

# AK3680 Bachelor of Health Science 2025 (Counselling)



| YEAR 1 – PART I                                                                                                                                |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------|
| SEMESTER 1                                                                                                                                     |                                                                             |                                                                                   |                                                                                                                                                   | SEMESTER 2                                                                              |                                                                 |                                                                                    |                                                                        |
| <b>HEAL504</b><br>Lifespan Development and Communication<br>(North or South Campus)                                                            | <b>HEAL505</b><br>Human Anatomy and Physiology I<br>(North or South Campus) | <b>HEAL506</b><br>Knowledge, Enquiry and Communication<br>(North or South Campus) | <b>HEAL507</b><br>Health and Environment <b>OR</b><br><b>MAOH501</b><br>Māori Health, Development and Environment<br>(Both North or South Campus) | <b>HEAL610</b><br>Methods of Research and Enquiry<br>Pre-req: HEAL506<br>(South Campus) | <b>COUN501</b><br>Group Theory and Practice I<br>(South Campus) | <b>COUN502</b><br>Relational Counselling: History and Theories<br>(South Campus)   | <b>COUN503</b><br>Counselling Knowledge and Skills I<br>(South Campus) |
| YEAR 2 – PART II                                                                                                                               |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| SEMESTER 3                                                                                                                                     |                                                                             |                                                                                   |                                                                                                                                                   | SEMESTER 4                                                                              |                                                                 |                                                                                    |                                                                        |
| <b>COUN603 Counselling Practicum I (30 points – full-year course)</b><br>Pre-req: COUN502, COUN503 co: COUN607 (South Campus)                  |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| <b>COUN607 Counselling Knowledge, Skills and Issues (30 points – full-year course)</b><br>Pre-req: COUN502, COUN503 co: COUN603 (South Campus) |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| <b>COUN606</b><br>Group Theory and Practice II<br>Pre-req: COUN501 (South Campus)                                                              |                                                                             | <b>PSYT702*</b><br>Social and Cultural Analysis<br>(North Campus)                 |                                                                                                                                                   | <b>MENH602*</b><br>Mental Health and Psychopathology<br>(North Campus)                  |                                                                 | <b>HLAW701**</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus)    |                                                                        |
|                                                                                                                                                |                                                                             | <b>OR</b> optional or elective course from list or other degree with approval     |                                                                                                                                                   | <b>OR</b> optional or elective course from list or other degree with approval           |                                                                 | <b>OR</b> optional or elective course from list or other degree with approval      |                                                                        |
| YEAR 3 – PART III                                                                                                                              |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| SEMESTER 5                                                                                                                                     |                                                                             |                                                                                   |                                                                                                                                                   | SEMESTER 6                                                                              |                                                                 |                                                                                    |                                                                        |
| <b>COUN704 Counselling Practicum II (30 points – full-year course)</b><br>Pre-req: COUN603 Co: COUN705 (South Campus)                          |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| <b>COUN705 Counselling Knowledge and Skills III (30 points – full-year course)</b><br>Pre-req: COUN607 Co: COUN704 (South Campus)              |                                                                             |                                                                                   |                                                                                                                                                   |                                                                                         |                                                                 |                                                                                    |                                                                        |
| Optional or elective course from list or other degree with approval                                                                            |                                                                             | Optional or elective course from list or other degree with approval               |                                                                                                                                                   | Optional or elective course from list or other degree with approval                     |                                                                 | Optional or elective course from list or other degree with approval                |                                                                        |
| <b>OR HLAW701**</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus)                                                             |                                                                             | <b>OR PSYT702*</b><br>Social and Cultural Analysis<br>(North Campus)              |                                                                                                                                                   | <b>OR MENH602*</b><br>Mental Health and Psychopathology<br>(North Campus)               |                                                                 | <b>OR HLAW701**</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus) |                                                                        |

**Note:**

- All courses 15 points unless specified
- The information contained in this programme structure was correct at the time of print.

\*You could also study any of these courses in Year 3 and instead take optional courses in Year 2

\*\*You could replace your Year 2 optional course with the course HLAW701 instead of taking it in Year 3



Core courses



Compulsory courses



Elective courses

# AK3680 Bachelor of Health Science part-time option 2025 (Counselling)



| YEAR 1 - PART I                                                                                                       |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| SEMESTER 1                                                                                                            |                                                                                                                                                               | SEMESTER 2                                                                                                                            |                                                                                   |
| <b>HEAL505</b><br>Human Anatomy and Physiology I<br>(North or South Campus)                                           | <b>HEAL506</b><br>Knowledge, Enquiry and Communication<br>(North or South Campus)                                                                             | <b>COUN501</b><br>Group Theory and Practice I<br>(South Campus)                                                                       | <b>COUN502</b><br>Relational Counselling: History and Theories<br>(South Campus)  |
| YEAR 2 - PART II                                                                                                      |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
| SEMESTER 1                                                                                                            |                                                                                                                                                               | SEMESTER 2                                                                                                                            |                                                                                   |
| <b>HEAL504</b><br>Lifespan Development and Communication<br>(North or South Campus)                                   | <b>HEAL507</b><br>Health and Environment (North or South Campus)<br><b>OR MAOH501</b><br>Māori Health, Development and Environment<br>(North or South Campus) | <b>HEAL610</b><br>Methods of Research and Enquiry<br>(South Campus)                                                                   | <b>COUN503</b><br>Counselling Knowledge and Skills I<br>(South Campus)            |
| YEAR 3 - PART III                                                                                                     |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
| SEMESTER 1                                                                                                            |                                                                                                                                                               | SEMESTER 2                                                                                                                            |                                                                                   |
| <b>COUN606</b><br>Group Theory and Practice II<br>Pre-req: COUN501 (South Campus)                                     | <b>PSYT702*</b><br>Social and Cultural Analysis<br>(North Campus)                                                                                             | <b>MENH602*</b><br>Mental Health and Psychopathology<br>(North Campus)                                                                | <b>HLAW701*</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus)    |
|                                                                                                                       | <b>OR</b> optional or elective course from list or other degree with approval                                                                                 | <b>OR</b> optional or elective course from list or other degree with approval                                                         | <b>OR</b> optional or elective course from list or other degree with approval     |
| YEAR 4 - PART IV                                                                                                      |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
| SEMESTER 1                                                                                                            |                                                                                                                                                               | SEMESTER 2                                                                                                                            |                                                                                   |
| Optional or elective course from list or other degree with approval                                                   | Optional or elective course from list or other degree with approval                                                                                           | Optional or elective course from list or other degree with approval                                                                   | Optional or elective course from list or other degree with approval               |
| <b>OR HLAW701*</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus)                                     | <b>OR PSYT702*</b><br>Social and Cultural Analysis<br>(North Campus)                                                                                          | <b>OR MENH602*</b><br>Mental Health and Psychopathology<br>(North Campus)                                                             | <b>OR HLAW701*</b><br>Health Law and Policy<br>Pre-req: 120 points (North Campus) |
| YEAR 5 - PART V                                                                                                       |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
| <b>COUN603</b> Counselling Practicum I (30 points – full-year course)<br>Pre-req: COUN603 Co: COUN705 (South Campus)  |                                                                                                                                                               | <b>COUN607</b> Counselling Knowledge, Skills and Issues (30 points – full-year course)<br>Pre-req: COUN607 Co: COUN704 (South Campus) |                                                                                   |
| YEAR 6 - PART VI                                                                                                      |                                                                                                                                                               |                                                                                                                                       |                                                                                   |
| <b>COUN704</b> Counselling Practicum II (30 points – full-year course)<br>Pre-req: COUN603 Co: COUN705 (South Campus) |                                                                                                                                                               | <b>COUN705</b> Counselling Knowledge and Skills III (30 points – full-year course)<br>Pre-req: COUN607 co: COUN704 (South Campus)     |                                                                                   |

## Note:

- All courses 15 points unless specified
  - The information contained in this programme structure was correct at the time of print.
- \*You could also study any of these courses in Year 4 and instead take optional courses in Year 3

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## OPTIONAL OR ELECTIVE COURSES (2025)

### Full-year optional courses

#### Psychotherapy

**PSYT707** [Relational Psychotherapy Theories and Modalities \(30 points\)\\*](#)

### Semester 1 optional courses

#### Addictions

**MENH704** [Theories and Principles for Addiction Practice \(15 points\)\\*](#)

**MENH705** [Assessment and Intervention in Addiction Practice \(15 points\)\\*](#)

#### Māori Health

**MAOH701** [Māori Health Promotion \(15 points\)\\*](#)

#### Other optional courses

**MENH703** [Counselling Children and Young People \(15 points\)](#)

**HEAL708** [Professional Practice and Ethics \(15 points\)\\*](#)

**HEAL711** [Creative-Expressive Interventions in Healthcare \(15 points\)](#)

### Semester 2 optional courses

#### Addictions

**MENH706** [Recovery and Wellbeing in Addiction Practice \(15 points\)\\*](#)

#### Māori Health

**MAOH702** [Applied Primary Māori Mental Health \(15 points\)\\*](#)

#### Other optional courses

**COUN706** [Cognitive Behavioural Approaches \(Block course\) \(15 points\)](#)

**HEAL708** [Professional Practice and Ethics \(15 points\)\\*](#)

### Summer school optional courses

**PSYT713** [Introduction to Narrative Therapy \(2026/2027 Summer School\)](#)

**PSYT705** [Introduction to Transactional Analysis \(2025/2026 Summer School\)](#)

\*With approval from the programme leader