

Māori liaison services, Māori staff and Māori students. Culturally responsive elements include Māori concepts of health, Māori health providers, hui and Māori career guidance.

Taupua Waiora, the Centre for Māori Health Research officially opened in February 2006 with the aim of improving Māori health and reducing inequalities of outcome between non-Māori and Māori.

#### HE TAUIRA

Maria Paenga (Ngā Puhī, Ngāti Porou) graduated from AUT with a physiotherapy degree in 2000, and worked in sports and private practice in Auckland. Maria, mother of two boys, a young daughter and a step-daughter, returned to complete her postgraduate diploma at AUT while working as a visiting neuro-developmental therapist at Waitemata District Health Board. She has since completed a Masters degree at AUT University.

Maria is a member of Te Ara Hauora Māori team and paper leader of Māori Health Development and Environment and Māori Health Promotion. The knowledge and skills gained from papers and research in her Masters degree are of direct relevance to her work and help her to perform effectively in her academic role.



**MARIA PAENGA**  
BHSc (Phys) PGDip HSc  
(Neurological Rehab)

For further assistance, please contact:

Debra Spinetto  
Programme Information Advisor  
AG Block, North Shore Campus  
90 Akoranga Drive, Northcote  
Phone: 09 921 9735 (DDI)  
Email: [dspinetto@aut.ac.nz](mailto:dspinetto@aut.ac.nz)  
Or  
Maggie Scott-Nicholson  
Receptionist and PA to Kate Haswell,  
Associate Dean (Maori Health),  
Faculty of Health and Environmental Sciences  
AUT University  
90 Akoranga Drive, Northcote  
Phone 09 921 9243 (DDI)  
Email: [msscottni@aut.ac.nz](mailto:msscottni@aut.ac.nz)

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## Māori Health Programmes

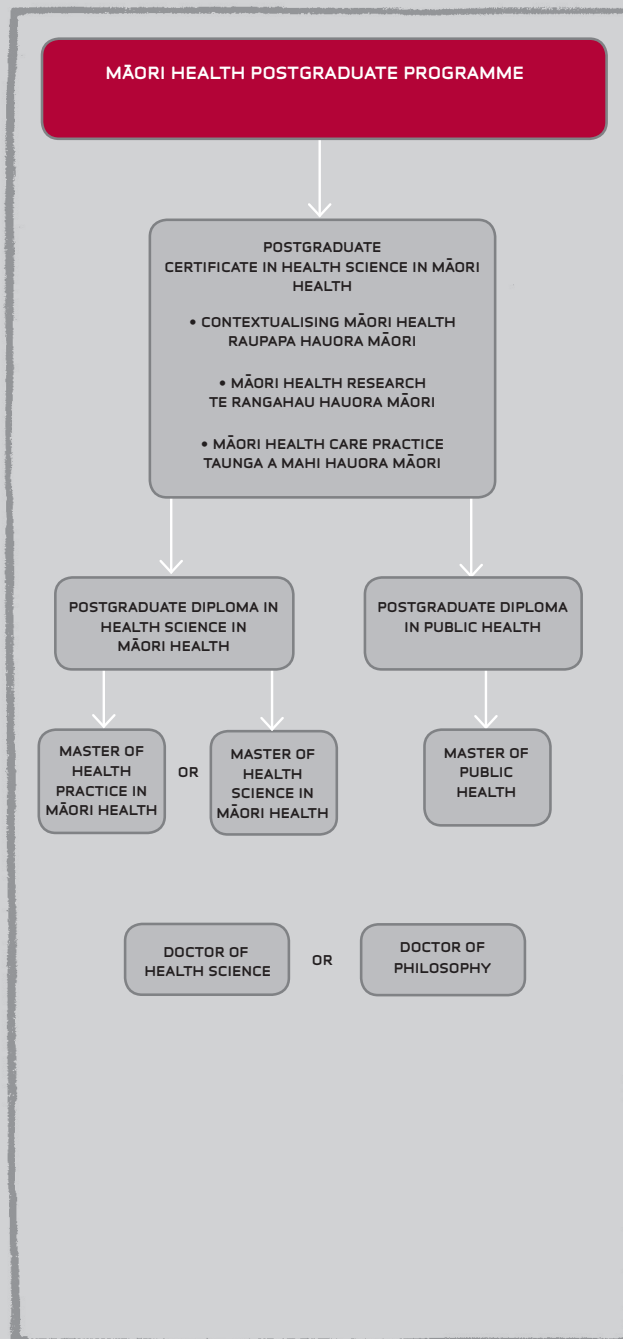
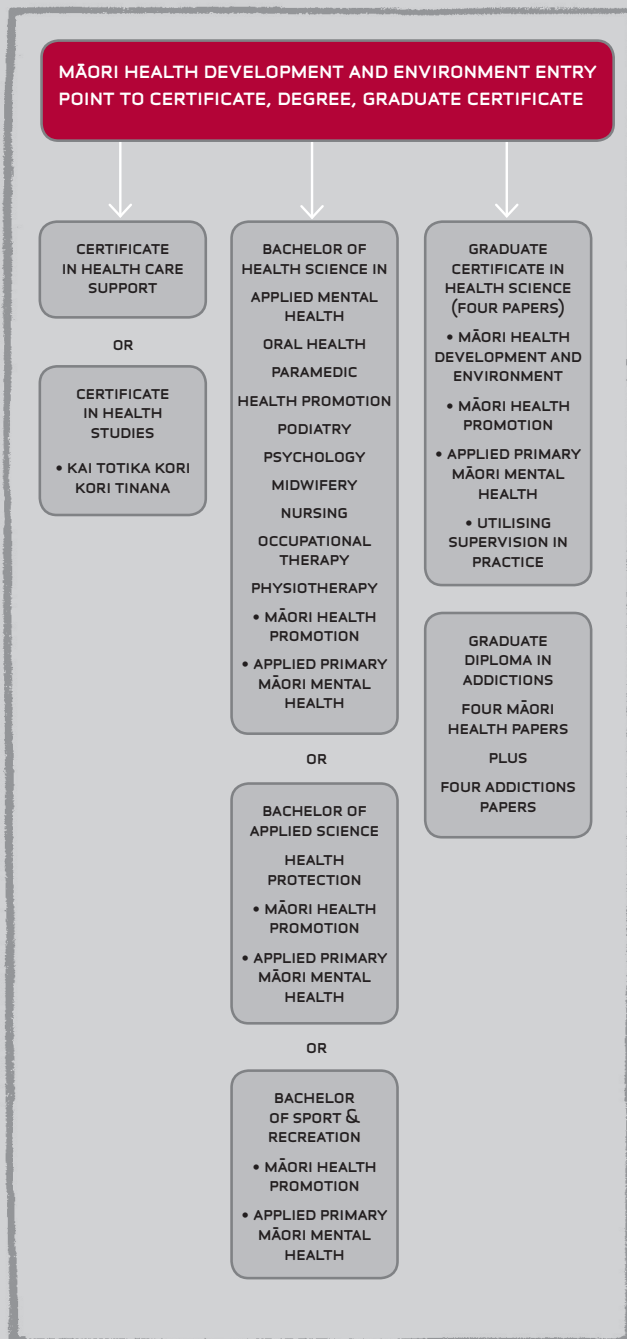


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# MĀORI HEALTH PROGRAMMES



## NGĀ MIHI

E ngā mana, e ngā reo, e ngā kārangā maha, koutou katoa ngā taurira e whai mātauranga o te motu whānui – tēnei te mihi ki a koutou e whakaako mai ana i te puāwaitanga o tēnei kaupapa, a te hauora mātauranga Māori

E tangi ana ki te tangata, e mihi ana ki te whenua.

Tēnā tātou katoa.

Te Ara Hauora Māori, the Māori Health Path allows flexibility and offers choice from Postgraduate, Graduate Certificate, Undergraduate and Certificate programmes in Māori Health. Access through regional courses in blocks, on-line learning and workplace based delivery.

The Postgraduate programme is structured to allow the completion of a Postgraduate Certificate in Health Science in Māori Health which can be credited towards a Postgraduate Diploma in Health Science, Postgraduate Diploma in Public Health, Master of Health Science, Master of Health Practice or Master of Public Health. The Postgraduate Certificate in Health Science in Māori Health enables those with a health and/or Māori development background to advance their knowledge and skills in the area of Māori health. A priority is to equip participants with knowledge and skills that will help improve the efficiency, effectiveness and quality of health sector initiatives for Māori and therefore improve health outcomes for Māori. One postgraduate paper may be studied as a Certificate of Proficiency.

The Graduate Certificate with papers in Māori Health is responsive to regional Māori health workforce development requirements. Māori Health Development and Environment, Māori Health Promotion, Applied Primary Māori Mental Health and Utilising Supervision in Practice undergraduate level papers can also contribute to a Graduate Diploma.

The Undergraduate degrees Nursing, Occupational Therapy, Physiotherapy, Podiatry, Oral Health, Applied Mental Health, Health Promotion, Health Protection, Psychology, Sport and Recreation and Applied Science include Māori Health Development and Environment and may include Māori Health Promotion, and Applied Primary Māori Mental Health papers.

Certificate programmes in Health Studies include the paper Kai Totika Kori Kori Tinana, Māori Nutrition and Physical Activity.

The Māori health path promotes connectedness between the student's chosen career and Māori health. Students are supported in forming relationships with Māori stakeholders,