

# OCTY 707: Occupational Therapy Practicum II

## COMPULSORY INTEGRATIVE LEARNING ACTIVITIES GUIDELINES

Guided Reflections on Practice

### **Activity Due Dates**

Activity 1: Week 2

Activity 2: Week 4

Activity 3: Week 6

Activity 4: Week 8

You will provide your reflections to your fieldwork educator and discuss them with him or her during that week's supervision session. You are not required to submit the Guided Reflections to AUT.

### **Activity Purpose:**

You will demonstrate skills in reflective practice, incorporating your knowledge of occupational therapy, your skills and your attitudes related to your placement experience.

### **Activity Preparation:**

The following topics are to be addressed in the activity:

- The therapeutic relationship and occupational therapy practice
- Racism in the health care context and occupational therapy practice
- Spirituality and occupational therapy practice
- Justifying decisions made in Occupational Therapy Practice

### **Activity Structure and Format**

You will be expected to take the initiative in this self-directed activity. Choose a reflective practice framework to reflect on the topics provided, in relation to your experience on placement. You and your supervisor are to discuss and select one of the given topics for each of the submission dates.

For each new topic you will:

- write a 500 – 700 word reflective response to the topic.
- use a recognized framework for reflection. See Blackboard for a selection of models of reflection.
- use your fieldwork experiences as the basis for responding to the topic
- include some relevant academic literature to support your point of view

For each of the topics you are expected to consider the following aspects:

- The context of the practice setting e.g. attitudes, resources, policies, procedures
  - Awareness of your own values, beliefs, thoughts, feelings and contributing factors
  - Awareness of your client's (individual or group) values, beliefs, thoughts, feelings and contributing factors
  - The context of the interpersonal dynamics between you and the client
  - Details of your learning and depth of reflection
- An action plan demonstrating how you will incorporate your new understanding into future practice

Each reflection should be well thought out and concise.

- We suggest that you access the lecture notes, tutorial material and other resources identified during the Preparation for Occupational Therapy Practice Paper (OCTY703), electronic resources available on Canvas within OCTY707 course, and/or articles you have accessed online.
- Resources available within the practice setting

**This is a compulsory activity, so you must share these reflections with your supervisor.** While the Guided Reflections are not formally marked or given a grade, the content of Guided Reflections 1 and 2 will count towards the student's midway assessment, the content of Guided Reflections 3 and 4 towards the student's final assessment.

**NB: These guided reflections are to be completed alongside the expectation that you keep a reflective journal and share at least one written reflection on your learning during placement with your FW Educator.**