

AK3680 Bachelor of Health Science Counselling



YEAR 1 – PART I							
SEMESTER 1				SEMESTER 2			
HEAL506 Knowledge, Enquiry and Communication (North or South Campus)	HEAL512 Te Tiriti Ora Restriction: HEAL507 OR MAOH501 Hauora Māori and Environment (Both North or South Campus)	HEAL513 Introduction to Healthcare Systems and Practice Restriction: HEAL504 (North or South Campus)	HEAL514 Understanding the Human Body Systems for Health Restriction: HEAL505 (North or South Campus)	HEAL610 Methods of Research and Enquiry Pre-req: HEAL506 (South Campus)	COUN501 Group Theory and Practice I (South Campus)	COUN502 Relational Counselling: History and Theories (South Campus)	COUN503 Counselling Knowledge and Skills I (South Campus)
YEAR 2 – PART II							
SEMESTER 3				SEMESTER 4			
COUN603 Counselling Practicum I (30 points – full-year course) Pre-req: COUN502, COUN503 co: COUN607 (South Campus)							
COUN607 Counselling Knowledge, Skills and Issues (30 points – full-year course) Pre-req: COUN502, COUN503 co: COUN603 (South Campus)							
COUN606 Group Theory and Practice II Pre-req: COUN501 (South Campus)		PSYT702* Social and Cultural Analysis (North Campus)		MENH602* Mental Health and Psychopathology (North Campus)		HLAW701** Health Law and Policy Pre-req: 120 points (North Campus)	
		OR optional or elective course from list or other degree with approval		OR optional or elective course from list or other degree with approval		OR optional or elective course from list or other degree with approval	
YEAR 3 – PART III							
SEMESTER 5				SEMESTER 6			
COUN704 Counselling Practicum II (30 points – full-year course) Pre-req: COUN603 Co: COUN705 (South Campus)							
COUN705 Counselling Knowledge and Skills III (30 points – full-year course) Pre-req: COUN607 Co: COUN704 (South Campus)							
Optional or elective course from list or other degree with approval		Optional or elective course from list or other degree with approval		Optional or elective course from list or other degree with approval		Optional or elective course from list or other degree with approval	
OR HLAW701** Health Law and Policy Pre-req: 120 points (North Campus)		OR PSYT702* Social and Cultural Analysis (North Campus)		OR MENH602* Mental Health and Psychopathology (North Campus)		OR HLAW701** Health Law and Policy Pre-req: 120 points (North Campus)	

Note:

- All courses 15 points unless specified
- The information contained in this programme structure was correct at the time of print.

*You could also study any of these courses in Year 3 and instead take optional courses in Year 2

**You could replace your Year 2 optional course with the course HLAW701 instead of taking it in Year 3



Core courses



Compulsory courses



Elective courses

AK3680 Bachelor of Health Science part-time option (Counselling)



YEAR 1 - PART I			
SEMESTER 1		SEMESTER 2	
HEAL506 Knowledge, Enquiry and Communication (North or South Campus)	HEAL514 Understanding the Human Body Systems for Health Restriction: HEAL505 (North or South Campus)	COUN501 Group Theory and Practice I (South Campus)	COUN502 Relational Counselling: History and Theories (South Campus)
YEAR 2 - PART II			
SEMESTER 1		SEMESTER 2	
HEAL512 Te Tiriti Ora Restriction: HEAL507 OR MAOH501 Hauroa Māori and Environment (Both North or South Campus)	HEAL513 Introduction to Healthcare Systems and Practice Restriction: HEAL504 (North or South Campus)	HEAL610 Methods of Research and Enquiry (South Campus)	COUN503 Counselling Knowledge and Skills I (South Campus)
YEAR 3 - PART III			
SEMESTER 1		SEMESTER 2	
COUN606 Group Theory and Practice II Pre-req: COUN501 (South Campus)	PSYT702* Social and Cultural Analysis (North Campus)	MENH602* Mental Health and Psychopathology (North Campus)	HLAW701* Health Law and Policy Pre-req: 120 points (North Campus)
	OR optional or elective course from list or other degree with approval	OR optional or elective course from list or other degree with approval	OR optional or elective course from list or other degree with approval
YEAR 4 - PART IV			
SEMESTER 1		SEMESTER 2	
Optional or elective course from list or other degree with approval	Optional or elective course from list or other degree with approval	Optional or elective course from list or other degree with approval	Optional or elective course from list or other degree with approval
OR HLAW701* Health Law and Policy Pre-req: 120 points (North Campus)	OR PSYT702* Social and Cultural Analysis (North Campus)	OR MENH602* Mental Health and Psychopathology (North Campus)	OR HLAW701* Health Law and Policy Pre-req: 120 points (North Campus)
YEAR 5 - PART V			
COUN603 Counselling Practicum I (30 points – full-year course) Pre-req: COUN502, COUN503 Co: COUN607 (South Campus)		COUN607 Counselling Knowledge, Skills and Issues (30 points – full-year course) Pre-req: COUN502, COUN503 Co: COUN603 (South Campus)	
YEAR 6 - PART VI			
COUN704 Counselling Practicum II (30 points – full-year course) Pre-req: COUN603 Co: COUN705 (South Campus)		COUN705 Counselling Knowledge and Skills III (30 points – full-year course) Pre-req: COUN607 co: COUN704 (South Campus)	

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OPTIONAL OR ELECTIVE COURSES

Full-year optional courses

Psychotherapy

PSYT707 [Relational Psychotherapy Theories and Modalities \(30 points\)*](#)

Semester 1 optional courses

Addictions

MENH704 [Theories and Principles for Addiction Practice \(15 points\)*](#)

MENH705 [Assessment and Intervention in Addiction Practice \(15 points\)*](#)

Māori Health

MAOH701 [Māori Health Promotion \(15 points\)*](#)

Other optional courses

MENH703 [Counselling Children and Young People \(15 points\)](#)

HEAL708 [Professional Practice and Ethics \(15 points\)*](#)

HEAL711 [Creative-Expressive Interventions in Healthcare \(15 points\)](#)

Semester 2 optional courses

Addictions

MENH706 [Recovery and Wellbeing in Addiction Practice \(15 points\)*](#)

Māori Health

MAOH702 [Applied Primary Māori Mental Health \(15 points\)*](#)

Other optional courses

COUN706 [Cognitive Behavioural Approaches \(Block course\) \(15 points\)](#)

HEAL708 [Professional Practice and Ethics \(15 points\)*](#)

Summer school optional courses

PSYT713 [Introduction to Narrative Therapy \(2026/2027 Summer School\)](#)

PSYT705 [Introduction to Transactional Analysis \(2025/2026 Summer School\)](#)

*With approval from the programme leader