

"Walking down the graduation aisle to collect my degree was a proud moment. Throughout my studies I've had many achievements I'm proud of, including participating in a research programme on diabetes services, mentoring other Pacific students and receiving the award for the Top Pacific Student in the Bachelor of Health Science (Physiotherapy)."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

## QUICK FACTS

Level:	7
Points:	360
Duration:	3 years F/T only
Campus:	North
Starts:	24 Feb 2020



## KEY FEATURES:

- Career opportunities are good for podiatrists in NZ and overseas
- The only New Zealand university degree in podiatry
- Practical experience in AUT's on-campus podiatry clinic and through a number of placements



## CAREER OPPORTUNITIES:

- Sports podiatry – involves working with the novice to the professional athlete to prevent, manage and rehabilitate sports-related injuries.
- High-risk foot – involves managing populations with diabetes and rheumatological conditions.
- Older adult podiatry – involves the promotion of health and management of long-term conditions that affect the lower limb and foot.

Qualified New Zealand podiatrists are able to practise in Australia, Singapore and the United Kingdom.

# Bachelor of Health Science (Podiatry)

BHSc(Pod) | AK3713

**Podiatry focuses on the prevention, diagnosis, treatment and rehabilitation of common conditions affecting the lower limb and foot. Study podiatry with us, and you'll be well prepared for a career as a podiatrist in both the private and public sectors. After successfully completing this degree, you can apply to register as a podiatrist in New Zealand and overseas.**

Clinical placements in hospitals, primary health organisations, private practices and at AUT Integrated Health (AIH), which contains the podiatry clinic are a key part of this programme. These placements are your chance to experience all aspects of a podiatrist's caseload, and a great networking opportunity. You can practise and perform minor surgical procedures in AUT's purpose-built surgical theatre.

## Entry requirements

### Minimum entry requirements

- University Entrance or equivalent
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) including police clearance
- Applicants with English as a second or other language who have not completed at least 3 years of secondary schooling in NZ will be required to meet IELTS requirements and will be interviewed.

### English language requirements

IELTS (Academic) 7.0 overall with all bands 6.5 or higher.

## What this qualification covers

### Year 1

You develop an in-depth understanding of general healthcare, learning alongside other health science students. In Semester 1 you complete:

- Human Anatomy and Physiology I
- Knowledge, Enquiry and Communication
- Lifespan Development and Communication
- Health and Environment; or Hauora Māori and Environment

### Semester 2 papers:

In Semester 2, you're introduced to clinical practice at AUT Integrated Health (AIH), which contains the podiatry clinic involving a mix of practical and academic work, in preparation for managing patients.

- Podiatry Clinical Practice I
- Musculoskeletal Podiatry
- Human Anatomy and Physiology II

## Year 2

You undertake clinical practice, focusing on clinical podiatry techniques, and under supervision begin to treat patients at AUT Integrated Health's podiatry clinic. You explore contemporary concepts in pathology, diabetes and the management of common musculoskeletal conditions, and expand on the theory introduced in Year 1 including anatomy, physiology and clinical musculoskeletal assessment.

## Year 3

In the final year you study rheumatology, long-term conditions management and podiatric imaging. You develop clinical decision-making skills to become an independent practitioner. Clinical placements provide you with the opportunity to explore chronic podiatric medical conditions, lower limb musculoskeletal conditions and podiatric surgery.

## Workplace experience

Clinical placements in hospitals, primary health organisations, private practices and the AUT Integrated Health (AIH) on-campus podiatry clinic are a key part of this programme. Your final year ends with an extended placement in private practice, the public sector and AIH, exposing you to a wide range of interprofessional clinical environments.

### Te Ara Hauora Māori papers

You can include Māori health papers and develop the skills to work more effectively with Māori – see page 10.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



### Georgina Barr

Podiatrist/Dance Podiatrist,  
SportsMed, Christchurch  
Director, Barrina Ltd – Custom Pointe  
Shoe Fitting and Education  
Bachelor of Health Science (Podiatry)

"I enjoy many aspects of my job. The best part is when a patient arrives at the appointment in pain and leaves pain free. SportsMed is my first place of employment since graduating from AUT, and it's a truly multidisciplinary clinic. Being able to work together with other health professionals is of great benefit to the patient. I decided to focus on podiatry services for dancers because I danced when I was younger and suffered from a poorly managed injury that forced me to stop dancing. I want to protect young dancers from that same fate."

### Employer comment

"Georgina is one of our excellent podiatrists and has made a huge difference to our practice in terms of those patients in particular who are dancers, in all forms of dance, from tango through to hip-hop through to ballet and acting and theatre students. Georgina has added significant value since she joined our team here with her experience and excellence in assessing those who are constantly on their feet in terms of either their recreation or in the case of some ballet dancers, their career. She is now recognised throughout New Zealand for her dance podiatry expertise."  
**Dr Rob Campbell, Sports and Exercise Physician, SportsMed, Christchurch**



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

## QUICK FACTS

Level:	8
Points:	120
Duration:	1 year F/T, 3 years P/T
Campus:	North
Starts:	24 Feb 2020

**Jennifer Griffin**

Podiatrist,  
Jennifer Griffin Podiatry, Whangarei  
Bachelor of Health Science (Honours)  
Bachelor of Health Science (Podiatry)

"Once I completed my undergraduate degree I decided to enrol in the Bachelor of Health Science (Honours) as I realised it would give me more opportunities to go on to doctoral study one day. I wanted to contribute research to the relatively young profession of podiatry, specifically looking at people with rheumatoid arthritis. My honours degree dissertation focused on dynamic postural stability in sandals compared to shoes. I had a great supervisor, who is well-known for his research in the field. Hopefully one day we can make a difference to the quality of life of people who suffer from rheumatoid arthritis. I thoroughly enjoyed learning about different research techniques and the philosophy around them. I also loved collecting data and talking to our participants."

## Bachelor of Health Science (Honours)

BHSc(Hons)/BHSc(Hons)Psych | AK3662

Investigate and research a specific area of health science with this one-year honours programme. The Bachelor of Health Science (Honours) is aimed at high-achieving graduates of the Bachelor of Health Science. It's a great way to make your CV stand out and can also serve as a fast track into doctoral study.

### Entry requirements <sup>1</sup>

#### Minimum entry requirements

Completed the Bachelor of Health Science with a B+ grade average or higher in level 7 papers in the selected subject area for this degree, or equivalent.

#### Selection criteria

Interview may be required

#### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

### BACHELOR OF HEALTH SCIENCE (HONOURS)

(AK3662) 120 points

#### 30 points from:

Specialist Option	30 points
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#### And 15 points from:

Health Professional Practice	15 points
Practice Reality	15 points
Concepts of Rehabilitation	15 points

#### And 15 points from:

Quantitative Research I	15 points
Qualitative Research I	15 points
Integrative Research	15 points

#### And 15 points from:

Quantitative Research II	15 points
Qualitative Research II	15 points
Disability and Health	15 points

Or other approved postgraduate paper

#### And:

Dissertation	45 points
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**BACHELOR OF HEALTH SCIENCE (HONOURS) IN  
PSYCHOLOGY <sup>2</sup>**  
**(AK3662) 120 points**

Complete one of:

Psychological Theory and Research	30 points
Psychological Theory and Practice	45 points

And up to 45 points from:

Quantitative Research I	15 points
Quantitative Research II	15 points
Qualitative Research I	15 points
Qualitative Research II	15 points
Integrative Research	15 points
Health Professional Practice	15 points
Practice Reality	15 points
Therapeutic Theories and Skills	15 points
Measuring Health and Wellbeing	15 points

And:

Dissertation	45 points
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1. Potential students are usually identified in the third year of their bachelor's degree. Your individual course of study will need to be approved by the programme leader.
2. To be admitted, you must have personal qualities that show suitability for this programme, including supplying references and satisfying a police check. An interview will normally be required.



**Alex Seung Chol Lee**

Registered Health Professional,  
Palmerston North Hospital  
Bachelor of Health Science (Honours)  
(First Class)  
Bachelor of Health Science (Occupational  
Therapy)

"The honours degree is a great way to obtain an enormous amount of knowledge, experience and insight in a short period of time. I gained greater confidence and a better understanding of how to progress a research project. If you're considering studying for a PhD or master's degree in the future, this can be a great help.

"I wanted to use the knowledge of my culture to help older members of my community with the healthcare issues they face in New Zealand. My project provided a great opportunity to understand different activities that older Korean immigrants used to engage in in Korea, and how those activities changed post-immigration. This information then led to a demonstration of how this assessment tool can be improved.

"The knowledgeable staff at AUT supported me throughout this project. They were always approachable and communicative, and gave me accurate advice in regards to the areas where I needed further development. They shared research articles, workshop information and forum opportunities relevant to my project.

"I was able to contact a number of research institutes, and through these organisations I was able to attend various research forums. They helped me shape my research topic and gave me better insights about my research target population."



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

## QUICK FACTS

Level:	6
Points:	120
Duration:	1 year F/T only
Campus:	South
Starts:	24 Feb & 13 July 2020

# Diploma in Paramedic Science

DipPSc | AK1011

The Diploma in Paramedic Science is for students who want a career in pre-hospital emergency healthcare, primarily in an ambulance setting. After completing the Diploma in Paramedic Science you will have successfully met the requirements to apply for work as an Emergency Medical Technician (EMT) in New Zealand.

## Entry requirements

- Completion of Year 12
- Must be capable of meeting Health Practitioners Competence Assurance Act (HPCA Act) requirements and Vulnerable Children's Act (VCA Act) requirements including police clearance

## English language requirements

IELTS (Academic) 6.0 overall with all bands 5.5 or higher; or equivalent.

## What this qualification covers

You take the following papers:

- Knowledge Enquiry and Communication
- Introduction to Paramedic Practice
- Human Anatomy and Physiology I
- Human Anatomy and Physiology II
- Paramedic Science
- Clinical Practice I
- Clinical Practice II

## Career opportunities

Career opportunities in New Zealand include employment with St John, Wellington Free Ambulance service, the New Zealand Defence Force (NZDF) and other pre-hospital medical providers. An emergency medical technician administers pre-hospital emergency care – looking after patients during the time between when an ambulance locates the patient and when that patient arrives at the hospital or treatment centre. EMTs are required to provide a high level of professional medical care to patients under a variety of circumstances.

AUT encourages early application. Places are limited <sup>1</sup>.

1. We encourage you to apply as soon as applications are open. Places are limited, and in many programmes there are more applications than available places. Once we have received your application, we may ask you to provide further information. Your application can only be assessed when you have provided all of the information requested.



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)

# Graduate Diploma in Psychotherapy Studies

GradDipPsychotherapySt | AK3580

The Graduate Diploma in Psychotherapy Studies is designed for health professionals and volunteers, as well as individuals interested in becoming a psychotherapist and focused on a detailed understanding of human experience and behaviour. It's the first stage of AUT's integrated psychotherapy programme that leads to qualification as a beginning psychotherapist.

Graduates who go on to complete the Master of Psychotherapy can apply for provisional membership of the New Zealand Association of Psychotherapists or the New Zealand Association of Child and Adolescent Psychotherapists (according to the course of study undertaken), and under an interim scope of practice with the Psychotherapists Board of Aotearoa New Zealand.

## Entry requirements

### Minimum entry requirements

- A bachelor's degree OR
- Relevant professional qualification or experience approved by the Dean (or representative) to be equivalent to a bachelor's degree
- Interview may be required

### English language requirements

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

## What this qualification covers

Explore the theory and foundation skills of psychotherapy, and develop an understanding of human experience and human behaviour. There's an emphasis on self-awareness and experiential learning.

Those pursuing an adult psychotherapy focus take the following papers:

- Mental Health and Psychopathology
- Psychosocial Life Review
- Social and Cultural Analysis
- Psychotherapy Practice Skills
- Relational Psychotherapy: History and Systems
- Reflexivity and Relational Skills

If you intend to pursue child and adolescent psychotherapy you take some of the papers listed above together with the following:

- Psychoanalytic Concepts
- Psychoanalytic Theory
- Child and Adolescent Work Discussion Group
- Infant Observation

You also need to engage in your own personal psychotherapy during the course of study.

## Career opportunities

This programme is designed to augment your knowledge, skills and employability if you work in an area that requires you to form professional relationships with patients. It also contributes to the entry criteria for the Master of Psychotherapy.

## QUICK FACTS

Level:	7
Points:	120
Duration:	1 year F/T, P/T available (2 years or maximum 3 years)
Campus:	North
Starts:	24 Feb 2020

Graduate Diploma in  
Health Science

## QUICK FACTS

Level:	7
Points:	120
Duration:	1 year F/T, P/T available <sup>1</sup>
Campus:	North & South <sup>2</sup>
Starts:	24 Feb & 13 July 2020

Graduate Certificate in  
Health Science

## QUICK FACTS

Level:	7
Points:	60
Duration:	½ year F/T, 1 year P/T <sup>1</sup>
Campus:	North & South
Starts:	24 Feb & 13 July 2020

## Graduate Diploma in Health Science

GradDipHSc | AK1013

## Graduate Certificate in Health Science

GradCertHSc | AK3757

The Graduate Diploma and Graduate Certificate in Health Science are designed for people without a degree but with considerable work experience in health, sport or recreation who want to gain a qualification in their field. They're also suitable if you have a degree in another discipline and don't meet the entry criteria for postgraduate study. Both programmes include papers from the Bachelor of Health Science or Bachelor of Sport and Recreation. You'll be guided in your choice of papers.

## Entry requirements

- A bachelor's degree OR
- Relevant professional qualification or experience approved by the Dean (or representative) to be equivalent to a bachelor's degree

English language requirements<sup>3</sup>

IELTS (Academic) 6.5 overall with all bands 6.0 or higher; or equivalent.

## What these qualifications cover

For the graduate diploma, you take eight 15-point approved undergraduate papers, of which at least five must be level 7.

For the graduate certificate, you take four 15-point approved undergraduate papers, of which at least three must be level 7.

## Addictions papers

Addiction is a complex problem that affects the physical and mental health of individuals and their families and impacts on the wider social environment. AUT's addictions papers equip you with the skills to work effectively with people who have substance use and/or gambling related problems in a range of settings.

You can study addictions papers in both the Graduate Certificate in Health Science and the Graduate Diploma in Health Science.

## Papers include:

- Assessment and Intervention in Addiction
- Professional Practice in Addictions
- Gambling Studies
- Drug and Alcohol Studies
- Tobacco Control

If you want to be considered for DAPAANZ registration you will need to complete Drug and Alcohol Studies, and Assessment and Intervention, and will also need to hold an applied bachelor's degree in nursing, psychology, social work, medicine, counselling or similar.

## Clinical Child and Adolescent Psychotherapy papers

The Clinical Child and Adolescent Psychotherapy papers are designed for health professionals, teachers, youth workers and individuals who have extensive experience of working with children and who have a strong interest in becoming a specialist child and adolescent psychotherapist.

#### Papers include:

- Psychosocial Life Review
- Social and Cultural Analysis
- Infant Observation
- Child and Adolescent Work Discussion
- Psychoanalytic Concepts
- Psychoanalytic Theory
- Reflexivity and Relational Skills

You also need to engage in your own weekly personal psychotherapy throughout your study.

You may need to participate in an interview process for acceptance into this area of study.

#### Psychology papers

You can study psychology papers in both the Graduate Certificate in Health Science and the Graduate Diploma in Health Science.

The psychology papers in the Graduate Certificate in Health Science are aimed at students who already have a degree or experience in psychology. If you don't have previous experience in psychology, you should apply for the Graduate Diploma in Health Science.

#### Papers include:

- Positive Psychology
- Critical Evaluation in Psychology
- Experimental and Applied Behaviour Analysis
- Emotions and Human Nature
- Advanced Research
- Applied Issues in Cultural and Social Psychology
- Health Psychology
- Approaches to Psychological Intervention

#### Other paper choices

You can also choose other approved undergraduate papers from:

- Bachelor of Health Science
- Bachelor of Sport and Recreation

Prerequisites and limitations may apply.

#### Te Ara Hauora Māori papers

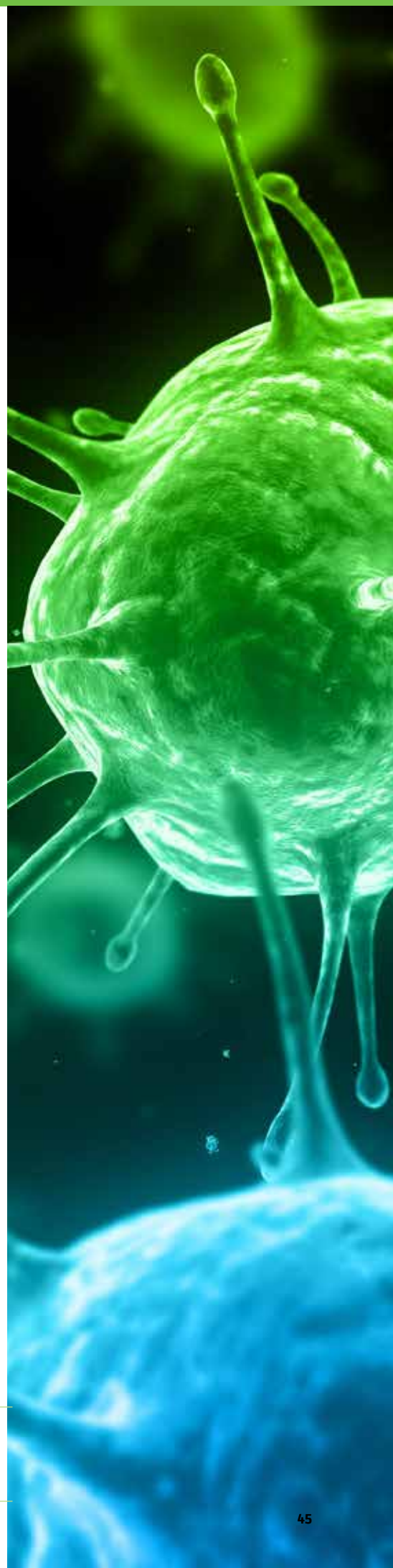
You can also include Māori health papers – see page 10.

AUT encourages early application. Places are limited.

1. As not all papers are offered every semester, it may not be possible to complete the qualification in the timeframe specified.
2. Not all papers are offered at both locations.
3. Students undertaking clinical papers (eg midwifery or nursing) need to meet the English requirements for the relevant Bachelor of Health Science subject area.



For more details visit [www.aut.ac.nz/healthsciences](http://www.aut.ac.nz/healthsciences)





# HOW TO APPLY

Below is the step-by-step guide to the applications process. For more information visit [www.aut.ac.nz/apply](http://www.aut.ac.nz/apply)

1

## APPLY EARLY

Places are limited. Submit your application well before the semester starts.

### APPLYING FOR 2020

- Semester 1
  - apply by 2 December 2019
- Semester 2
  - apply by 1 May 2020

2

## COMPLETE THE APPLICATION FORM

- Apply online
- Indicate your programme(s) of choice and major (if known)

International students can also apply using an AUT approved international agent. For a list of AUT registered agents visit [www.aut.ac.nz/international-agents](http://www.aut.ac.nz/international-agents)

## SUBMIT YOUR APPLICATION

## WE ACKNOWLEDGE YOUR APPLICATION

- We will send you an acknowledgment email, which explains how to check the status of your application
- We will contact you if we need more information





3

## WE ASSESS YOUR APPLICATION

- We assess your application to ensure you have met the entry criteria for the programme(s) you are applying for
- We consider your academic history and relevant experience to ensure you can succeed in your programme
- We let you know if your application has been successful

## POSSIBLE OUTCOMES

**CONFIRMED** We would like to offer you a place to study at AUT

**PROVISIONAL** You have met some of the criteria for entry to your chosen programme of study and we would like to offer you a provisional place to study at AUT. If you don't meet the rest of the requirements, then this offer will be withdrawn

**CONDITIONAL** You have to meet the conditions and approvals listed in your conditional offer to be able to secure a formal offer of place

**DECLINED** If you don't meet the entry requirements or all places are taken, we may offer you an alternative programme

**DECISION PENDING** We are unable to make a decision just yet, but will let you know when we expect to make a decision

## ACCEPT YOUR OFFER

# University admission to AUT bachelor's degrees

## For New Zealand citizens and residents and international students studying in a high school in New Zealand

To gain admission to bachelor's degrees, you must have met the requirements for University Entrance plus any specified admission requirements for a programme, such as specific subjects, portfolios and interviews.

For more information on entry requirements, including entry requirements for international students, refer to the AUT Calendar or visit [www.aut.ac.nz/calendar](http://www.aut.ac.nz/calendar)

**Please note:** AUT, like all other New Zealand universities, is required to manage enrolments. This is because of government policies that restrict the number of funded places available for domestic students in tertiary education.

### Admission categories

You may be granted University Entrance under one of the following categories:

- NCEA University Entrance
- Ad Eundem Statum admission (at an equivalent level) – this includes Cambridge International Examinations (CIE) and International Baccalaureate Diploma Programme (IB)
- Discretionary Entrance
- Special Admission

## Common University Entrance requirements

STANDARD	NCEA	CIE	IB <sup>2</sup>
<b>Overall</b>	Require <b>NCEA level 3</b> certificate which consists of 80 credits, including at least 60 credits at level 3 or higher. Can include up to 20 credits at level 2. <b>Note:</b> Credits to achieve NCEA level 3 may include unit standards from non-approved subjects. <b>Subject credits</b> Total of 42 level 3 credits including: • 14 credits from one approved subject • 14 credits from a second approved subject • 14 credits from a third approved subject	A minimum of 120 points on the UCAS Tariff <sup>1</sup> at A or AS level from an approved list (equivalent to NCEA approved subject list). Must include at least three subjects (excluding Thinking Skills) with grades D or above.	IB Diploma with minimum 24 points
<b>Numeracy</b>	At least 10 level 1 (or higher) numeracy credits (can be achieved through a range of subjects)	A minimum grade of D in IGCSE <sup>3</sup> mathematics or any mathematics subject at AS or A level.	Any mathematics subject – IB Group 5
<b>Literacy</b>	Total of 10 level 2 (or higher) literacy credits including: • 5 reading credits • 5 writing credits From specific standards in a range of NZQA English language rich subjects.	A minimum grade of E in English Language and/or English Literature subject at AS or A level.	Literature or language and literature (SL or HL) – IB Group 1, with English as the language.

1. UCAS (Universities and Colleges Admissions Services for the UK) Tariff = system which converts AS and A level grades into points.

2. New Zealand residents who have taken IB but have not been awarded the Diploma may apply for discretionary entrance.

3. IGCSE = International General Certificate of Secondary Education.

Where programmes require a specific subject, it is expected that a student will have achieved a minimum of 14 credits in that subject (unless indicated otherwise).

### NCEA approved subjects

For a list of NCEA approved subjects for University Entrance visit the NZQA website, [www.nzqa.govt.nz](http://www.nzqa.govt.nz)

### AUT language rich subject list

Art History, Business Studies, Classical Studies, Drama, Economics, English, Geography, Health Education, History, Media Studies, Physical Education, Social Studies, Te Reo Māori, Te Reo Rangatira.

### Alternative pathways into AUT bachelor's degrees

Students who have just missed University Entrance or did not get into their chosen degree could consider enrolling in one of the foundation studies certificates offered at AUT. Please visit

[www.aut.ac.nz/universityentrance](http://www.aut.ac.nz/universityentrance)

## Discretionary Entrance

Discretionary Entrance is available to applicants who have attained a high level of achievement in Year 12 and want to undertake university study.

International students can't apply for Discretionary Entrance.

### You can apply if you:

- Have not completed Year 13 in a New Zealand secondary school or have done Year 13 but not attempted to gain University Entrance
- Have not otherwise qualified for admission (or have attempted University Entrance)
- Are a domestic student (New Zealand or Australian citizen or permanent resident). If Australian, your most recent schooling must have been in New Zealand
- Are under 20 years of age on the first day of the semester in which you begin study and meet other requirements of the programme for which you apply

People who missed University Entrance in Year 13 may be considered for mid-year admission in the following year.

You can't apply for admission for Semester 1 if you studied in Year 13 after 1 June. However, you can apply for admission into Semester 2.

### Minimum academic criteria for Discretionary Entrance

- NCEA level 2 certificate endorsed with minimum of Merit or CIE/IB equivalent
- Minimum of 14 credits in each of four NCEA level 2 (or higher) subjects, at least three of which must be on the approved subject list
- Meet UE literacy and numeracy standards, or their equivalent.

The application is a two-step process. First, you indicate you want to apply through Discretionary Entrance on the standard application form. If you meet the criteria you are sent a second form in which you provide further information and a school recommendation.

The recommendation will provide proof of your maturity, motivation, capability and readiness to undertake degree-level study and also verify that you were not enrolled in Year 13 beyond 1 June in the year prior to admission. Please refer to the AUT Calendar or visit [www.aut.ac.nz/calendar](http://www.aut.ac.nz/calendar)

Please note: Applicants are considered on a case-by-case basis and must also meet other selection criteria for the programme for which they have applied. There is a non-refundable assessment fee of \$50.00.

### Admission at equivalent level (Ad Eundem Statum)

An applicant will be considered for Ad Eundem Statum admission if they:

- Have successfully gained University Entrance through CIE or IB or an approved qualification from a New Zealand secondary school of special character
- Have successfully completed a recognised foundation programme or other recognised tertiary qualification/study of at least 120 points at level 3, or at least 60 points at level 4 in one course of study and have completed Year 13 at a NZ secondary school, or equivalent.
- Have qualifications from an overseas secondary school or tertiary institution deemed by AUT to be sufficient for entry into an undergraduate degree programme.

Please note: Applicants will be required to supply an official academic transcript with their application.

## Bursary

If you sat Bursary (prior to 2004) rather than NCEA please refer to the AUT Calendar or visit [www.aut.ac.nz/calendar](http://www.aut.ac.nz/calendar)

## Special Admission

New Zealand citizens or residents who are over 20 years of age on or before the first day of semester can apply for degree-level entry through Special Admission.

## English language requirements

If you don't have English as your first language, you may have to show evidence of your English language skills.

International students studying at secondary school and applying for University Entrance must achieve UE Literacy through New Zealand secondary school qualifications NCEA, CIE or IB. IELTS can't be substituted.

In all other cases another form of English language testing is required. Minimum IELTS requirements for each programme are included on the relevant pages in this publication. For other recognised English tests for non-clinical programmes and for more information, visit [www.aut.ac.nz/englishrequirements](http://www.aut.ac.nz/englishrequirements)

## International students

Contact us for information regarding studying at AUT if you're not a citizen or permanent resident of New Zealand or Australia, or a citizen of the Cook Islands, Niue or Tokelau islands.

Visit [www.aut.ac.nz](http://www.aut.ac.nz) for entry requirements for specific countries.

Email: [internationalstudy@aut.ac.nz](mailto:internationalstudy@aut.ac.nz)



# Fees & scholarships

**Cost is an important factor when thinking about university study. This page gives you an idea of the approximate tuition fees at AUT, and different options to help you fund your education including scholarships, student loans and allowances.**

To give you an idea of approximate costs, the 2019 tuition fees are shown below (based on full-time study and completing 120 points per year). All fees are in NZ dollars and include GST. The 2020 tuition fees will be advertised on [www.aut.ac.nz/fees](http://www.aut.ac.nz/fees) as soon as they have been set.

## Domestic student tuition fees

First-time domestic students are entitled to one year of fees free.

### Undergraduate programmes

Fee (per year)	Approximately \$3,290.00-\$10,159.00
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### Bachelor of Health Science (Honours)

Fee (per year)	Approximately \$8,540.00 <sup>1</sup>
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1. Part-time students pay a proportion of the fee based on the number of academic points they are studying.

## International student tuition fees

### Undergraduate programmes

Fee (per year)	Approximately \$16,425.00- \$40,500.00 <sup>1</sup>
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### Bachelor of Health Science (Honours)

Fee (per year)	Approximately \$35,820.00
----------------	---------------------------

1. This fees range includes 60-point (one-semester) programmes

## Other fees you may have to pay:

- 2019 Compulsory Student Services Fee – \$646.00 for 120 points or \$5.38 per academic point
- 2019 Building Levy – \$71.00 for 120 points or \$0.59 per academic point
- Additional fees for course materials or elective papers (check with your faculty if there are additional fees for your programme)

Please note that you have to pay your fees in full by the date specified on your fees invoice.

To find out more about fees call **+64 9 921 9779** or the AUT Student Hub on **0800 AUT UNI** (0800 288 864).

## Free fees for your university study

Eligible domestic students starting tertiary education receive one year of full-time study fees-free<sup>1</sup>.

To check if you're eligible for fees-free study in 2020 visit [www.aut.ac.nz/fees](http://www.aut.ac.nz/fees)

1. Domestic students only, not available to international students.

## Scholarships and awards

Scholarships and awards are a great way to fund your university study. There is a wide range of scholarships and awards available to AUT students at all stages of their study. Visit the scholarships website for a current list of scholarships offered by AUT and external funders, as well as application forms and closing dates. You can also contact AUT's Scholarships Office for advice on scholarships, awards and the scholarship application process.

To find out more call **+64 9 921 9837** or visit [www.aut.ac.nz/scholarships](http://www.aut.ac.nz/scholarships)

## Support for scholarship students

Undergraduate scholarship students – whether the scholarship was awarded for academic endeavour or for excellence in sports, culture or leadership – have access to an extensive programme of support, including professional development and networking opportunities, and one-on-one support.

## Student loans and allowances<sup>1</sup>

If you are a full-time domestic student, you may qualify for a student loan or allowance. Student loans and allowances are administered and paid by StudyLink. The application process can take some time, so it's a good idea to apply early. You can apply for a student loan or student allowance before your enrolment at AUT is complete.

To find out more call **0800 88 99 00** or visit [www.studylink.govt.nz](http://www.studylink.govt.nz)

1. For domestic students only

## Help with planning and budgeting

We know that sometimes things happen and financial stress can impact your academic success. That's why we offer financial support that ranges from offering grocery or fuel vouchers, to helping with that unexpected bill.

## StudyLink website

Visit [www.studylink.govt.nz](http://www.studylink.govt.nz) for tools, tips and information to help you plan and understand the costs you will have while studying.



# Find out more

## AUT Open Day

Our Open Day at the City Campus will showcase everything AUT has to offer to help you make an educated decision about university study. To find out more visit [www.aut.ac.nz/live](http://www.aut.ac.nz/live)

## Visit our website

For the latest information on AUT programmes and to keep up-to-date with what's happening at AUT visit [www.aut.ac.nz](http://www.aut.ac.nz)

## Contact us online

If you have any questions about studying at AUT, you can contact us at [www.aut.ac.nz/enquire](http://www.aut.ac.nz/enquire)

## Secondary schools

If you are a secondary school teacher or career advisor, our Future Students Team can help you with any questions you may have. Contact the team on **+64 9 921 9239**.

## Connect with us

AUT has a range of social media channels to keep our students and the general public aware of what is going on around the university.

## Connect with us now:



@autuni

#autuni

## Drop in and see us

### AUT Student Hub

#### City Campus

Level 2, ground entry, WA building, 55 Wellesley Street East, Auckland

#### North Campus

AS building, 90 Akoranga Drive, Northcote, Auckland

#### South Campus

MB building, 640 Great South Road, Manukau, Auckland

## Campus tours

If you want to check out the campus and facilities, contact us and we will arrange a campus tour for you and your family. Call **0800 AUT UNI** (0800 288 864) for more information.

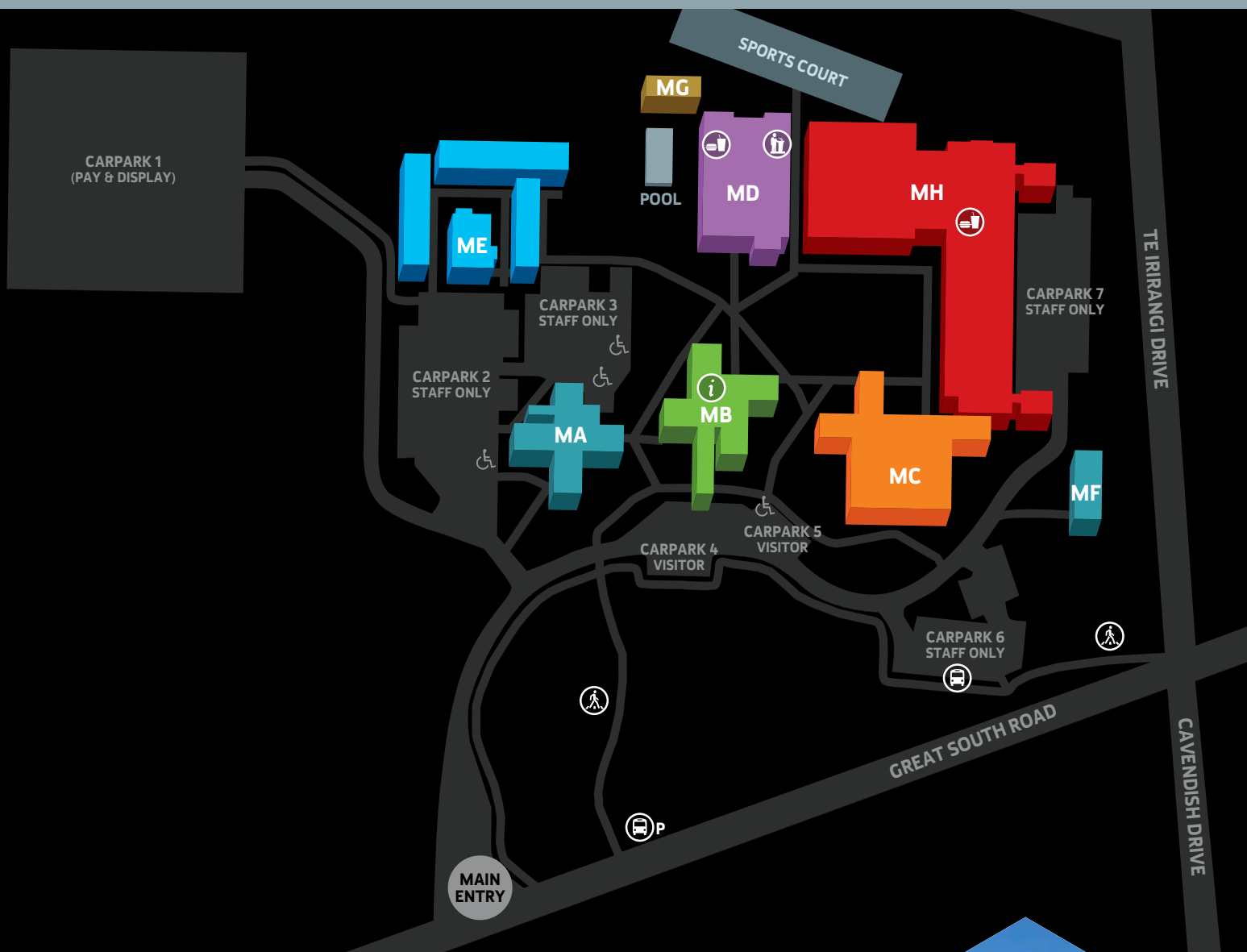
To take a virtual tour of our campuses visit

[www.aut.ac.nz/virtualtour](http://www.aut.ac.nz/virtualtour)










This booklet is printed on paper which is certified by the Forest Stewardship Council (FSC). It is manufactured using FSC Mix source pulp from well managed and legally harvested forests. The inks are 100 percent vegetable oil based and the printer is FSC certified.

# Campus maps



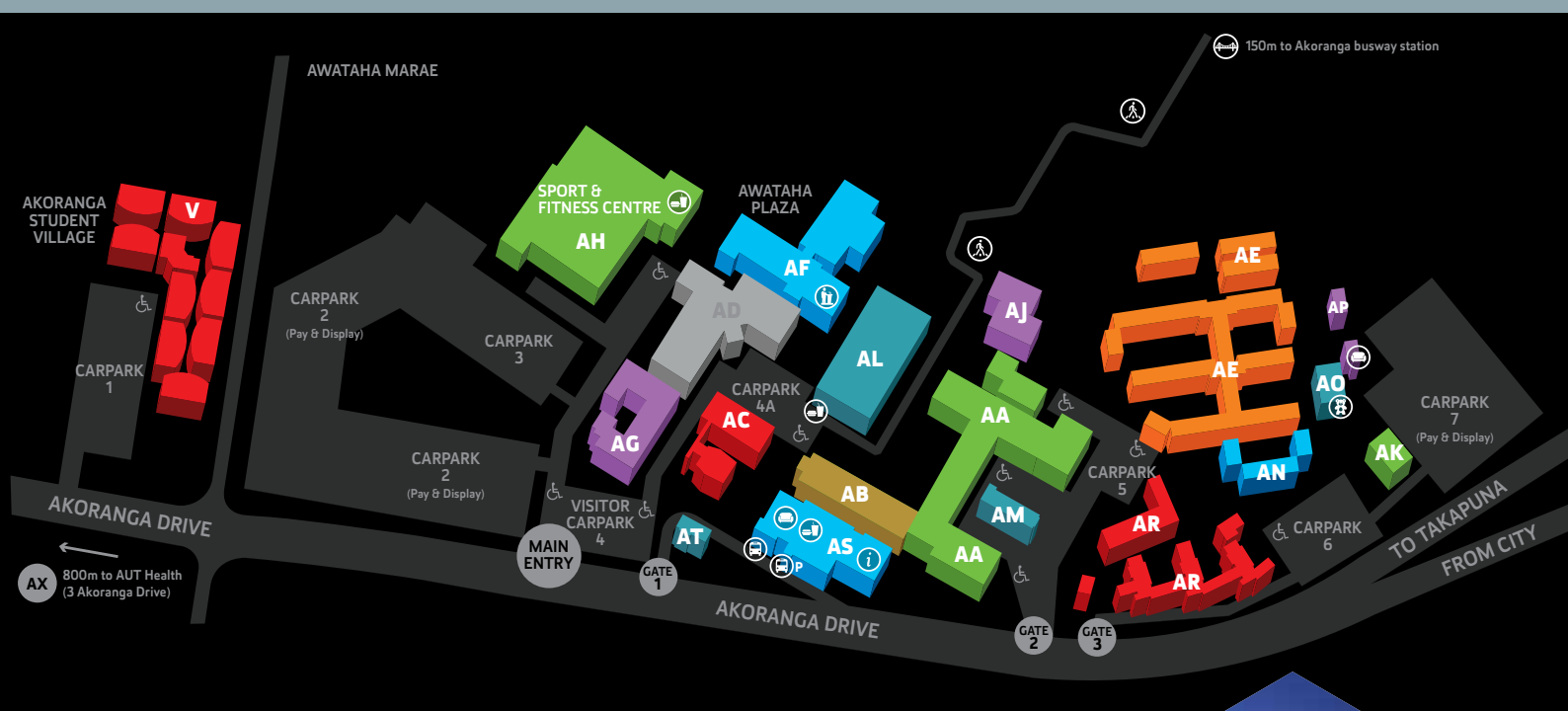
## Key

-  AUT Student Hub
-  Café
-  Conference facility
-  Pedestrian access
-  Intercampus shuttle bus stop
-  Public bus stop
-  Mobility parks

## South Campus

640 Great South Road  
Manukau, Auckland












## North Campus

90 Akoranga Drive  
Northcote, Auckland



### Key

-  AUT Student Hub
-  Café
-  Conference facility
-  Intercampus shuttle bus stop
-  Mobility parks
-  Student lounge
-  Creche



**0800 AUT UNI (0800 288 864)**

Auckland University of Technology  
Auckland, New Zealand  
[www.aut.ac.nz](http://www.aut.ac.nz)

Enquire now  
[www.aut.ac.nz/enquire](http://www.aut.ac.nz/enquire)

**CITY CAMPUS**  
55 Wellesley Street East, Auckland Central

**NORTH CAMPUS**  
90 Akoranga Drive, Northcote, Auckland

**SOUTH CAMPUS**  
640 Great South Road, Manukau, Auckland

**Connect with us now:**



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