AK3680 Bachelor of Health Science 2025 (Counselling)

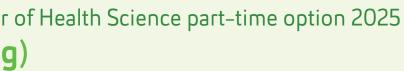


			YEAR 1	- PART I			
SEMESTER 1				SEMESTER 2			
HEAL504 Lifespan Development and Communication (North or South Campus)	HEAL505 Human Anatomy and Physiology I (North or South Campus)	HEAL506 Knowledge, Enquiry and Communication (North or South Campus)	HEAL507 Health and Environment OR MAOH501 Māori Health, Development and Environment (Both North or South Campus)	HEAL610 Methods of Research and Enquiry Pre-req: HEAL506 (South Campus)	COUN501 Group Theory and Practice I (South Campus)	COUN502 Relational Counselling: History and Theories (South Campus)	COUN503 Counselling Knowledge and Skills I (South Campus)
YEAR 2 - PART II							
SEMESTER 3			SEMESTER 4				
COUN603 Counselling Practicum I (30 points – full-year course) Pre-req: COUN502, COUN503 co: COUN607 (South Campus)							
	COUN607 Counselling Knowledge, Skills and Issues (30 points – full-year course) Pre-req: COUN502, COUN503 co: COUN603 (South Campus)						
COUN606 Group Theory and Practice II Pre-req: COUN501 (South Campus)		PSYT702* Social and Cultural Analysis (North Campus)		MENH602* Mental Health and Psychopathology (North Campus)		HLAW701** Health Law and Policy Pre-req: 120 points (North Campus)	
		OR optional or elective course from list or other degree with approval		OR optional or elective course from list or other degree with approval		OR optional or elective course from list or other degree with approval	
			YEAR 3	- PART III			
SEMESTER 5			SEMESTER 6				
COUN704 Counselling Practicum II (30 points – full-year course) Pre-req: COUN603 Co: COUN705 (South Campus)							
COUN705 Counselling Knowledge and Skills III (30 points – full-year course) Pre-req: COUN607 Co: COUN704 (South Campus)							
Optional or elective could	Optional or elective course from list or other degree with approval		Optional or elective course from list or other degree with approval		Optional or elective course from list or other degree with approval		
OR HLAW701** Health Law and Policy Pre-req: 120 points (North Cam	Law and Policy Social and Cultural Analysis		OR MENH602* Mental Health and Psychopathology (North Campus)		OR HLAW701** Health Law and Policy Pre-req: 120 points (North Campus)		

- All courses 15 points unless specified
 The information contained in this programme structure was correct at the time of print.
 *You could also study any of these courses in Year 3 and instead take optional courses in Year 2
 **You could replace your Year 2 optional course with the course HLAW701 instead of taking it in Year 3

Core courses Compulsory courses Elective courses

AK3680 Bachelor of Health Science part-time option 2025 (Counselling)





	YEAR	1 - PART I						
SEM	IESTER 1	SEMESTER 2						
HEAL505 Human Anatomy and Physiology I (North or South Campus) HEAL506 Knowledge, Enquiry and Communi (North or South Campus)		COUN501 Group Theory and Practice I (South Campus)	COUN502 Relational Counselling: History and Theories (South Campus)					
	YEAR 2	? - PART II						
SEM	IESTER 1	SEMESTER 2						
HEAL504 Lifespan Development and Communication (North or South Campus) OR MAOH501 Māori Health, Development and Environment (North or South Campus)		HEAL610 Methods of Research and Enquiry (South Campus)	COUN503 Counselling Knowledge and Skills I (South Campus)					
YEAR 3 - PART III								
SEM	IESTER 1	SEMESTER 2						
COUN606 Group Theory and Practice II Pre-req: COUN501 (South Campus)	PSYT702* Social and Cultural Analysis (North Campus)	MENH602* Mental Health and Psychopathology (North Campus)	HLAW701* Health Law and Policy Pre-req: 120 points (North Campus)					
	OR optional or elective course from list or other degree with approval	OR optional or elective course from list or other degree with approval	OR optional or elective course from list or other degree with approval					
	YEAR 4	- PART IV						
SEM	IESTER 1	SEMESTER 2						
Optional or elective course from list or other degree with approval			Optional or elective course from list or other degree with approval					
OR HLAW701* Health Law and Policy Pre-req: 120 points (North Campus) OR PSYT702* Social and Cultural Analysis (North Campus)		OR MENH602* Mental Health and Psychopathology (North Campus)	OR HLAW701* Health Law and Policy Pre-req: 120 points (North Campus)					
	YEAR 5	5 - PART V						
	ticum I (30 points – full-year course) : COUN705 (South Campus)	COUN607 Counselling Knowledge, Skills and Issues (30 points – full-year course) Pre-req: COUN607 Co: COUN704 (South Campus)						
	YEAR 6	- PART VI						
	ticum II (30 points – full-year course) : COUN705 (South Campus)	COUN705 Counselling Knowledge and Skills III (30 points – full-year course) Pre-req: COUN607 co: COUN704 (South Campus)						

Note:

- All courses 15 points unless specified
- The information contained in this programme structure was correct at the time of print. *You could also study any of these courses in Year 4 and instead take optional courses in Year 3

Core courses Compulsory courses Elective cours

AK3680 Bachelor of Health Science 2025

(Counselling)

OPTIONAL OR ELECTIVE COURSES (2025)

Full-year optional courses

Psychotherapy

PSYT707 Relational Psychotherapy Theories and Modalities (30 points)*

Introduction to Narrative Therapy (2026/2027 Summer School)
Introduction to Transactional Analysis (2025/2026 Summer School)

Semester 1 optional courses	S	Semester 2 optional courses			
	Addiction Practice (15 points)* on in Addiction Practice (15 points)*	Addictions MENH706 Māori Healt MAOH702	Recovery and Wellbeing in Addiction Practice (15 points)* th Applied Primary Māori Mental Health (15 points)*		
MAOH701 Māori Health Promotion (1			Other optional courses		
Other optional courses		COUN706	Cognitive Behavioural Approaches (Block course) (15 points)		
MENH703 Counselling Children and	<u>'oung People (15 points)</u>	HEAL708	Professional Practice and Ethics (15 points)*		
HEAL708 Professional Practice and E	thics (15 points)*				
HEAL711 Creative–Expressive Interven	entions in Healthcare (15 points)				

*With approval from the programme leader

Summer school optional courses

PSYT705

