

# Innovative Strategies: Engaging in Rehabilitation

(RHAB812)

## Pathways, programmes/specialisations the course is attached to

Postgraduate Certificate in Health Science, Master of Health Science, Postgraduate Diploma in Health Science, Master of Health Practice

## Am I eligible to enrol in this course?

The paper is for health professionals who will normally have completed the requirements of one of the following in a relevant field from a New Zealand tertiary institution or equivalent:

- A bachelor's degree
- Professional qualification recognised by the university as being equivalent to a bachelor's degree
- Evidence of professional experience deemed by the university to be equivalent to a bachelor's degree

Where entry qualifications do not meet the criteria for study at postgraduate level, completion of transitional studies may be required before the applicant is admitted to the programme.

## What is this course about?

This paper focuses on engagement in rehabilitation. It prompts students to explore factors that impact on adaptation to illness and impairment and patient engagement. We consider how clinicians, services, and organisations impact on engagement, and how these respond to and are experienced by Māori and diverse populations. We explore a range of concepts, theories and evidence that can help clinicians make sense of engagement-related issues, and examine different strategies and approaches which can support engagement. Students are encouraged to identify practical strategies and apply these within their own practice.

## What can I expect to learn?

- Psychological consequences of illness, injury or disability
- Factors influencing engagement in rehabilitation, including Māori and diversity perspectives
- Client, practitioner, organisational and structural influences and barriers in engagement
- Theoretical models relevant in understanding and facilitating engagement
- Evidence-based strategies to support engagement

## How is this course taught?

<b>Location:</b>	On campus at North Campus, AUT
<b>Teaching Period(s):</b>	Semester 2
<b>Block Course:</b>	Yes
<b>Online:</b>	Online learning tasks incorporated

## How will I be assessed?

Students will complete two written assignments.

## Who will be teaching me?

**Course Coordinator:** Felicity Bright, PhD

Felicity Bright is a Senior Lecturer in Rehabilitation and a speech-language therapist. Felicity's research focuses on professional practices that are important for patient experiences in healthcare, including communication and therapeutic relationships, and how clinicians and services can better meet the long-term psychosocial needs of stroke survivors. She lectures in undergraduate physiotherapy and postgraduate rehabilitation programmes and supervises Masters and Doctoral students from a variety of professions.

## Fees

Information about course tuition fees may be found at:

<http://www.aut.ac.nz/study-at-aut/fees-scholarships-and-finance/fees/postgraduate-fees>

### **Enrolment and enquires**

Please contact Debra Spinetto for any enquiries about enrolment. Further information about our postgraduate offerings may be found online.

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