

(CREATIVE) EXPRESSIVE THERAPIES

Postgraduate Study for Health Care Providers and other Professionals

This programme is for counsellors, psychologists, occupational therapists, nurses, teachers, alternative health care providers and other professionals. This course can expand, deepen and improve your practice by embracing the healing qualities of the arts to foster wellness and health and to improve and heal emotional, social and physical suffering.

Flexible Learning Options

Study includes eight weekend block courses over 2 years with additional online study. Learning styles include experiential learning, practising skills, evaluating theoretical knowledge and scientific research. Learning takes place within a supportive group environment.

Course Structure

The course is based in an integrative framework drawing on; modern psychoanalytical theory, humanistic approaches, attachment theory and the latest scientific research into somatic psychology and brain development. Methods covered include:

- Authentic movement
- Movement/dance therapy
- Art therapeutic approaches



Students are encouraged to specialise, based on their personal interests and their previous professional experience and training.

For further information, please contact:

Expressive Therapies Paper Information

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Course Information

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