Principles of Public Health
(PUBH801)

Pathways, programmes/specialisations for this paper is attached to
Master of Public Health, Postgraduate Diploma in Public Health, Postgraduate Certificate in Public Health

Am I eligible to enrol in this paper?
An applicant must have completed a relevant Bachelor's Degree or a relevant Graduate Diploma and at least one year of relevant professional experience to be eligible for this paper.

What is this paper about?
This paper examines key public health concepts and practices. It explores the wider determinants of health in Aotearoa/New Zealand and globally. Identifies the key determinants of health inequalities. Equips students with techniques to carry out independent study and research at a postgraduate public health level.

What can I expect to learn?
- The history of public health and current definitions
- The wider determinants of health, social justice, and inequalities in health practice in New Zealand and other countries
- Future priorities including the health effects of climate change, chronic non-infectious diseases, the obesity epidemic and the health impacts of globalisation
- The importance of communities in public health including the importance of Te Tiriti o Waitangi and Whanau Ora
- Research in public health
- Introduction to critical inquiry and scholarly communication for public health practice

How will I be taught?
The emphasis will be on developing critical analytic skills and using these to explore the principles of public health. Students will be expected to present and discuss these within the context of Aotearoa/New Zealand and globally.

How will I be assessed?
1. Written work 2250 words
2. Written work 2250 words

Who will be teaching me?
Paper Coordinator: Dr. Margaret Hinepo Williams (Iwi affiliations: Te Arawa, Tainui, and Te Aupouri)
Dr. Margaret Hinepo Williams comes from Pukehina, a rural coastal paradise, 27km/30min drive to Te Puke the Kiwifruit capital of Aotearoa New Zealand. Her whanau, marae, hapu and iwi along with voluntary roles to Pukehina Surf Rescue (SLSNZ) and the Bay of Plenty District Health Board instil commitment, compassion and confidence to teach in Public Health at AUT University. She dedicates her academic career to sharing, translating and transforming research matauranga (knowledge) to better reach and serve underserved communities. Dr. Margaret Hinepo Williams’s research interests include oranga (health and well-being), equity, indigenous peoples, Māori, Type-2 diabetes mellitus, neurogenetic disorders, lifestyle interventions, and mixed methods inquiry. Her doctoral thesis is entitled: Te Rongoā Kākāriki: Kanohi-ki-te-kanohi, e pai ana? Mixed methods randomised trial of two approaches to the Green Prescription.” http://hdl.handle.net/10292/8648.

Fees
Details for paper tuition fees visit: http://www.aut.ac.nz/study-at-aut/fees-scholarships-and-finance/fees/postgraduate-fees

Enrolment and enquires
Please contact Debra Spinetto, debra.spinetto@aut.ac.nz, for general postgraduate enrolment enquiries. For more details visit: https://www.aut.ac.nz/study-at-aut/study-areas/health-sciences/postgraduate-study/public-health