

Compulsory Integrative Learning Activities (CILAs)

Practicum Two: Guided Reflections on Practice

As the CILAs are compulsory, you will present a series of guided reflections to your fieldwork educator during that week's supervision session. You are not required to submit the guided reflections to AUT. **While the CILAs are not formally assessed, the content of the CILAs will contribute to your midway assessment (reflection 1 & 2) and could contribute towards your final assessment (3 & 4).**

Activity Purpose:

You will demonstrate skills in reflective practice, integrating your knowledge of occupational therapy, alongside your skills and your attitudes related to your placement experience. The use of an appropriate reflection model is strongly recommended.

Activity Preparation:

The following topics are to be addressed in the guided reflections (can be in any order but suggestions for completion are included below):

- The therapeutic relationship and occupational therapy practice (suggested by week 3)
- Unconscious bias in the health care context and occupational therapy practice (Suggested by week 4)
- Integrating principles of te Tiriti O Waitangi in occupational therapy practice (suggested by week 6)
- Justifying decisions made in occupational therapy practice (ongoing from week 2 to the end of placement)

Your fieldwork educator will have access to the topics, guidelines and expectations related to this compulsory integrative learning activity.

Activity Structure and Format:

You will be expected to take the initiative in completing this self-directed activity. Choose a reflective practice model to reflect on the topics provided, in relation to your experience on placement.

You and your fieldwork educator are to discuss and select one of the given topics over the course of the placement. These topics should be spread over the weeks rather than all in one supervision session. This is not a reflection essay but a tool for you to demonstrate your learning, development and insight. **AI must not be used to complete your reflections.**

For each new topic you will:

- Draw on lecture notes and other resources used during your course; articles you have accessed online; and resources available within the practice setting
- Use a recognised reflection model to complete your insight and response to the topic
- Use your fieldwork experiences as the basis for responding to the topic
- Include some relevant academic literature to support your point of view
- You must **NOT** use AI to help write your reflections
- Confidentiality such as use of names, specific placement settings, names of whanau should be anonymised to ensure privacy and confidentiality is maintained.

NOTE: These guided reflections are to be completed alongside the expectation that you keep a reflective journal and share at least one written reflection on your learning during placement with your Fieldwork Educator, at least during the weeks in which no guided reflection is due.

Resources

Use of library resources and Canvas resources can be used to inform your reflections. Ensure you identify these resources within your written reflection.