

# SUPPORT FOR YOU AT AUT

Find out what AUT is doing to support you



## FINANCIAL ASSISTANCE

Support is available for all students (domestic and international) if you have been impacted by the COVID-19 lockdowns in New Zealand. Financial help may range from payments for rent arrears, utilities, and expenses such as groceries.

> [Learn more about how we can help](#)



## TECHNOLOGY ASSISTANCE TO STUDY FROM HOME

If you don't have a device or data to help with your studies in lockdown, we are able to assist you to avoid any impact on your studies caused by COVID-19 restrictions.

> [Let us know if you need technology](#)



## AUTSA

The Advocacy team is available online to help you navigate any issues you may be experiencing. You can also get in touch with the Tautoko team who are here to support you with food vouchers and more.

> [Get in touch with AUTSA](#)



## PEER TO PEER SUPPORT

Many of our students are also staff. We have peer mentors to help you with assessments and our RUOK team are current students working alongside us to offer you advice or be a friend to talk to in these times.

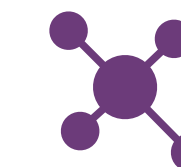
> [Learn more about peer support](#)



## EMPLOYABILITY

You have access to a range of employability and careers services at AUT. From career advice, designing your CV, networking events, to finding a job – our team can help. AUT Talent Hub consultants can also support you through the job application process and how to put your best foot forward.

> [Find out more](#)



## STUDENT HUB

Services and online support to help you succeed at AUT. The Hub is online and easily accessible through phone, email and the AUT App.

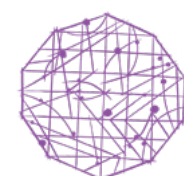
> [Get in touch](#)



## MĀORI STUDENT SUPPORT

Our team at Te Tari Takawaenga Māori are available online to provide you with help and support to navigate studies and life in these times. You can also follow them on Instagram [@autmaori](#)

> [Learn more about Māori student support](#)



## PACIFIC STUDENT SUPPORT

The team at the Office of Pacific Advancement are available online to help you navigate your study journey. Get connected with the wider community on Instagram [@Oceanianohana](#) or on Facebook [@Hauorahub](#)

> [Email them at: \[pacific@aut.ac.nz\]\(mailto:pacific@aut.ac.nz\)](#)



## RAINBOW COMMUNITY SUPPORT

Our Rainbow coordinator Jessica Lewthwaite is available to support you and is just a phone call or text away. You can even join The Rainbow Room on Discord.

> [Find out more](#)



## DISABILITY SUPPORT SERVICES

Our Disability Services are available online and can support you to ensure you are able to participate as fully as you can in your learning, even within COVID-19 restrictions.

> [Get in touch](#)



## INTERNATIONAL

We have specialist advisors to support our international students as you navigate study and life in New Zealand and AUT. From networking events to friendly advice, they are available online for you to connect with them at the Student Hub.

> [How to connect](#)



## MEDICAL CENTRES AND COUNSELLING SERVICES

Our medical centre staff are available for consultation by phone or video during COVID-19 restrictions. Phone in to book an appointment if you're unwell.

Free counselling services and mental health support is available to all students based in New Zealand. If you need assistance, our team are operating online.

> [Medical centre locations and services](#)

> [Reach out to the counselling team](#)

## KEEP YOUR DETAILS UP TO DATE

Make sure you keep your personal contact details up to date with AUT. We use this information to keep you updated on important information related to your studies at AUT and informed of emergency updates, including COVID-19 updates if they arise. > [Check if your details are up to date](#)

[studenthub@aut.ac.nz](mailto:studenthub@aut.ac.nz)