

LIVING EACH DAY WITH DEMENTIA

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***DELIVERING EXCELLENCE IN DEMENTIA CARE
CONFERENCE
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Health

“Is created and lived by people
within the settings of their
everyday life”

(WHO, 1986, p. 3)

Dementia

A manageable and treatable
chronic disorder.

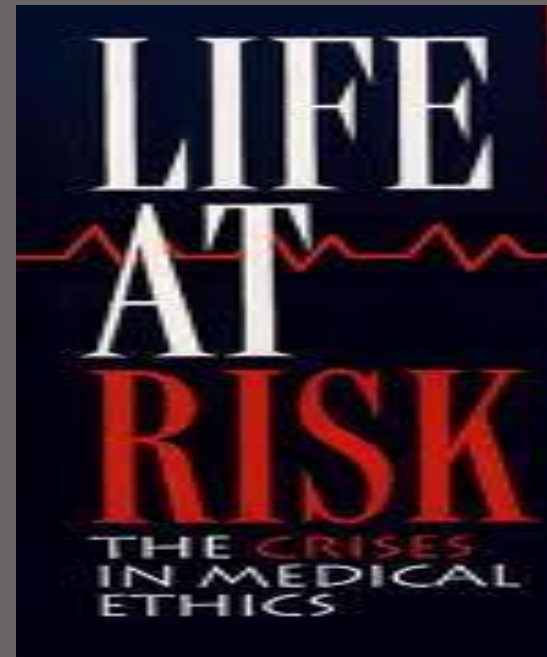
Rehabilitation

Disability prevention and
management.

(WHO, 2005)

Health & disability services

- Pain management
- Risk management
- Falls prevention
- Infection control



Quality of life

The things people consider relevant to determining their quality of life vary with age.

Quality of life

“It is a broad ranging concept affected in a complex way by the person’s physical health, psychological state, personal beliefs, social relationships and their relationship to the environment.”

(WHO, 1997, p. 1)

Population ageing

- Improved standards of living
- Better housing
- Medical intervention

Disability prevention

Everyone has
the right to
engage in life
to the best of
their abilities.

Use it or lose it

Maintaining the capacity to be attentive, to retain muscle strength, to endure is as simple as the old adage suggests.

Making a difference



Using skills

- ① Insight
- ① Attention
- ① Register and process info
- ① Memory

Do something



A life worth living

- ① Physical, mental & social activities
- ① A positive attitude and feelings of well-being

Positive attitude

*“If you let it go
it’s just going
to get worse” -
June*

Working in unison



Occupation

- A reason to get up in the morning
- Engaging the brain to offset decline

Rehabilitation

- ⦿ Maximise existing functional abilities
- ⦿ Maintain social skills
- ⦿ Build confidence and self esteem
- ⦿ Promote physical relaxation and
- ⦿ Manage agitated or restless behaviours.

Positive ageing in NZ

Giving families the support they need to keep people in their own home will mitigate the impact of dementia, and may offset the need for institutionalization.

Human rights, justice, & equity

- ⦿ Be encouraged
- ⦿ Be optimistic
- ⦿ Be challenged
- ⦿ Be empowered