

SUPERVISION MODELS

Presented By

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LEARNING OUTCOMES

- ▶ Understand the purpose of supervision in relation to student fieldwork experience
- ▶ Barriers and enablers to effective supervision
- ▶ Useful supervision models
 - ▶ 1:1 Model
 - ▶ 2:1 Model
 - ▶ 1:2 Model
 - ▶ Team-Based Models

STUDENT FIELDWORK OBJECTIVES

- ▶ To demonstrate integration and application of skills, knowledge and values to begin the transition from occupational therapy student to emerging practitioner
- ▶ To demonstrate an increasing ability and independence in the application of the OT process; cultural competence and bicultural practice; and the capacity to reflect on and identify learning needs relevant to the allocated placement.
- ▶ To contribute in a positive way to a service, and to the lives of the people who access the service.

*-Transition to Occupational Therapy Practice,
Course Descriptor 2022*

WHAT IS CLINICAL SUPERVISION?

“A PROCESS IN WHICH TWO OR MORE PEOPLE PARTICIPATE IN A JOINT EFFORT TO PROMOTE, ESTABLISH, MAINTAIN, AND/OR ELEVATE A LEVEL OF PERFORMANCE AND SERVICE...

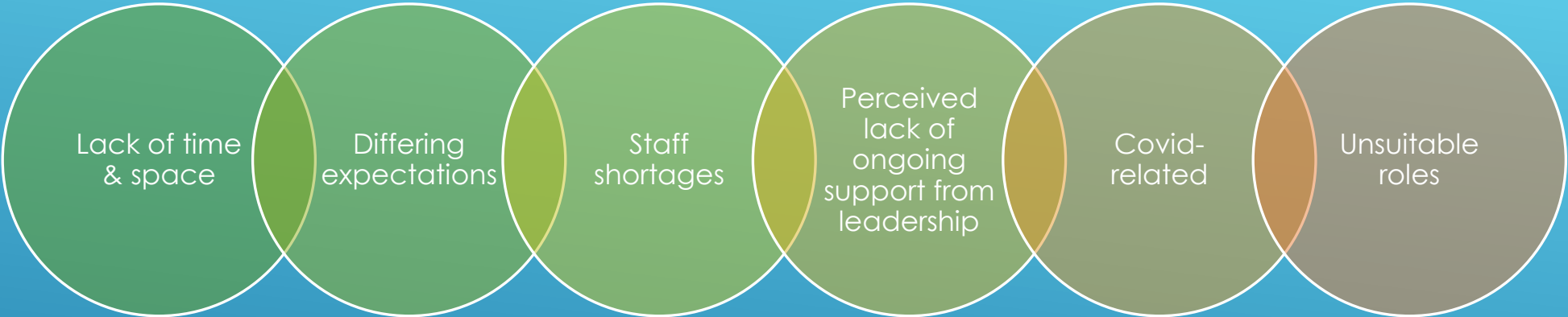
*...A MUTUAL UNDERTAKING BETWEEN THE SUPERVISOR AND THE SUPERVISEE THAT FOSTERS GROWTH AND DEVELOPMENT;
ASSURES APPROPRIATE UTILIZATION OF TRAINING AND POTENTIAL;
ENCOURAGES CREATIVITY AND INNOVATION;
AND PROVIDES GUIDANCE, SUPPORT,
ENCOURAGEMENT AND RESPECT WHILE WORKING TOWARD A GOAL.”*

(AOTA, 1999A, P.592).

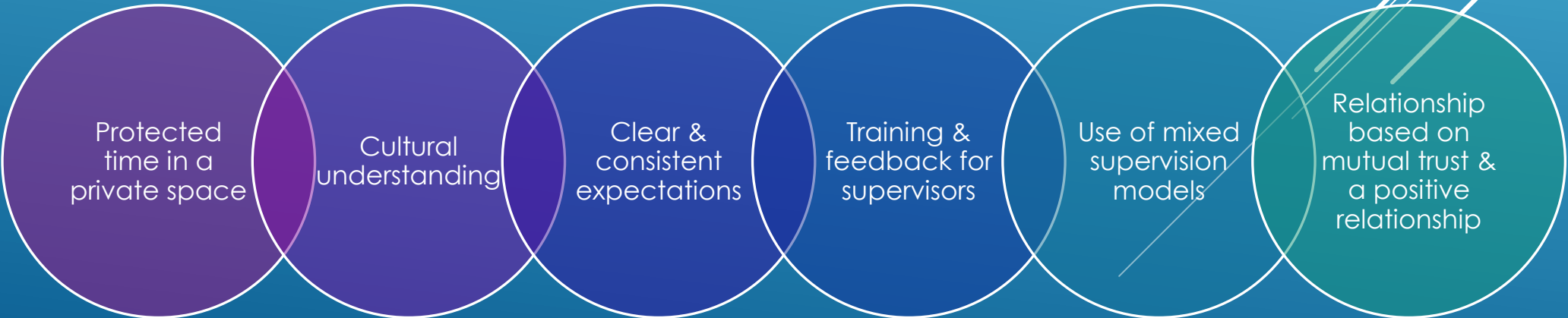
A photograph of graduates in green gowns and black caps celebrating, with many caps thrown into the air. The image is overlaid with a semi-transparent dark grey filter. On the right side, there are several parallel white diagonal lines.

WHAT IS OUR MUTUAL
GOAL?

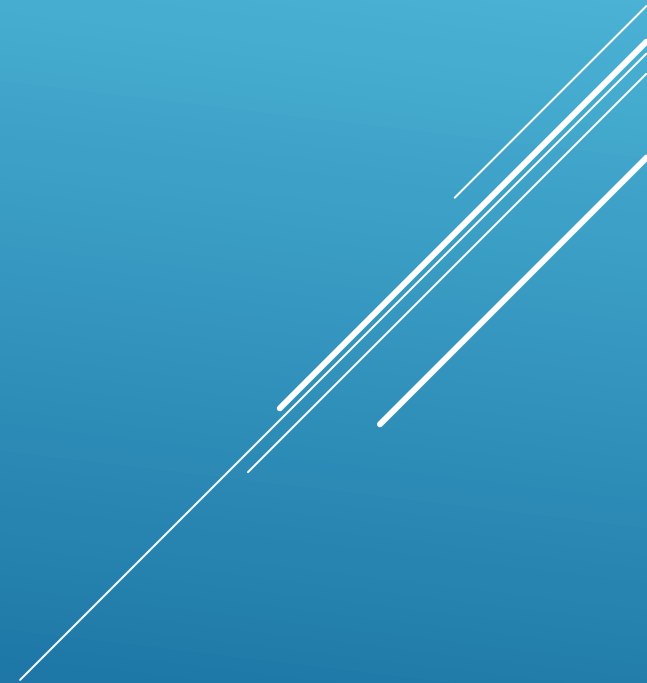
BARRIERS



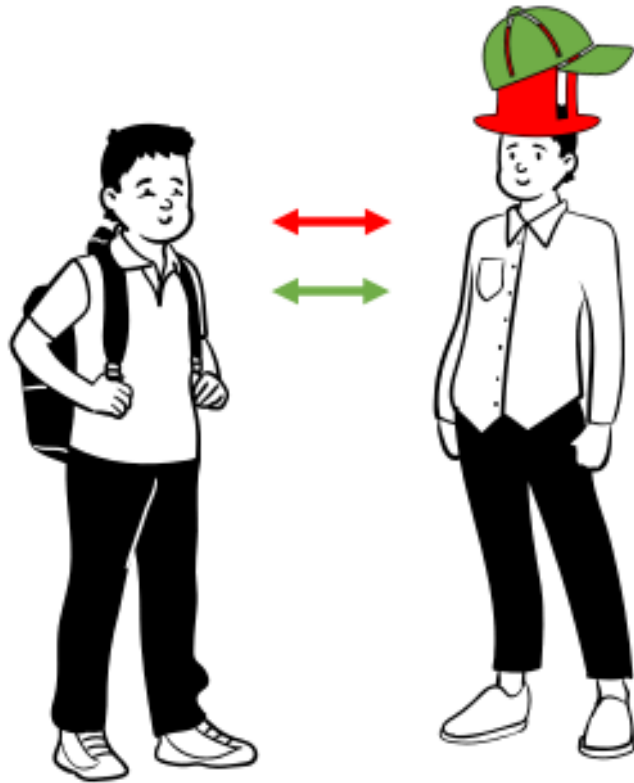
ENABLERS



SUPERVISION MODELS



One Student to One Supervisor "1:1"

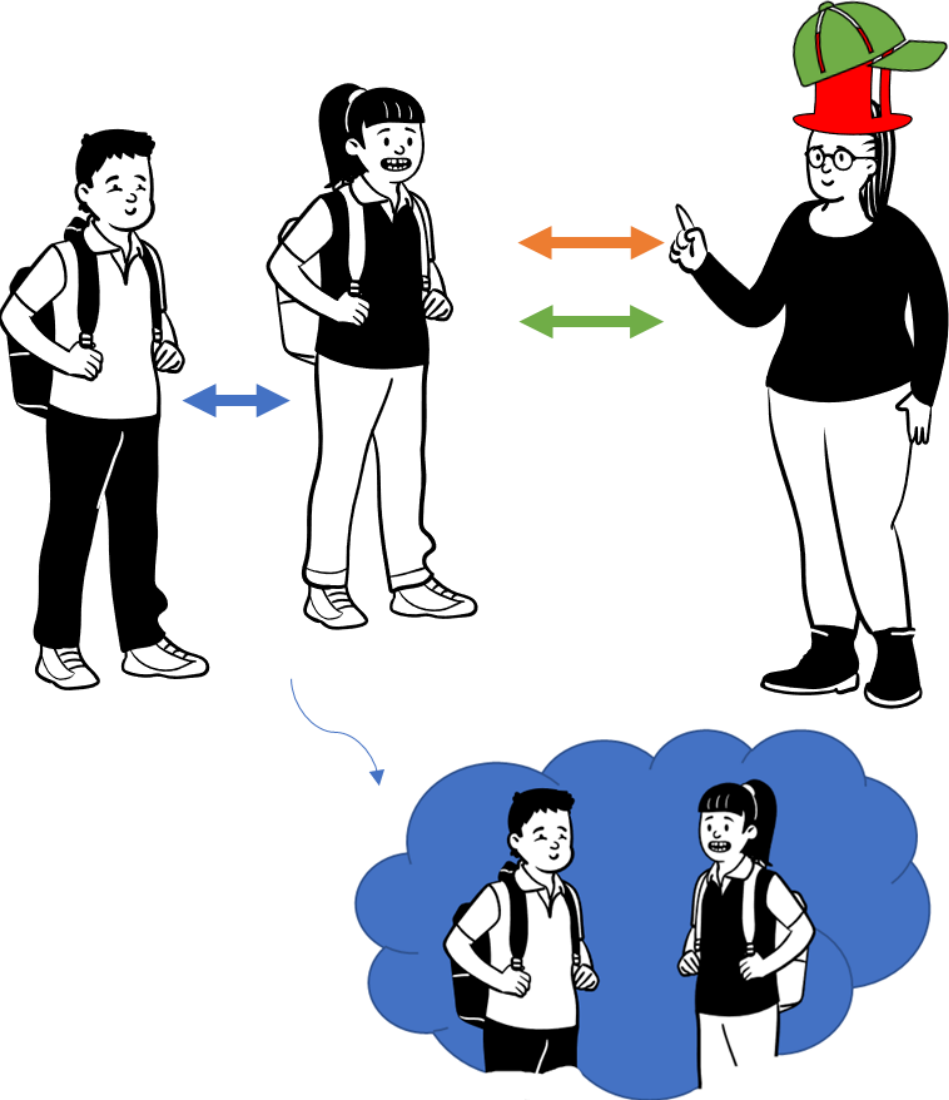


Simplest structure

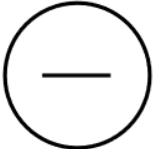


Limited back up

Two Students to One Supervisor "2:1"

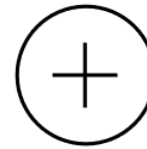
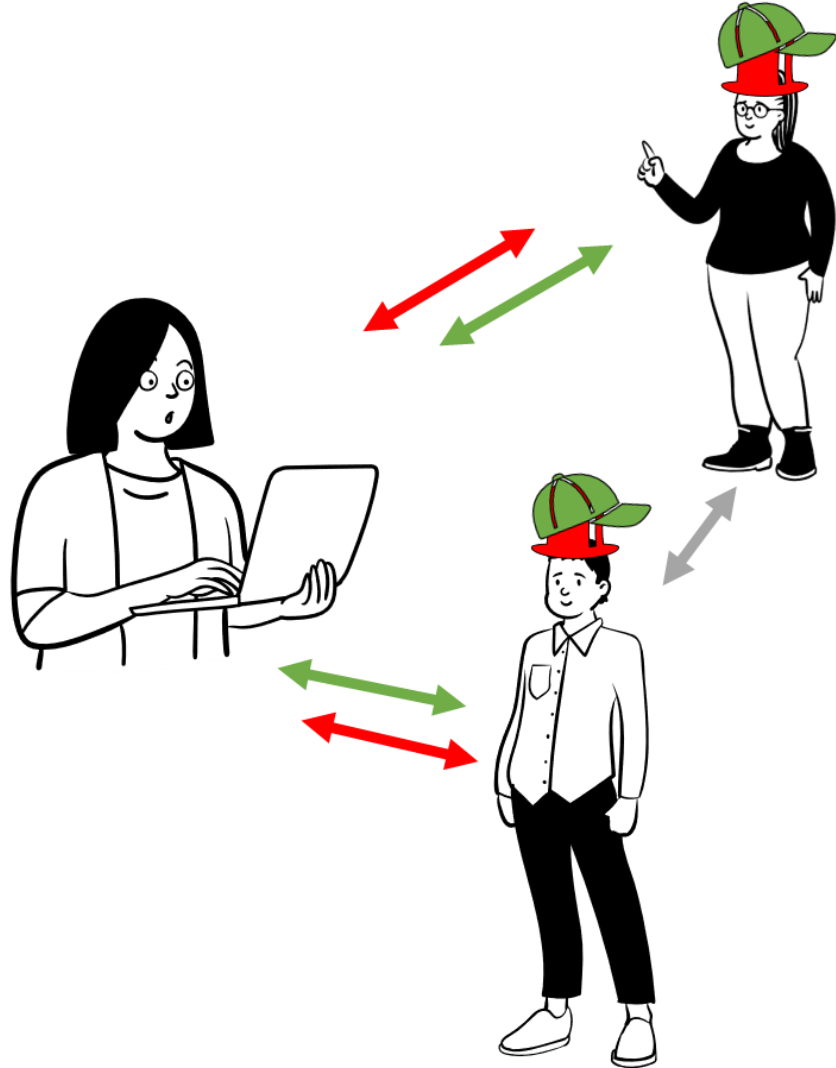


Peer Supervision

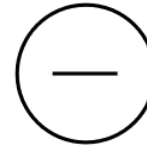


Can increase supervision time, if group supervision doesn't meet students' needs.

One Student to Two Supervisors "2:1"



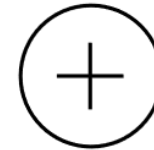
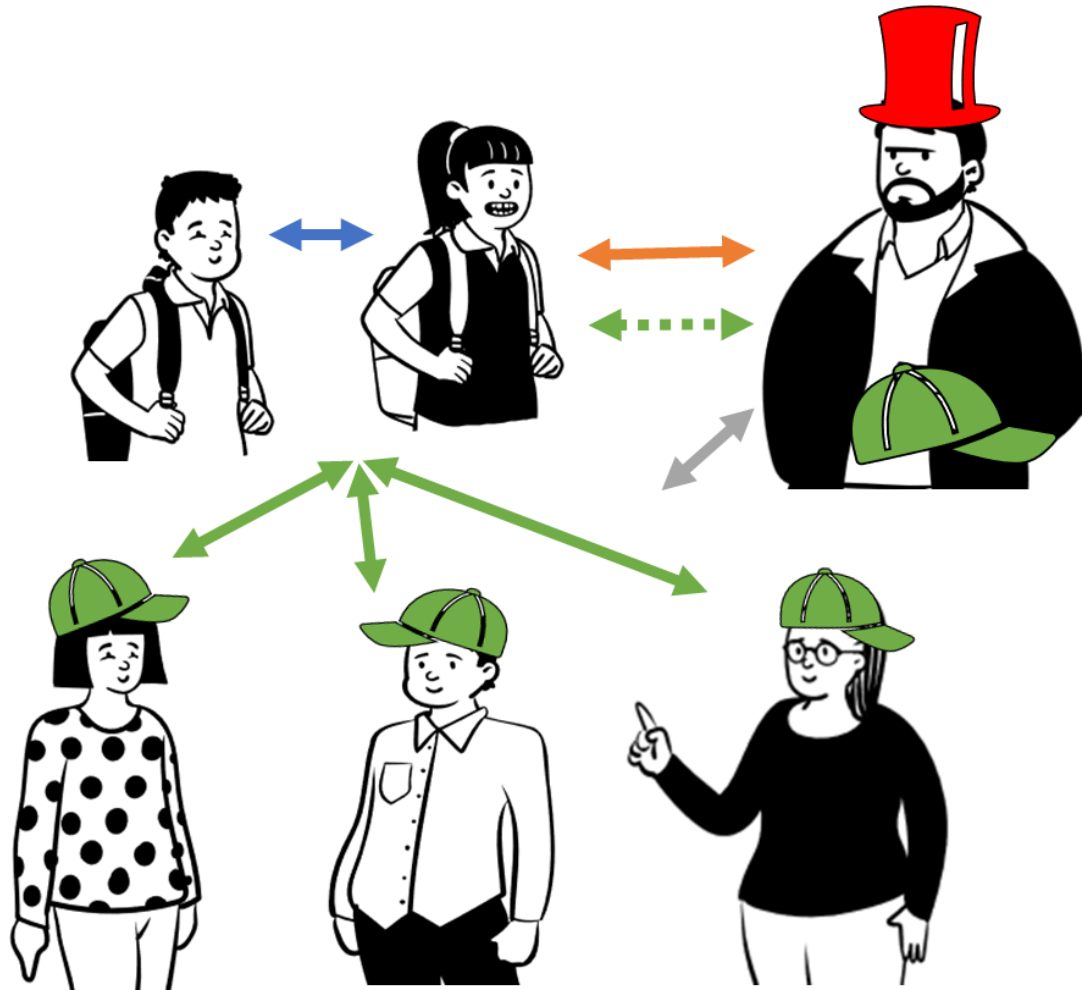
Share the workload



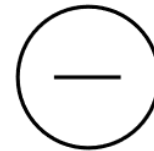
Can be confusing for students if the supervisors are not on 'the same page'

Team Based Model – Internal Supervisor

One or more students, lots of OT's, one internal supervisor



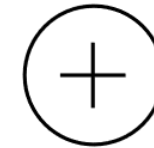
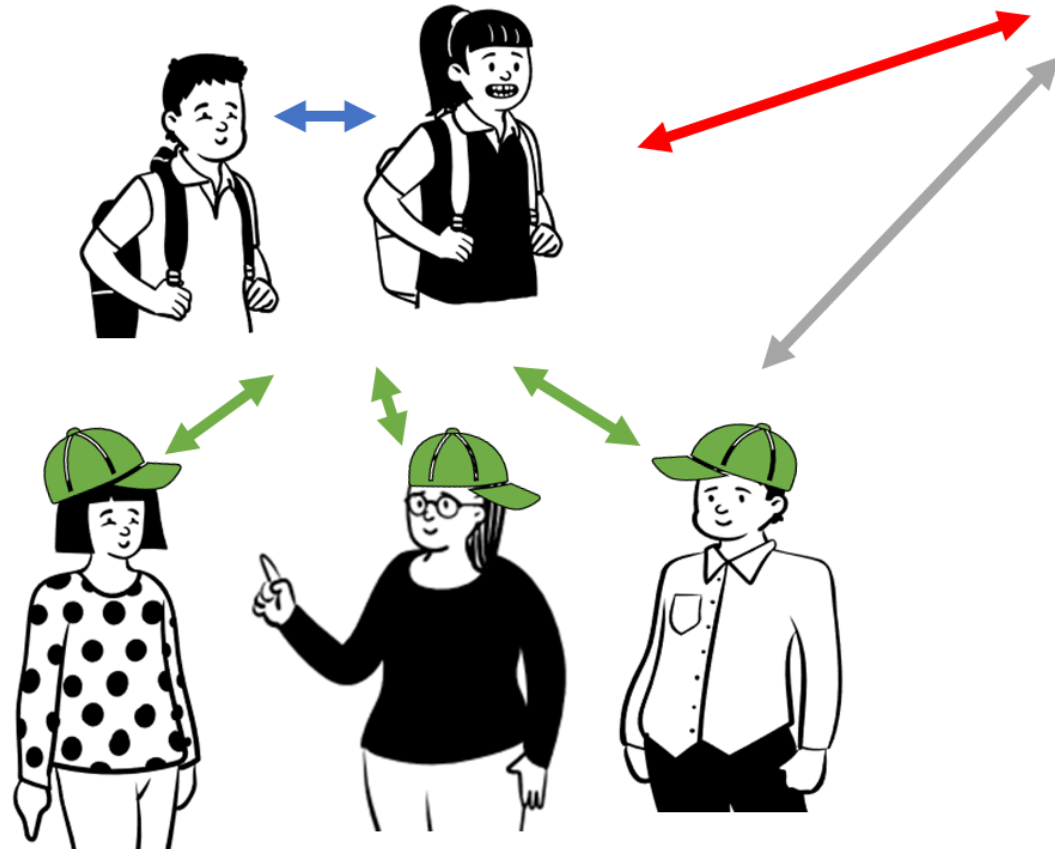
Sharing experiences



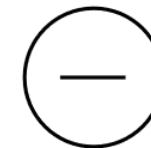
Can confuse students

Team Based Model – External Supervisor

Two or more students, lots of OT's, one external supervisor



Develops professional supervision experience for students



- Confusing for students if not well oriented and organised
- Clear progress notes and processes needed, especially if student struggles
- Needs access to an external supervisor

Credit: Carolyn Simmons & Clare Roberts

KEY TAKE AWAYS

Whichever model you choose, remember the importance of the following:

- ▶ Orientation
- ▶ Clear goal orientated planning aligned with the fieldwork objectives
- ▶ Sufficient supervision
- ▶ Consistent documentation re student progress

- ▶ Rothwell C, Kehoe A, Farook SF, et al. Enablers and barriers to effective clinical supervision in the workplace: a rapid evidence review. *BMJ Open* 2021;11:e052929. doi:10.1136/bmjopen-2021-05292
- ▶ Simmons C, Roberts C. A Team-Based Clinical Placement Model, 2021: https://www.youtube.com/watch?v=ORM-Pgnl8RA&list=PLenxvr_RwskOtOmiUZN7pa_YFhCPskfnb&index=2

RESOURCES